

City of Poway

COMMUNITY SERVICES PROGRAMS

SPECIAL EVENTS *Summer 2006*

Internet Registration

The City of Poway Community Services Department is working towards making registration easier and more convenient for our customers. Now customers do not have to wait in line and hope that their summer-learn-to-swim class or Lake Poway day camp program is still open.

During this summer quarter, the City is offering on-line registration at a discounted rate to encourage our customers to sign up for classes using the Internet. The Internet provider fee of 6.5 percent has been waived this quarter which allows customers to pay close to the same price, (plus fifty cents), as they would if they walk-in or mail-in their registration.

To access on-line registration simply go to www.ci.poway.ca.us and go to the Recreation Classes section, then follow the easy registration instructions. On-line registration is fast, easy, and can be done from the comfort of your home at your convenience. On-line registration will also be available at the Community Services Offices located within City Hall. City Hall is located at 13325 Civic Center Drive.

Poway residents can register via the Internet, mail in, or walk-in registration beginning the same day this quarter. Summer registration begins on Tuesday, April 25. Non-resident registration will begin on Monday, May 8. For more information on registration for summer programs call our registration line at (858) 668-4570.

New Facility Use and Rental Fees Effective July 1, 2006

Something that the City of Poway is happy to offer the public is reserved use and access to our parks and facilities at very reasonable rates. Many of those rates were established as far back as 1995 and 1997. Effective July 1, 2006, fees for use of City facilities will undergo slight increases to offset changes in the cost of providing those facilities and services.

For those fishing at Lake Poway, fishing licenses increase fifty cents, with the new adult license at \$5.00, youth at \$2.50 and senior-special days at \$2.50. Boat rentals rise between one and five dollars. There will be no increase in the parking fee.

At the Community Swim Center, residents' daily use will be \$1.50 for youth and seniors, and \$2.00 for adults. All resident passes sold beginning July 1 will reflect an increase of \$4.50 to \$39.00 dependent upon the age of the swimmer, season, and length of the pass. Those who purchase summer or annual passes by June 30 will be able to swim for the duration of the pass at the lesser rate.

If renting a City facility, resident rates for our smaller rooms will be increasing by two to five dollars per hour, and at the larger facilities, from two to eleven dollars per hour. Poway-located non-profit group regular meetings are still permitted at certain sites at no charge, however, considering the vast number of resident non-profit groups in the city, a change has been made to limit each non-profit to one free rental per week. Should non-profits wish to meet more than once per week, they may rent the site at the applicable non-profit rate.

A complete fee schedule is posted at each facility.

MARK YOUR CALENDAR
Saturday, May 13
Dog Day Celebration

Target Summer Concert Series

All Ages



The Target Summer Concert in the Park Series will continue delighting audiences of all ages this summer. For the fifteenth consecutive year Target Stores and the City of Poway will team up to offer summer concerts at Lake Poway and Old Poway Park. The concert series emphasizes family recreation and cultural experiences in an outdoor setting and provides an opportunity for families and friends to enjoy a variety of musical styles. Concerts will be held Sundays from 5:30 p.m. to 7:00 p.m. and the fun will continue every Sunday (except July 2) through August 20.

Everyone is invited to bring a blanket or chair, a picnic dinner or snack, and head out to the park for some great summer fun. The concerts will be held at Lake Poway, 14644 Lake Poway Road, and at Old Poway Park, 14134 Midland Road. Lake Poway Concert Information: (858) 668-4771, Old Poway Park Concert Information: (858) 668-4576.

The Target Summer Concert in the Park Series includes the following line-up:

Date	Location	Performer	Musical Style
June 25	Lake Poway	Fabulous Ultratones	Classics/Upbeat Rock-n-Soul
July 9	Old Poway Park	Judy Taylor & The Wild Oats	Wild West Music & Arts Show
July 16	Lake Poway	Highland Way	Scottish Celtic
July 23	Old Poway Park	Nannette & Her Hotsy Tosty Boys	Roaring 20's
July 30	Lake Poway	Upstream Island	Reggae
August 6	Old Poway Park	The Mark Jackson Band	Traditional Country & Roots
August 13	Lake Poway	Nitro Express	Classic Country
August 20	Old Poway Park	7th Day Buskers	Roots Style Folk/Bluegrass & Blues

The Bands are Coming

The weekend of May 13 and 14 will bring 17 concert bands from San Diego County and from as far away as Arizona to the living historic village of Old Poway Park. In celebration of the Armed Forces, the City of Poway and the Pomerado Community Band will present a FREE line up of live patriotic music. This unique event will be Saturday, May 13 from 9:20 a.m. to 8:00 p.m. and Sunday, May 14, from 10:50 a.m. to 7:30 p.m. Scheduled to close out the festivities on Saturday will be the Navy Southwest Band starting at 7:00 p.m., while the final performance for Sunday will be the San Diego Marine Band starting at 6:30 p.m. A booth fair, complete with crafters and food will also be featured both days. Stop by and enjoy the music, food, and Poway's own "turn-of-the-century" village. Information: (858) 668-4576.

