2016 Water Rates and the Drought Recovery Surcharge

Poway’s water and sewer rates are designed to encourage water conservation. To do this, more of the fixed costs (pipe maintenance and operating costs) are allocated to the per unit price of water while the fixed meter rates are kept low. This means that over 85% of the City’s water revenue comes from water sales, with the remainder from the fixed meter charge. Over time, the City plans to slowly increase revenue from fixed charges to decrease revenue volatility, while still encouraging conservation.

Unfortunately, during drought conditions, water sales drop and rates must go up to collect enough revenue to provide water and sewer services. This is in spite of the City’s efforts to cut and control costs. Between 2007 and 2012, the City drastically cut costs through pension reform and staffing reductions. The City has also done a number of things to increase operational efficiencies. Additions to infrastructure and customers, and spreading the costs over a larger customer base is not an option. Much of our water system was installed by the former water district, long before the City incorporated. To continue providing safe and reliable water service, we must invest in replacement and repair projects. Some of these projects are costly, but cannot be deferred. Along with rate increases approved at a December public hearing, Council approved a temporary $0.75 per unit drought surcharge. This surcharge will pay for fixed costs and necessary capital projects and is expected to be in place through 2018. The Council recognized that the surcharge could disproportionately impact single-family residential customers who have already taken steps to save water. Since June 2015, the State has mandated that Poway conserve water use by 32%. Residential customers have stepped up and met the mandate, conserving 33.1% cumulatively through January 2016. To recognize this effort, the City Council also approved adding a credit for up to 22 units of the surcharge to single-family residential water bills for the first year. If a residential customer uses more than 22 units of water in a billing period, they will be billed the surcharge for every unit over 22. The credit is financed by a loan from the City’s General Fund to the Water Fund.

Using California Native plants will help conserve water and time!

Additionally, the San Diego County Water Authority has published an guide to a Water Smart Lifestyle, which can be found at: www.waterrightsandsoil.org. This guide includes plant finders, interactive maps, animated graphics, home and garden calculators, landscape design tools, and details about rebates and incentives. It is very helpful for homeowners looking to save money on their bimonthly water bill. Here are some other classes and events:

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<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>2/27/16</td>
<td>10:00am - 12:00pm</td>
<td>After the Lawn: Finding Better Solutions</td>
<td>The Water Conservation Garden 12122 Cuyamaca College Drive West, El Cajon, CA 92019</td>
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<tr>
<td>3/5/16</td>
<td>8:00am - 10:00am</td>
<td>FREE Composting Workshop in San Diego</td>
<td>San Diego Zoo 2920 Zoo Drive, San Diego, CA 92101</td>
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<tr>
<td>3/19/16 &amp; 3/20/16</td>
<td>9:00am - 5:00pm</td>
<td>Spring Planting Jubilee &amp; Tomato Sale</td>
<td>San Diego Botanic Garden 231 Quail Gardens Drive, Encinitas, CA 92024</td>
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<tr>
<td>4/5/16</td>
<td>5:30pm - 8:30pm</td>
<td>FREE Landscape Design for Homeowners Workshop in Encinitas</td>
<td>Encinitas Community Center 1140 Oakcrest Park Drive, Encinitas, CA 92024</td>
</tr>
</tbody>
</table>

Welcome to Poway’s First Baby of 2016!

The City of Poway would like to welcome Max Ameliana Malone. She was born at 7:29 p.m. on January 1, 2016, at Pomarico Hospital, making her the first Poway baby born in the New Year. Max was welcomed by her mother Jelynn and father James. She weighed 7 lbs. 4 oz. and was 19.5” long at birth. Max’s parents both grew up locally. James graduated from Poway High School and Jelynn from Rancho Bernardo High School. The Poway couple has started several companies in the area including The Cork and Craft, Abnormal Wine Co., Abnormal Beer Co., and Mostra Coffee. As part of the City’s First Baby Program, a $200 gift card was presented to her family during the February 2, 2016, City Council Meeting.

This Issue:

Weathering the Storm
The El Niño may not be over yet. But the good news is that it’s not too late to prepare. Use these tips to stay safe. pp. 2

New Sign Ordinance goes into Effect
The City has banned placing signs on public rights-of-way. pp. 2

April is Fair Housing Month
Fair housing is the law. Learn what steps you can take to make sure you are treated fairly by your realors and landlords. pp. 15

Spring Cleaning Time!
It’s that time of year to clean out the closets and the garage – your free haul coupon from EDCO is on its way. pg. 16

City Provides Custom Water Reports
In January, the City began mailing custom water reports to each single-family home in Poway. These reports are part of the City’s water conservation outreach efforts and provide an overview of the property’s current water conservation levels. The reports provide each property’s 2013 water use, an estimated water target (32% of the property’s 2013 water use), and the property’s 2015 water use. The report is meant to empower customers by providing easy-to-compare current water use against Poway’s conservation target. Residential water consumption represents 60% of the City’s overall water use; therefore, we must all do our part to meet the state’s conservation targets and avoid state-imposed fines.

Being aware of your water consumption is a key component of conservation. For more information about your water report, please visit us online at: www.poway.org/mywaterreport. You can also view your water use/history, compare your use to your street’s average, or pay your bill online at poway.org.

California continues to experience severe drought conditions despite recent rains. On February 2, 2016, the State Water Resources Control Board adopted, extended, and revised statewide water restrictions. The restrictions were extended through October 2016. This action follows Governor Brown’s recent Executive Order that directed the Board to extend regulations if the drought persisted through January.

Felicia Marcus, Chair of Water Resources Board, stated that “After four years of extreme drought, there is still a need for Californians to keep up their stellar conservation practices.” As of January, Poway residents conserved 33.1% cumulatively (since June when the State began assessing conservation). This meets Poway’s 32% state-imposed target.

The revised regulations will likely lower Poway’s conservation target. New credits are being offered for local climate conditions, population growth, and investment in drought-resilient water supplies. We expect our conservation target to be adjusted to account for the region’s (including Poway) significant investment in developing the Carlsbad Desalination Plant. While the lower target will be welcomed, drought conditions persist and we must continue conserving.

State Extends Water Regulations
Expected to be adjusted to account for the region’s (including Poway) significant investment in developing the Carlsbad Desalination Plant. While the lower target will be welcomed, drought conditions persist and we must continue conserving.
Early Summer Camp
Registration will begin on Tuesday, April 12 at 7:30am.

Lake Poway Day Camp: www.poway.org/daycamp
or (858) 668-4776
All Other Camps: www.poway.org/classes
or (858) 668-4570

Need a Friendly Reminder? Connect with Us!

Looking for a GREAT summer job?
Look no further than your Community Services Department! We not only hire qualified candidates for summer jobs, but we even offer the training to qualify you! See page 10 for Lifeguard Training and Water Safety Instructor Training. We post all jobs online at: www.poway.org. As early as February, look for website postings for Recreation Leaders for Day Camp and Lifeguards/Swim Instructors.

NEW!!! Inflatable Parties at the Pool!
Host your family and friends for a birthday party or challenge your colleagues at a team-building event! New this spring, the Poway Community Swim Center is pleased to offer inflatable parties and open-play times. These obstacle courses float on top of the water and offer hurdles, slides, a rope swing, and so much more! The pool has never been so much fun! For information, call (858) 668-4680.

NEW! Teen Excursion: Universal Studios | Grades 6th – 9th
Lights, camera, ADVENTURE! We're celebrating the end of school by rolling film on FUN – Hollywood style! We're heading to Universal Studios Hollywood where you can channel your inner wizard at Hogwarts; come face to face with a ginormous T-Rex; escape the bandaged claws of a vengeful Mummy; and join the battle to save the human race from vicious Decepticons! Whatever you and your friends can dream, you can be! Admission, transportation, and supervision are included. Register early; space is limited.

Drop off & Pick up: Community Park, Auditorium

FEE
8432.410 Fri 8:00am-10:30pm Jun 10
$50/participant

Get Ready, Summer’s Comin’

www.poway.org
Community Services

SPRING 2016

Do You Believe in Poway?

We believe Poway is the best place to live.
We believe our children deserve the opportunity to play, learn, and grow in a healthy environment.
We believe our families deserve activities that bring them together.
We believe our community is stronger when we connect with each other.
We believe in Poway...do you?

Does your business Believe in Poway?
Partner with us to show everyone that you Believe in Poway: poway.org/believeinpoway

Get your I Believe in Poway merchandise at betty.com/believeinpoway

Teen Excursion to
UNIVERSAL STUDIOS

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$50/participant

Check out more FREE TEEN ACTIVITIES on page 6!
Spring Break Camps!

CAMP! Skateboarding | Ages 5 to 13
Join us for a week of skateboarding fun at the Poway Skate Park! Come build your camp skills, develop new tricks, learn safety techniques, meet special guest pros, and make new friends. This camp will benefit skateboarders of all levels! Participants MUST have a helmet, elbow pads, and knee pads each class. Bring your own skateboard or contact the instructor for rental options prior to the first class.

Instructor: Christine Martinez
Location: Community Park, Skate Park

NEW CAMP! Wonders Science | Ages 5 to 12
Wonders Science camps are hand-on fun from beginning to end! Participants will experiment with 50 hands-on projects throughout the week, including: riding hover crafts, creating invisible inks, growing crystal gardens, steering 60-foot solar blimps, making rock board collections, floating hot air balloons, launching giant smoke rings, setting off the ultimate Mentos geyser, building lava lamps, making glow in the dark signs, casting fossils, and much more! Don’t miss out on this opportunity to enrich your children’s thirst to know more about the world around them!

Instructor: Wonders Science
Location: Community Park, Auditorium

CAMP! Archery Basics Camp | Ages 7 to 16
Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in the week-long camp. Please do not bring equipment; equipment provided for class use.

Instructor: Rick Harper
Location: Lake Poway, Archery Range

CAMP! Archery Basics Camp | Ages 7 to 16

Soccer Shots Classic | Ages 3-6
For beginning artists! A unique class for children to learn about artists and techniques, and create a new, framed masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

Instructor: Get Smart with Art, Ms. Vivian
Location: Community Park, Youth Activity Room

Soccer Shots Minis | Ages 2 to 3
Soccer Shots Minis is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active. All participants will receive an Adidas Soccer Shots jersey for their participation!

Instructor: Soccer Shots
Location: Community Park, Open Play Area

Register online at: www.poway.org/classes
### Health & Wellness

#### NEW Class!

**NEW! Hatha Vinyasa Flow Yoga | Ages 16+**
This all-level class will help to encourage strength, flexibility, and peace of mind by teaching you to link breath with movement and body awareness. This class focuses on different asanas (Yoga postures), breathing techniques, and meditation practices, which will leave you feeling energized, peaceful, and rejuvenated! This class is designed to give you a great sense of community and body consciousness.

*Instructor:* Cheri Hotalen  
*Location:* Community Park, Auditorium  
*No Class:*  
*Prices:* $75/$85  

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
<th>Rates</th>
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<td>Mon 7:15-8:00pm</td>
<td>May 9-Jun 13</td>
<td>Old Poway Park, Templars Hall</td>
<td>Cheri Hotalen</td>
<td>$75/$85</td>
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</table>

#### Hula and Tahitian Dance | Ages 8+
Come join the excitement and fun of learning hula and Tahitian dancing with native Hawaiian, Kum Kahe. Hula has been used for decades to achieve both fitness and health, and can be fun for your entire family! The course will cover both modern and ancient Hula dances while incorporating feathered gourd, split bamboo, and ipu drums. Don’t miss out on this exciting experience!

*Instructor:* Kum Kahe  
*Location:* Community Park, Bill Bond Hall I  
*No Class:*  
*Prices:* $100/$110  

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<td>Mar 31-Jun 16</td>
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#### Tap Dance for Adults | Ages 18+
Come learn the exciting art of tap dance – no experience needed! Get your body moving in this music-filled, low-impact, toe-tapping class! Learn some new skills, meet new friends, and spend an hour just for you!

*Instructor:* Debbora Childress  
*Location:* Community Park, Auditorium  
*No Class:*  
*Prices:* $90/$100  

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<td>Apr 5-Jun 7</td>
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#### Tai Chi 24-Forms Beginning and Intermediate Practice | Ages 17+
The ancient practice of Tai Chi Chuan is clinically proven to be one of the most effective exercises to improve health, fitness, and relaxation. The 24-Forms is the most widely practiced Tai Chi form. While there are many variations, the Yang Style is one of the most authentic. This is an intermediate level class for Tai Chi students who wish to deepen their understanding of the Tai Chi principles and how to use them to further develop their Tai Chi practice. Wear comfortable clothing, flat-soled shoes or socks, and bring water.

*Instructor:* Chei Hotalen  
*Location:* Old Poway Park, Templars Hall  
*Beginning:*  
*Intermediate:*  
*Prices:* $95/$105  

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<td>May 13-Jun 17</td>
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</table>

#### Beginning 18-Form Tai Chi | Ages 17+
Now you can learn and practice the beautiful WuDang 18-Form Taij, a traditional short form of Tai Chi Chuan from the WuDang Daoist Kungfu Institute in China. Regular practice of this graceful moving meditation develops essential skills for healthy living, including, improved breathing, posture, balance, circulation, and coordination. These benefits, plus the added discipline of remembering a dynamic sequence of movements, will strengthen the neural network in such a way that body, mind, and spirit create profound health and wellbeing. Wear comfortable clothing, flat-soled shoes or socks, and bring water.

*Instructor:* Cheri Hotalen  
*Location:* Old Poway Park, Templars Hall  
*Begining:*  
*Intermediate:*  
*Prices:* $90/$100  

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<td>5417.410</td>
<td>Mon 7:15-8:00pm</td>
<td>May 9-Jun 13</td>
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#### Aqua Zumba® | Ages 16+
Are you ready for a Zumba® “pool party”? The Aqua Zumba® program gives new meaning to the idea of an invigorating workout. Integrating the Zumba® formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba® blends it all together! This safe, challenging, water-based workout will be cardio-conditioning, body-toning, and most of all, exhilarating beyond belief. Only your mid-chest is submerged in the water, so there is no requirement to know how to swim. Water shoes are encouraged so they can provide support and traction. Join the party in the water (pool is heated to at least 82 degrees)!

*Instructor:* Julie Clemmons  
*Location:* Community Swim Center  
*Prices:* $90/$100  

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</table>

#### Form Taiji, a traditional short form of Tai Chi Chuan from the WuDang Daoist Kungfu Institute in China. Regular practice of this graceful moving meditation develops essential skills for healthy living, including, improved breathing, posture, balance, circulation, and coordination. These benefits, plus the added discipline of remembering a dynamic sequence of movements, will strengthen the neural network in such a way that body, mind, and spirit create profound health and wellbeing. Wear comfortable clothing, flat-soled shoes or socks, and bring water.

*Instructor:* Cheri Hotalen  
*Location:* Old Poway Park, Templars Hall  
*Begining:*  
*Intermediate:*  
*Prices:* $95/$105  

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#### PIYo™ | Ages 16+
PIYo™ is a unique class designed to build strength & gain flexibility. The moves fit perfectly together to form a class filled with intense choreography that is fun, challenging, and will make you sweat! It’s all about energy, power, and rhythm with this Pilates/Yoga fusion class. Think sculpted abdominals, increased overall core strength, and greater stability.

*Instructor:* Emma Sarmiento  
*Location:* Community Park, Activity Rooms 1 & 2  
*No Class:*  
*Prices:* $75/$85  

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#### YoGaZander–Beginning Gentle Yoga | Ages 17+
Experience a unique approach to yoga. Practice gentle breathing exercises and gentle yoga postes combined with the profound body wisdom of the Alexander Technique. YoGaZander will help you softly release muscle tension and develop natural body alignment. Enjoy less stress and more flexibility. Bring a yoga mat, small blanket or beach towel, and water.

*Instructor:* Cheri Hotalen  
*Location:* Old Poway Park, Templars Hall  
*Prices:* $85/$95  

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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Register online at: [www.poway.org/classes](http://www.poway.org/classes)
Teen Activities

Check out the NEW Teen Excursion to Universal Studios on Page 3!

Teen Night Out | Grades 6th – 9th
Teen Night Out | Grades 6th – 9th
Teens – it’s your night out! Have an absolute blast choosing which activities YOU want to participate in during Activity-A-Palooza! Race your friends in Mario Kart on the Wii, get funky with arts and crafts, win cool prizes playing recreation games, kick back with friends, devour yummy snacks, and so much more!
Instructor: Community Park Staff
Location: Community Park, Auditorium
Sat 6:30-9:00pm  Apr 23
FREE

Kid's Night Out

Kid's Night Out | Grades 1st – 5th
Kid's Night Out is a win – win for everyone! Parents, take the night off because Kid’s Night Out is all about the kids. Offered every month during the school year, kids in grades 1st – 5th will enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It’s not your average night ... its Kid’s Night Out! Registration is required.
Instructor: Community Park Staff
Location: Community Park, Auditorium
8432.400  Fri 6:30-9:00pm  Apr 8  $5
8432.401  Sat 6:30-9:00pm  May 14  $5
8432.402  Fri 6:30-9:00pm  Jun 17  $5

Glow-in-the-Dark Egg Hunt and Dodgeball | Grades 6th – 9th
How do you make a glow-in-the-dark egg hunt cooler? Add GLOW-IN-THE-DARK DODGEBALL! We're combining two of our most popular teen events to bring you the ultimate glow-in-the-dark experience! With a ton of prizes, candy, music, a thousand eggs, dodgeball every which way you can imagine, and more! Don’t miss out! It’s going to be twice the glow and twice the FUN!
Instructor: Community Park Staff
Location: Community Park, Auditorium
Sat 6:00-9:00pm  Mar 26  FREE

NEW! Mega Bounce Jam | Grades 6th – 9th
We’re throwing the ultimate bounce house bash and you’re invited! Bounce off the walls and jump your way to the stars while rocking out to some jammin’ tunes! Or challenge your friends and vault your way through an inflatable obstacle course – all the way to champion. The way you bounce is up to you! Then catch your breath afterward while we chill out with a movie and some tasty treats.
Instructor: Community Park Staff
Location: Community Park, Auditorium
Sat 5:30-9:00pm  May 28  FREE
For information or to register for FREE teen events: (858) 668-4671

Creative Arts

NEW! Musicstar® Beginning Piano/Keyboard | Ages 8 to 15
Did you know that music classes contribute to a healthier and longer life? They can also aid in child development and improve academic achievement. Learn how to play basic piano chords and simple melodies in a fun, group class setting! No music experience is necessary. All instruments are provided for class use.
Instructor: Creative Brain Learning Staff
Location: Old Poway Park, Great Room
6182.450  Mon 5:00-5:50pm  Apr 4-May 2  $66/75*
6182.451  Mon 5:00-5:50pm  May 9-Jun 6  $66/75*
*20 materials fee due on the first day of class

Best of Broadway | Ages 7 to 14
Let’s create a show from Musical Theatre’s most popular songs and scenes! Participants will create a show by selecting their favorite songs from Musical Theatre, and then create a script leading into their favorite songs and scenes. Participants will develop skills in acting technique, terminology, and improv, followed by a fantastic dance number and a dive into vocal technique. On the last day, participants will perform a showcase for their families to enjoy! Participants will receive a script, CD, and performance t-shirt.
Instructor: Catherine Colby
Location: Old Poway Park, Templars Hall
No Class: Apr 7
6182.434  Thu 6:00-5:10pm  Mar 31-Jun 2  $135/145*
*20 materials fee due on the first day of class

Dance | Youth & Teen

Register online: www.poway.org/classes

Sports | Open Play

Open Play Sports | All Ages
The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.
During the months of April, May, and through June 12 the free open gym times are as follows:

Twin Peaks Multipurpose Center
14640 Tierra Bonita Road
(858) 668-4599

Meadowbrook Gymnasium
12320 Meadowbrook Lane
(858) 668-4598

Tuesdays
Open Badminton
6:00-9:00pm

Wednesdays
Open Basketball
6:00-9:00pm

Sundays
Open Adult Basketball
8:00-11:00am
Open Youth Basketball
11:00am-2:00pm

Hours are subject to change without notice. For the most up-to-date operating hours, please visit our website at www.poway.org

Beast Breakers | Ages 4-12
This fun, high-energy hip hop and breakdancing class will definitely have you moving to the beats. Learn to let loose while developing confidence, coordination, musicality, and listening skills. No need to be intimidated … this class is great for those who want to enhance their creativity. All music and moves are age appropriate. All participants are invited to join our annual recital.
Instructor: Dance to Evolve; www.dancetoevolve.com
Location: Old Poway Park, Templars Hall
Beat Breakers, Ages 4-7
5311.400  Wed 3:50-4:45pm  Mar 30-Jun 15  $93/103
5311.401  Wed 3:50-4:45pm  May 11-Jun 15  $93/103
5311.402  Wed 3:50-4:45pm  Mar 30-Jun 15  $168/188

Hip Hop, Ages 8-12
5311.403  Wed 3:50-4:45pm  Mar 30-Jun 15  $93/103
5311.404  Wed 3:50-4:45pm  May 11-Jun 15  $93/103
5311.405  Wed 3:50-4:45pm  March 30-Jun 15  $168/188

Mr. Debbora’s Dance for Children:...where dance is a star!

RAVE REVIEWS: “From the wonderful dancing to the beautiful costumes, the show was an absolute success! We can’t wait for next year!”

Don’t miss the 27th Annual Dance Recital!

Ms. Debbora presents “Maddlin’ and Dance Showcase 2016 on June 14 and 15 at 6:00pm at the Poway Center for the Performing Arts! Tickets are available at the door, prior to each show. For more information: www.meddborahadanceforchildren.com

Due to preparations for our annual dance recital, no new dance students will be accepted during the spring session for the following classes: Dance for Children, Tap and Ballet, Dance Production, Princess Ballet, Lyrical for Teens, and Fun ‘n Funky Jazz. Only continuing students may re-enroll. Parent watching days are the last day of each month.

Students interested in attending these classes next season should watch for the Summer and Fall issues of Poway Today.
**Sports | Youth/Teens**

**Intro to Skateboarding | Ages 6 to 13**

Are you a first time rider? Do you want to improve your skills? The beginning class is designed to help build balance, confidence, and coordination. Students will learn the fundamentals of getting air, developing flip tricks, and grinding. Students must have at least one year of skateboarding experience or have participated in the Intro to Skateboarding Class before enrolling in this course. Students will develop flying flows, learn about competitive skateboarding, meet guest professionals, and even get the opportunity to participate in mock skateboarding competitions. All participants MUST have a helmet, elbow pads, and knee pads each class. Bring your own skateboard or contact the instructor for rental options prior to the first class.

Instructor: Andrew Barbiro: Andrew@dillskatelife.com
Location: Community Park, Skate Park

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**Intermediate/Advanced Skateboarding | Ages 6-13**

The intermediate/advanced class focuses on the principles of getting air, developing flip tricks, and grinding. Students must have at least one year of skateboarding experience or have participated in the Intro to Skateboarding Class before enrolling in this course. Students will develop flying flows, learn about competitive skateboarding, meet guest professionals, and even get the opportunity to participate in mock skateboarding competitions. All participants MUST have a helmet, elbow pads, and knee pads each class. Bring your own skateboard or contact the instructor for rental options prior to the first class.

Instructor: Andrew Barbiro: Andrew@dillskatelife.com
Location: Community Park, Skate Park

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**Youth/Tween Taekwondo | Ages 5 to 15**

This complete martial arts program is designed to help boys and girls of all ages develop respect, discipline, and self-control. Participants will build confidence by improving their strength, speed, endurance, and self-defense skills. In addition to Taekwondo kicks, blocks, and punches, participants will learn to use hapkido (joint locking techniques). A plain white taekwondo uniform is required and may be purchased from the instructor for $50. Want to try it before you buy it? Attend the first day of class for a Free Liability waiver required.

Instructor: Master Wolpert: (858) 748-1333
Location: Community Park, Bill Bond Hall

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**Youth Volleyball | Ages 9 to 14**

Looking for a fun sport? Come and play some volleyball on Monday night! Boys and girls are invited to participate in this fun, recreational activity. Volleyball play will be mixed with the learning of fundamental volleyball skills, including serving, passing, setting, and hitting.

Instructor: David Claycomb
Location: Meadowbrook Gymnasium

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**Adult Taekwondo & Karate | Ages 16+**

Whether you are interested in self-defense, or just want to get into shape, this complete martial arts program is for you! It is designed to help both men and women of all ages develop strength, speed, coordination, endurance, and confidence. In addition to traditional taekwondo blocks, kicks and punches, you will learn to use hapkido (joint locking techniques). A plain white taekwondo uniform is required and may be purchased from the instructor for $50. Want to try it before you buy it? Attend the first day of class for a Free Liability waiver required.

Instructor: Master Wolpert: (858) 748-1333
Location: Meadowbrook Gymnasium

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**NEW! 5-on-5 Basketball League | Ages 18+**

Teams of up to 8 players are invited to join us for some friendly 5-on-5 basketball competition! Games are played on a full court with two professional officials, a scorer/keeper, and a timer. Start times will vary each week between 6:30pm and 8:30pm. Each season will consist of 10 league games plus play-offs. League champions will take home bragging rights and team t-shirts. A representative from each team is required to attend a short manager’s meeting prior to the season. Limited spots available, so grab your friends and sign up now!

Instructor: Recreation Staff
Location: Meadowbrook Gym

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**Tennis – Beginner | Ages 5 to 14**

Beginning tennis skills are taught in this class. These skills include forehand and backhand ground strokes, volleys, and a good first serve. Group instruction will encompass drills, court positioning, footwork drills, doubles play and strategy, scoring system, and court etiquette.

Instructor: Dick Leatherman
Location: Community Park, Tennis Courts

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**Tennis – Intermediate | Ages 8 to 13**

At this level, you will be incorporating advanced techniques, along with fine-tuning beginning strokes. Participants will refine forehand, forehand, and backhand ground strokes, conventional volleys, a good first and second serve, and a good overhead smash. Instruction will include footwork drills, groundstrokes, approach shots, volleys, singles and doubles play and strategy, scoring system, light competitive games, and court etiquette.

Instructor: Art Christophides
Location: Community Park, Tennis Courts

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**Tennis – Advanced Juniors | Ages 9 to 16**

At this high level, tennis enthusiasts will enhance their ability level by focusing on forehand and backhand ground strokes, drills, volley drills, serving drills, and overhead smash drills. The class includes singles and doubles play, and strategy. The class is preparing participants for tournaments, league play, and high school teams. Advanced class placement determined by instructor.

Instructor: Art Christophides
Location: Community Park, Tennis Courts

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**Register online: www.poway.org/classes**

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**Sports | Adults**

**Girls Basketball | Ages 9 to 16**

This Girls Basketball league is designed to provide an exciting balance of instruction and friendly competition. Coaches will run drills and provide skill training to prepare participants for 3-on-3, full court, recreational games. Previous basketball experience is always helpful, but not necessary to have a great time! Players will be divided according age group.

Instructor: Paul Deker: dskallenge@yahoo.com
Location: Twin Peaks Multipurpose Center

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<th>Age Group</th>
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**Women’s Volleyball | Ages 16+**

All seasons are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. Past volleyball experience is strongly recommended.

Instructor: Dick Leatherman
Location: Twin Peaks Multipurpose Center

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**NEW! 5-on-5 Basketball League | Ages 18+**

Teams of up to 8 players are invited to join us for some friendly 5-on-5 basketball competition! Games are played on a full court with two professional officials, a scorer/keeper, and a timer. Start times will vary each week between 6:30pm and 8:30pm. Each season will consist of 10 league games plus play-offs. League champions will take home bragging rights and team t-shirts. A representative from each team is required to attend a short manager’s meeting prior to the season. Limited spots available, so grab your friends and sign up now!

Instructor: Recreation Staff
Location: Meadowbrook Gym

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Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all participants 16 and younger. No metal choke chains or pinch collars; they are not needed!

Beginning Obedience | Owners aged 12+
Dogs 12 weeks to Adult

In the Beginning Obedience class, your dog will learn to walk politely and appropriately socialize while on a leash. Behavioral problems associated with the leash will be covered. The commands of come, sit, down, stand, heel, and stay will also be covered.

Instructor: Good Dog Training School, Lynne Moore
Location: Two Old Poway Park, Green Park
Sat: Sat 6:30-7:30pm
3091.400
$30/$40*

Babysitter’s Training CPR & First Aid | Ages 11 to 18

The American Red Cross has created a course for babysitters with components that include: leadership, professionalism, responsibility, child development, safety, and responding to emergencies while on the job. Participants will receive a card from the American Red Cross with no expiration date, as well as a certification in Pediatric CPR and First Aid valid for two years. Bring a lunch and large doll or stuffed animal to class.

Instructor: American Red Cross Instructor, Blythe Paley
Location: Community Park, Activity Rooms I & II
May 14-18, 18 hours
7617.400
$65/$75*

Please Note: If registering for both the First Aid and CPR class, there is a one-time $32 (certification) or $4 (information only) materials fee due on the first day of class.

Safety Training

NEW! Women’s Self-Defense Workshop | Ages 16+

The workshop will include tips on preventing assaults and simple self-defense techniques that you can use to escape from an assailant. It’s easier than you think to learn basic self-defense moves and simple steps that you can take to avoid dangerous encounters.

Instructor: Master Wolfpart; (858) 748-1333
Location: Community Park, Bill Bond Hall
1247.406
May 31

First Aid | Ages 11+

This American Red Cross class will prepare you to handle any emergency first aid situation with loved ones, friends, and co-workers. This course includes responding, recognizing, and caring in life-threatening situations such as burns and bleeding, muscle, bone, and joint injuries; head and spinal injuries; heat- and cold-related emergencies; and sudden illness. Participants will receive a ready-reference card and an American Red Cross certification valid for two years.

Instructor: American Red Cross Instructor, Blythe Paley
Location: Community Park, Nutrition Room
May 14
5418.401
$30/$40*

Please Note: If registering for both the First Aid and CPR class, there is a one-time $32 (certification) or $4 (information only) materials fee due on the first day of class.

Costs:

Daily Admission
Adults (Ages 18+) $2.50/$5.00
Youth and Seniors (Ages 60+) $2.00/$4.00

A responsible adult who has paid the admission fee must accompany children under 7 in the water.

Season and Yearly Passes

www.poway.org/swim

Information:
(858) 668-4680
www.poway.org/swim

Lap Swimming Hours

During open recreational swim, lanes will be set aside for those interested in swimming laps. Some open recreational swim times will be shared with swim lessons and swim clubs. Portions of the pool may not be available for use by the public during these times.

Swimming Hours

Spring (April 4-June 12)

Monday/Wednesday/Friday
10:00am-7:30pm
Tuesday/Thursday
8:00am-7:30pm
10:30am-5:00pm
Long Course (offered through May 26)
Tuesday/Thursday
8:00am-1:30pm

Pool Closed

Apr 29 at 1pm
Apr 30-May 1 all day

Family Swim – Begins April 9
Bring the family, along with your toys, rafts, fins, snorkels, and inner tubes, and enjoy all the benefits of a family. Items not provided by Swim Center. Proof of residency will be required for the reduced family swim rate.

RES/NON
Sat/Sun 10:30am-1:00pm $8.00/$11.00 per Family

Aqua Safety

Staff is available to give presentations on aquatic safety to schools, scout troops, and organizations.

Information: (858) 668-4680

Party Packages

Information: (858) 668-4680

Inflatable Party

Who doesn’t want to have a party at the pool with an inflatable obstacle course? Included: reserved picnic area for two hours, public pool use and two hours of exclusive inflatable use for up to 25 persons.

Register online: www.poway.org/classes

Poway Swim Center

Location: 13094 Civic Center Drive
Information:
www.poway.org/swim

Spring 2016

Did You Know!

About 92,000 people are saved by CPR each year in the U.S.

CPR/AED for the Adult/Child/Infant | Ages 11+

Become certified in this American Red Cross CPR class. Learn skills necessary to recognize and respond appropriately to breathing or cardiac emergencies. This course teaches skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Participants receive ready-reference information and an American Red Cross certification card valid for two years.

Instructor: American Red Cross Instructor, Blythe Paley
Location: Community Park, Nutrition Room
May 14
5418.400
$30/$40*

*244 (certification) or $4 (information only) materials fee due on the first day of class.

Bowling | Ages 13+

This bowling class provides unlimited fun for everyone! Awards and a party will conclude the last class. If the participant needs one-to-one attention or has special needs, provide a description of the situation to the instructor. Depending on the circumstances, an aide may be required to accompany the participant. All participants must be picked up by 3:30pm.

Instructor: Sarah D’Agostino-Gana
Location: Poway Fun Bowl, 12941 Poway Rd
RES/NON
9397.400
Fri 1:30-3:30pm Apr 8-Jun 17
$40/$50*

*An $8 class fee is collected at the bowling alley each week.

About 92,000 people are saved by CPR each year in the U.S.
Spring Swim Lesson Assessments | All Ages

Make an appointment to have a free swim lesson assessment. It is highly recommended for determining the appropriate placement level for participants. Call (858) 668-4680.

Swim Lesson Registration

Please note the age, skill level requirements, and time for each class. If you are unsure which level to enroll in, skill assessments are available by appointment. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4683, prior to the start of the class to ensure that you are not dropped.

WAITLISTS: Can’t find space in the class you’re looking for? Contact us: (858) 668-4680 or e-mail: swimwaitlist@poway.org. We will contact you if space becomes available.

New classes created based on instructor availability and pool space.

Please Note: *There will be no classes on Monday, May 30; instead classes will be held on Friday, June 3.

Swim Lessons

Spring 2016

Swim Lesson Registration

Please note the age, skill level requirements, and time for each class. If you are unsure which level to enroll in, skill assessments are available by appointment. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4683, prior to the start of the class to ensure that you are not dropped.

WAITLISTS: Can’t find space in the class you’re looking for? Contact us: (858) 668-4680 or e-mail: swimwaitlist@poway.org. We will contact you if space becomes available. New classes created based on instructor availability and pool space.

Please Note: *There will be no classes on Monday, May 30; instead classes will be held on Friday, June 3.

Swim Lessons

Spring Swim Lesson Assessments | All Ages

Make an appointment to have a free swim lesson assessment. It is highly recommended for determining the appropriate placement level for participants. Call (858) 668-4680.

Swim Lesson Registration

Please note the age, skill level requirements, and time for each class. If you are unsure which level to enroll in, skill assessments are available by appointment. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4683, prior to the start of the class to ensure that you are not dropped.

WAITLISTS: Can’t find space in the class you’re looking for? Contact us: (858) 668-4680 or e-mail: swimwaitlist@poway.org. We will contact you if space becomes available. New classes created based on instructor availability and pool space.

Please Note: *There will be no classes on Monday, May 30; instead classes will be held on Friday, June 3.
**Swim Lessons (cont’d)**

**Red Cross Lifeguard Training | Ages 15+**
Lifeguard training course teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certification for Lifeguards. First Aid/ CPR/AED/TITLE 22/Oxygen.

There is a water skills test on the first day of class. For more information, visit: http://poway.org/515Lifeguard-Training.

This course is a blended learning course; there will be homework that will be done outside of class. Online 100% attendance is required. Class fee includes the books needed for the course. Prerequisite: Must be 15 years of age by the first day of class.

RES/NON

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<tr>
<th>Time</th>
<th>Mon 4:00-8:00pm</th>
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<td>May 9, 16</td>
<td>May 11, 18</td>
<td>May 7, 14, 21</td>
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*There is a $35 fee that all students will have to pay directly to the American Red Cross.

Water Exercise | 16+  
Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission is required.

**MWF 11:00am-12:00pm**

**Free Band Festival and Arts and Crafts Market**
Come listen to great music and amazing concert bands during a FREE weekend of music at Old Poway Park at the 22nd Annual California Band Festival and Arts and Crafts Market.

Information: www.pomeradoband.org.

**Sat, May 21**
9:00 am to 7:00 pm  
10:00 am to 7:00 pm

**Historical Tours**
Book a fun, easy, educational field trip for 20 or more participants for just $4 each. Reservations for Tuesday through Thursday tours can be made by calling (858) 668-4576. Information: www.poway.org/oldpowaypark.

**Sam Hinton Folk Festival**
The San Diego Folk Heritage will host the FREE, Annual Sam Hinton Folk Festival. Don’t miss out on your chance to hear a unique variety of musical performances, storytelling, music workshops, a family country dance, and an open mic stage. Information: sfhfysan.com.

**Poway Valley Garden Club**
Old Poway Park Action Committee member, Poway Valley Garden Club, will host the 38th Annual Standard Flower Show at Old Poway Park in the spring.

You can participate and win a ribbon for your flowers or design! No registration is required for horticulture entries. If you would like to enter a floral design, please contact Emily Troxel at (858) 748-1025. For general information: pvgc@outlook.com.

**Kumeyaay-Ipai Interpretive Center at Pauwai**

**Location:**  
13104 Ipai Waaypuk Trail (formerly Silver Lake Rd)

**Hours:**  
Saturdays 9:00am-12:00pm  
Closed 1st Saturday of each month

**FREE Docent-led Public Tours**
(858) 668-1292

**Classes Offered:** Basket Weaving, Native Food, Medicines & Materials, Flint Knapping & more

**Information:** (858) 668-1292  
www.poway.org/kiic  
www.friendsofthekumeyaay.org

**Kumeyaay-Ipai Programs**

**School Tours (Thursday & Friday mornings)**
Experience the life of the Kumeyaay, “discover” artifacts and ancient milling sites, and participate in “spirit rock” painting. $4 per student. Schedule your tour at www.poway.org/kiic.

**Guided Tours of the Ancient Community of Pauwai**
Long before the Spanish arrived in the 1500s, thriving communities of native people populated Pauwai. Visit us on Saturday mornings and take a guided tour. Experience artifacts, trails, milling and grinding stations.

**The Art of Rock Art Photography Class**
In addition to the basic elements of photography, this class will emphasize techniques for producing finished pieces that may be suitable for exhibition presentation. Examples of artistic images will be shown along with instruction on their production from shooting techniques to post processing.

Instructor, James Respess is a Fine Art photographer with production from shooting techniques to post processing. The class may be suitable for exhibition presentation. Examples of artistic images will be shown along with instruction on their production from shooting techniques to post processing. Examples of artistic images will be shown along with instruction on their production from shooting techniques to post processing.

**Volunteer Today, Inspire for a Lifetime**
Kumeyaay-Ipai Center volunteers are Poway’s greatest cultural resource. No experience required. Free, self-paced training. Lead just one tour a month and you will impact young lives for a lifetime.

Check out www.poway.org/kiic or call (858) 668-4781.

**S A V E  THE  D A T E:** Artifact Illustration Class, June 4. More info in Summer Poway Today, or www.poway.org/kiic

**Transportation:**
Public transportation is available for free to the Kumeyaay-Ipai Interpretive Center at Pauwai. Take the bus to Old Poway Park and then follow the signs to the interpretive center.

**Location:** 14134 Midland Road

**Information:** (858) 668-4576  
www.poway.org/oldpowaypark

**Farmers Market**
Find the best locally and organically-grown, farm-fresh produce and artisan foods at our “City in the Country” Farmers Market every Saturday, from 8:00 am to 1:00 pm at Midland Road. Rain or shine! Information: (858) 668-4576.

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**Location:** 13104 Ipai Waaypuk Trail (formerly Silver Lake Rd)

**Information:** (858) 668-1292  
www.poway.org/kiic  
www.friendsofthekumeyaay.org
Celebrate at Community Park!
Secure a great location for your next birthday party, baby shower, corporate event, or family picnic! Community Park has four rentable picnic areas to choose from, all equipped with BBQs and room for inflatable bounce houses. Information and pricing can be found at www.poway.org or by calling (858) 668-4580.

Youth Supervised Skate Park Sessions | Ages 16 and Younger
Poway youth - it’s time to grab your skateboard and gear because these special, supervised skate sessions are just for you! We’re taking over Poway Skate Park so you can show off your flip tricks, practice your grabs and grinds, conquer the snake run, or just skate. These once-a-month supervised sessions are open to youth 16 and younger. Family members over the age of 16 are welcome to participate as long as they accompany a registered participant. Helmets, elbow pads, knee pads, and completed waiver forms are required. Reservations must be made online at www.poway.org/lakepoway or call (858) 668-4772 for more information.

Organic Farm at Blue Sky Ecological Reserve
Blue Sky Organic Farm, a 700-acre ecological reserve, is home to thousands of animal artifacts, including a 10,000-gallon otter tank! Bring your students on a school tour to see firsthand the importance of biodiversity. For more information, please call (858) 668-4781 or www.poway.org/bluesky.

School Tours and Outreach Program
The Outdoor Tour Program and In-Classroom Program introduce important scientific concepts as outlined in Science Content Standards for grades 2-5. Tours in the Reserve last approximately two hours and are available on Monday and Wednesday mornings for $4 per student. The one-hour Outreach Program at your school is available on Wednesday and Friday mornings for $4 per student. A reduced fee of $4 per student is offered when both a Tour and Outreach program are scheduled at the same time. Teachers’ chaperones are free. Reservations can be made online at www.poway.org/bluesky.

FREE Docent-led Nature Walks
Find our Activities Schedule on the website or at Community Services Department, Lake Poway, or at the Reserve. Wear comfortable shoes, a hat, and carry plenty of water. All hikes begin at the south end of the parking lot. Group walks available by reservation.

Lake Poway Concession
Park/Pavilion Reservations
(858) 668-4580
Lake Poway Concession
(858) 668-4778

At Community Park, we operate a concession stand near the north end of the parking lot. Enjoy Sammy’s Burritos, salads, and beverages. Concession hours daily are from 8:00am to 9:00pm. Call (858) 668-4770 or www.poway.org/lakepoway.

Information: www.poway.org/lakepoway
Sycamore Canyon Goodan Ranch Preserve

Location: 16281 Sycamore Canyon Road
Poway, California 92064

Information: (858) 513-4737
For a complete schedule of activities at Goodan Ranch, visit: www.sdparks.org

Over ten miles of trails and service roads open to hiking, mountain biking and equestrian use. Preserve visitors are welcome to visit our new visitor center. Live animals and exhibits on Goodan History, Cedar Fire, Kumeyaay and the MSCP are on display. Events, hikes and programs start at various Preserve locations. Some require a one mile walk from Goodan Ranch staging to the Visitor Center. Please check descriptions closely. No vehicular traffic is permitted in the Preserve. Transportation for those with disabilities can be arranged, by calling the ranger at (858) 513-4737.

Goodan staging area accessed from Poway Rd. east on Garden Rd, then south on Sycamore Canyon Rd. Sycamore Canyon Rd. ends at staging area. Highway 67 staging area accessed through SOUTHBOUND Highway 67 only, half a mile south of Scripps Poway Parkway. All events are free. For information or to make event reservations call (858) 513-4737 or email Justin.Gibbons@sdcounty.ca.gov.

Spring Programs

Space is limited on some programs, and rain or muddy conditions may cancel the event. Reservations are required. Call (858)513-4737 for details.

February

2016 Dirty Feet 100K/50K/ Half-Marathon
Saturday, Feb 27, 2016 | Race and registration info can be found at www.dirtyfeet.ca or by contacting park staff at (858)513-4737.

March

Sunset Star Party
Friday, Mar 18, 2016 | Sunset Rain or clouds cancel

April

Geocaching Hunt
Saturday, Apr. 9, 2016 | 10:00-11:00am
Space is limited to 30, call to reserve.

May

Bats Alive!
Saturday, May 7, 2016 | 10:00-11:00am
Space is limited to 30, call to reserve.

Sunset Star Party
Friday, May 20, 2016 | Sunset Rain or clouds cancel

Information: www.powayseniorencenter.org

Poway Senior Center

Location: Poway Community Park, Weingart Center Bldg.
13094 Civic Center Drive, Poway, CA 92064

Hours:
Senior Center
Mon-Fri 8:00am-4:00pm
Gift Shop
Mon-Fri 10:00am-2:00pm

Information:
(858) 748-6094
Check our website for updated programs, activities, and schedules.
www.powayseniorencenter.org

La Bella Bistro:
Join us for lunch every Monday through Friday from 11:30 am to 12:30 pm. A donation of $4.00 is suggested for those 60 and older. Lunch for guests under 60 is $6.00. Check out our menu on our website or newsletter, or just stop by and enjoy the special of the day. Reservations are not required.

Need a Ride to Lunch?
Call Paul Boston, Nutrition Manager at (858) 748-6094 x 304 for details.

3rd Annual Bunko FUNdraiser

Sunday, March 20
3:00 – 5:00 pm
At the Poway Senior Center
Every One is Welcome!!

Entry Fee: $20.00 or $25.00 at door.
For reservations call: (858) 748-6094

Children’s Programs

Tumble Bus: Saturday, February 20 at 1:00pm
Sparkles the Clown: Saturday, February 27 at 1:00pm
Storytime: Monday-Saturday at 10:30am
Baby Storytime: Tuesday at 9:45am
PJ Storytime: Third Thursday of the month at 7:00pm
After School Programs: Mondays and Wednesdays from 3:30-4:30pm

Teen Programs
Teen Tuesdays & Thursdays: Tue/Thu at 4:00-5:00pm (Schedule varies, check with library)

Adult Programs

ESL Book Club: Last Tuesday monthly at 6:00pm
Acoustic Showcase Concert: Second Saturday monthly at 2:00pm
Poway Library Book Club: Third Tuesday monthly at 6:30pm
Tai Chi: Mondays at 11:00am (schedule varies: check with library)
Conversation Cafe: Fridays at 10:00am
Building a Better Budget: Wednesday, February 24 at 2:00pm

Author Visit: Raymond Wong, I’m Not Chinese: The Journey from Recentment to Reverence: Saturday, Feb 27 at 11:00am
Red Cross Blood Drive: Wednesday, March 2, 10:00am-4:00pm
Books and Coffee: Saturday, March 5 at 10:00am

Author Visit: Susan Carol McCarthy, A Place We Knew Well: Saturday, Mar 26, 11:00am
Author Visit: David Putnam, The Squandered: Saturday, April 2, 11:00am

Information: www.sdcl.org
Celebrated musical.
be a surprise guest movie star from a
Hosting this powerhouse production will
Hairspray, Moulin Rouge and more!
screen. Grease, West Side Story, Chicago,
finest musical moments from the silver
celebrates and reinvents Hollywood's
Americal Idol
and
Dancing with the Stars
So You Think You Can Dance
The Voice
presented by

Get Involved!
Become a part of the theatre world without ever stepping on
stage! Our team of volunteer ushers provides valuable show
services, such as taking tickets and assisting patrons to their
seats. Sign-ups occur throughout the year and volunteers
can earn free tickets to performances.
Information: www.powaycenter.com or (858) 668-4795.

For more details about the exhibits and artists, visit

The Poway Center for the Performing Arts (PCPA)
The Poway Center for the Performing Arts is an 800 seat, state-
of-the-art theatre owned and operated by the City of Poway.
The PCPA hosts a variety of events that include professional
performances, concerts, dance productions, community
theater groups, art exhibits, and Poway Unified School District
events. Available for rent, the PCPA is the perfect venue for
professional performances and community-based produc-
tions from September through June.

POWAY CENTER for the PERFORMING ARTS
Purchase Tickets the Easy Way!
Tickets are available online, over-the-phone, or at our Box Of-
face. Chose the method that works best for you! View upcoming
shows and purchase tickets online at www.powaycenter.com.
Handling fees vary; see our website for details.

UPCOMING EXHIBITS
March
Poway Woman’s Club
Mixed Media

April
Studio Art Quilt
Associates

May
Parkmar Council PTA
Visual Arts &
Photography from
PUSD Students

Location:
15498 Espola Rd, Poway, CA 92064

Hours:
Box Office Hours: Fri 12:00pm-5:00pm
Sat 10:00am-3:00pm
Closed Sunday-Thursday, and major holidays.
The Box Office opens one hour before scheduled performance
times and remains open 30 minutes after performances begin.

Art Gallery & Facility
Tue-Fri 9:00am-5:00pm
Sat 10:00am-3:00pm
Closed Sunday, Monday, and major holidays.

Information:
Administration (858) 668-4693
Box Office (858) 748-0505
www.powaycenter.com

Pinocchio
Saturday, March 26, 2016 | 3 & 7pm
Each Spring, Poway OnStage is proud to
present an all-youth production as part of
our Arts in Education Initiative. Taking
over 60 local children from auditions, to
rehearsals and a fully costumed produc-
tion in just one week, Missoula Children’s
Theater will perform Pinocchio in March!
Auditions Monday, March 21 at 4pm.
This musical theatre camp is available for all
children from kindergarten through eighth
grade at no cost!

Rosalie CASH
Friday, March 11, 2016 | 8pm
The eldest daughter of country music
icon Johnny Cash and stepdaughter of
June Carter Cash (of the legendary Carter
Family), Rosanne along with co-writer
and life partner, John Leventhal, perform
songs from her critically acclaimed
album, The River and the Thread and
other favorites. Her own thoughtful,
genre-blurring approach, which
encompasses country, rock, roots and
pop-influences, has garnered her four
Grammys, twelve Grammy nominations
and eleven No. 1 singles.

REDEUCED SHAKEPEARE COMPANY: THE COMPLETE
HISTORY OF COMEDY (ABRIDGED)
Saturday, May 14, 2016 | 8pm
They’ll show you why they’re called the world’s
cornerstone of comedy. From Aristophanes
and Shakespeare and Moliere (Is Moliere
funny? Why not?) to Vaudeville and Charlie
Chaplin to The Daily Show and Anthony
Waxden's and Charlie Chaplin to The
DAILY SHOW AND ANTHONY WAXDEN

View full season and purchase tickets at www.PowayOnStage.org
REFUND INFORMATION: A full refund will be issued for all classes canceled or overbooked by the City of Poway and/or the independent contract instructor.

Prior to the first day of class: Customer may request a refund prior to the start date. A cancellation fee of $15 per class will be deducted. Or, in lieu of a refund, customer may request a full credit to be placed on account. The credit on account will be valid for one year and may be applied to another enrollment.

After the first day of class: Requests for refunds will only be granted if the slot can be filled by another registrant. If your issue is unresolved, please contact Community Services. A doctor's note or written statement confirming the inability to participate may be required.

Facility Rentals

Whether you want to watch the sun set over a picnic dinner, dance the night away at your wedding, or host a family gathering or reunion, our beautiful indoor and outdoor facilities, and parks are the perfect location! We offer a variety of unique and affordable facilities that can be rented for group meetings, private parties, ceremonies, receptions, picnics, and ballgames. Rental fees vary depending on event size, venue, and other event-specific factors. Please call (858) 668-4580 for information or stop by City Hall to make a reservation today!
The El Niño may not be over yet. But the good news is that it’s not too late to prepare!

Here are some tips to keep you safe over the next couple of months:

1. Determine if you are located in a flood zone. Visit: www.floodsmart.gov/floodsmart/ and enter your address in the “How Can I Get Covered?”
2. Get sandbags for your property. Find locations at: poway.org/245/Winter-Storms
3. Keep your rain gutters and drains cleaned out.
4. Keep your insurance policies, passport, important documents, and other valuables in a safe deposit box or scanned on a flash drive. Place copies of the flash drive at work, with a friend, or in your disaster preparedness kit.
5. Keep at least a half-tank of gas in your car to avoid having to stop and fill up if being evacuated. Know safe routes from your home and your office that are not prone to flooding.
6. Remember this motto when driving: “Turn Around, Don’t Drown!” It only takes six inches of water for your car to be swept away in a current.
7. Sign up for the County’s regional emergency notification system to receive alerts via phone, text message, and email with important emergency and disaster information. Sign up today at: ready.sandiego.gov. Be sure to click on the AlertSanDiego link.
8. In San Diego County, turn your radio to AM600 KOGO for emergency information or call 2-1-1.
9. Always keep an emergency evacuation kit in the trunk of your car. Have water, food, an extra set of clothes and shoes, and medications for each member of your family.

While preparing your property is important, it’s also important to know that you and your loved ones are safe and prepared. If you had 10 minutes to leave your home, what would you grab? If your smoke alarm went off in the middle of the night, do you have a designated spot to gather outside? Make a plan today!

Could your business, organization, homeowners association, or apartment complex benefit from a 20 to 30-minute presentation on preparing for a disaster? Contact Susy Turnbull, Disaster Preparedness Coordinator, at stumbull@poway.org.

Susy has disaster preparedness education materials that can be customized to meet your needs.

There will be some changes to the signs you see around town this year. In December, the City Council adopted a new sign ordinance, which now prohibits all signs from the public right-of-way. The public right-of-way is defined as public streets, sidewalks, utility easements, and oftentimes includes the landscaped area alongside the road or sidewalk. Prior to the adoption of the new ordinance, election and non-commercial signs were allowed to be displayed. These types of signs are still allowed on private property with consent from the property owner.

The new ordinance also includes changes to the size and height limit for signs. The maximum allowable size of a sign is six square-feet with a maximum height of four feet. The new ordinance is not applicable to “community event” signs, which are separately defined class. If you would like to learn more about signs in Poway, please visit our website at: poway.org

Comprehensive sign regulations can be found in Chapter 17.40 of the Poway Municipal Code.

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4. Keep your insurance policies, passport, important documents, and other valuables in a safe deposit box or scanned on a flash drive. Place copies of the flash drive at work, with a friend, or in your disaster preparedness kit.
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New Year, New Sign Ordinance

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Have you Weathered the Storm?

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Comprehensive sign regulations can be found in Chapter 17.40 of the Poway Municipal Code.
For those hikers seeking a challenging hike to kick off spring, Poway's Ellie Lane Trail might be just the thing! The Ellie Lane Trail is 3.3-miles long (one way) and begins at the Ellie Lane Staging Area located 0.7 miles north of Poway Road on the east side of Highway 67. The trail officially ends when you reach the junction to the Iron Mountain Trail. There, the two trails seamlessly blend together and take you to Iron Mountain. Ellie Lane's rugged surroundings and unique topography have earned it a stand-alone reputation.

The trail begins quite mildly as you hike past a series of low-lying ranch houses and open fields, then quickly becomes aggressive and often desolate as you climb above this sparsely populated northeasterly valley. At the half-mile mark, the trail intersects with Wild Horse Trail where you can either head south along Wild Horse to connect up with the Iron Mountain Trail, or at the midpoint of the Wild Horse Trail, turn east onto Ellie Lane's equestrian bypass trail located a half-mile south of this intersection. Continuing northeast along the Ellie Lane Trail, you begin to ascend through a series of switch-backs lined with tall chaparral, large boulders, and small stands of oak trees. In less than one mile, you have reached Table Rock, named for the popular large formation of boulders that creates a gigantic tabletop. From Table Rock, you can either turn south and again access the equestrian bypass or continue east into the most rugged portion of this trail, zigzagging up and down several ridges, meandering around to the south, bringing you to Ramona Overlook within one mile. Ramona Overlook is a small protruding hilltop that borders the east side of the trail and offers a picturesque view of the entire Ramona Valley.

Continue south, and in just under a mile you will reach the Iron Mountain Junction - the official end of the Ellie Lane Trail. At this point, you will need to make a decision - you can either continue another 1.5 miles to the top of Iron Mountain, turn west and work your way back down to the Iron Mountain Staging Area, or turn around and create a loop of the Ellie Lane Trail by way of the equestrian bypass and the Wild Horse Trail, which offers hikers a much less aggressive return to the staging area.

The Ellie Lane Trail is quite a challenge in itself, but once you have reached this junction and realize that the toughest portion of the trail is behind you, why not finish your trek? Continue just 1.5 miles more to the top of Iron Mountain and complete two of Poway's more difficult trails in just one day and in one, large, memorable loop!

Every April, cities around the nation celebrate National Fair Housing Month. It is a time to reflect on the progress that has been made and recognize the challenges that still exist.

The Federal Fair Housing Act protects your rights. Everyone should be able to rent or purchase a home as long as you qualify financially. No one should be turned away from housing based on race, gender, color, nationality, religion, family status, or disability. Whether you are trying to rent, buy, sell, or finance a home or if you are a tenant, homeowner, or landlord, you need to know what your rights and responsibilities are.

The City of Poway is a member of the San Diego Regional Alliance for Fair Housing and participates in a Fair Housing Program provided by the County of San Diego through a contract with North County Lifeline. Fair housing counselors at North County Lifeline can answer questions for both landlords and tenants about fair housing laws and requirements. North County Lifeline also provides mediation services to help resolve conflicts, if needed.

- North County Lifeline (866) 954-3354
- For English: Kelly Matthews, ext. 6226
- Para Español: Maria Ochoa, ext. 6232

Remember . . . Fair housing is the law!
The San Diego County Water Authority will perform maintenance on a water pipeline structure adjacent to Valle Verde Park on Espola Road starting in March. The project includes constructing a pump well to facilitate future rehabilitation. The five-month-long construction project is anticipated to slow traffic along Espola Road, which will alter the normal traffic pattern through April. This project will not interrupt water delivery to the area. For more information, please call the 24-hour, toll-free information line at (877) 682-9283, ext. 7009 or email CIPinfo@sdcwa.org. A representative from the project team will return your call within one business day.

Did you know that the City of Poway has an Ordinance that prohibits the flying of drones in designated areas during certain types of emergencies, such as wildfires? To make sure you know when and where not to fly your drone, please sign up to receive alerts on the City’s website at poway.org/list.aspx. This alert system will be used to notify you if a restriction has been issued prohibiting the operation of drones. For additional information, please contact Safety Services at (858) 668-4460.

Did you own a Drone?

Items Accepted:
- Furniture
- Appliances (charges apply for appliances containing Freon)
- Residential wood waste
- Yard waste
- Scrap metal

Items NOT Accepted:
- Hazardous waste
- Tires
- Computer monitors
- Televisions
- Contractor waste
- Large trailer loads of debris
- Commercial truckloads of debris

Household hazardous waste (HHW) can be taken to the Poway HHW collection facility located at 12325 Crosthwaite Circle on Saturdays, from 9:00am to 3:00pm (closed weekdays and holiday weekends). Contractor or business hazardous waste is not accepted.

For more information about this program or disposal of items, please contact the Public Works Department at (858) 668-4700.

Residents and contractors performing a major renovation or property cleanup may contact EDCO at (858) 748-7769 to request temporary bin service.

Do You Own a Drone?

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**Got The Spring Cleaning Bug?**

Spring Community Clean-up Coupon Valid Until July 7

Did you know that EDCO Waste and Recycling Services sponsors two, self-haul, cleanup events each year? Watch your mailboxes for a disposal coupon for one, FREE load of bulky items at either the Ramona Transfer Station or the Escondido Transfer Station. The coupon is good through July 7, 2016. The transfer stations are open every day from 7:00am and 4:30pm. The Ramona Transfer Station is closed on Sundays. The next coupon will be mailed at the end of September for the fall cleanup event. Directions and more information is provided on the coupon. Please be sure to bring your coupon, your picture I.D. with current address, or a copy of an EDCO trash bill that corresponds to the service address.

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**Table Rock is one of the many features along Ellie Lane Trail**

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**Flower Show**
April 9, 9:00am-4:00pm | Old Poway Park

**Easter Egg Hunt**
March 26, 9:00am | Community Park

**Spring Campouts**
April 15, April 29, May 13 | Lake Poway

**Universal Studios Teen Excursion:**
June 10, 8:00am-10:30pm | Pickup/Drop off at Community Park, Auditorium

**Community Band Festival and Arts & Crafts Market**
May 21, 9:00am-7:00pm | Old Poway Park
May 22, 10:00am-7:00pm

For more information on these and other Poway events, visit www.poway.org

Follow us on Twitter and like us on Facebook!

@cityofpoway City of Poway

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**Table Rock is one of the many features along Ellie Lane Trail**

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**City Council**

Mayor Steve Vaus
Deputy Mayor Jim Cunningham
Councilmember John Mullin
Councilmember Dave Grosch
Councilmember Barry Leonard

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**POSTAL CUSTOMER**

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