Old-fashioned Fourth of July

Celebrate July 4th at the annual Old-fashioned Fourth of July event at Old Poway Park! Held on Tuesday, July 4 from 10:00 a.m. to 4:00 p.m., the event is complete with live music, steam train rides, mock gunfight demonstrations and train robberies, a picnic lunch, a good old-fashioned Ice Cream Social, delicious treats and goodies, Uncle Sam visits and free children's crafts and activities! See old-fashioned displays of antique clocks, quilts, model trains, crafts, and Ford Model-T cars. Visit the Heritage Museum, have your face painted, or watch our village blacksmith perform iron working. There's so much old-tyme fun to be had. For more details, see page 13. Information: (858) 668-4576.

Fourth of July Fireworks

The annual Fourth of July fireworks show will be held at the Poway High School stadium. The gates will open to the public at 5:00 p.m. for entry into an incredible and spectacular display of fireworks. Bleacher and blanket seating will be available inside the stadium. The fireworks show will start at 9:00 p.m. There will be a nominal fee for children's activities in the fun zone from 5:00 p.m. to 9:00 p.m. A live concert will be featured before and after the fireworks, for all ages to enjoy. The fireworks show may also be viewed from the Lake Poway Recreation Area. If you or your company wishes to contribute to the Fireworks Trust Fund, call (858) 668-4582. No donation is too small. The City of Poway thanks past sponsors and invites you and your family and friends to enjoy this traditional celebration of patriotism in your community.

Tue	5:00-10:00pm	July 4	\$2/person at the gate Children under 11 / FREE
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Youth Day

Ultimate Pool Party

6 to 12 years

Hey Kids! Come and celebrate the start of summer with the biggest pool party ever at the Poway Swim Center, Thursday, June 22, it promises to be a great day, full of fun and adventure for youth. Wet and wild pool games will include inner tube races, a huge inflatable slide, pool basketball, penny dives, and more. Crazy contests with great prizes include: watermelon eating, big splash off the high dive, water balloon toss, hula-hoop, limbo, and others! You will also have a chance to try your skill on the 25' Rock Climbing Wall and slide down the Slip'n'Slide. A DJ will be playing your favorite tunes and requests. We will serve a delicious picnic lunch that includes: cheese pizza, chips, fruit, cookies, punch, and fantastic snacks of tasty snow cones and hot buttery popcorn. Several take home arts and crafts projects will be available. Qualified recreation staff will supervise; however, a parent must accompany six year olds. Youth may remain in the auditorium from 2:00 p.m. until 5:00 p.m. while a movie is being shown for an additional fee. Pre-register by June 15. Information: (858) 668-4570.

	Res/Nonres
2923.100 Thu June 22 8:00 am-2:00pm	\$10/\$20 pre-registration \$14/\$24 day of event
2923.101 Thu June 22 2:00-5:00pm	\$3/\$5 after care

Community Day Celebration

This year's Poway Community Day Celebration will be held Saturday, September 16, 2006. Poway Community Day is held at the Poway Community Park, 13094 Civic Center Drive. The celebration will begin at 9:00 a.m. with the Poway Heritage parade, starting at Pomerado Road and continuing down Poway Road to the Community Park.

The annual Lions Club Pancake Breakfast will be held in the Poway Senior Center beginning at 7:00 a.m. The Community Day festivities will begin at 11:00 a.m. and continue throughout the day. The Community stage will feature demonstrations from various City programs as well as local dance groups. The main stage will have a powerhouse line-up of musical entertainment for the day.

Local Poway businesses and nonprofit agencies make this a great day for everyone. Businesses are invited to participate in this year's event by registering for a booth through the Poway Community Services Administrative Offices, located at 13325 Civic Center Drive. Vendors are encouraged to register early to ensure a great booth location. Walk in booth registration will begin on June 26, 2006 and continue until September 14. Registration will be taken Monday through Friday from 8:00 a.m. to 5:00 p.m. For more information regarding booth rentals contact the Community Services Department (858) 668-4580.

THIS YEAR'S COMMUNITY DAY ENTERTAINMENT WILL FEATURE GAMES, KIDDIE RIDES THROUGHOUT THE DAY, AND A HUGE FIREWORKS SHOW IN THE EVENING.

SUMMER CAMPS

Lake Poway Day Camp

6 to 12 years

Lake Poway is the perfect place for summer fun! Each week children have the opportunity to go hiking, boating, fishing, swimming, create arts and crafts, and play exciting group games. A new and exciting field trip awaits campers for each new session. The camps, offered in 8, one-week sessions, beginning the week of June 26, through the week of August 14, will give the children a chance to make new friends, visit exciting places, learn fun games, and create crafts. Camp hours are from 8:00 a.m. to 4:00 p.m. with the exception of the "Sea World/Sleepover" week, that features a sleepover on Thursday night at the Poway Community Center with a pizza party, movies, and fun all night long. Camp will end at 9:00 a.m. Friday, July 28. Extended care will be available each day from 4:00 p.m. to 5:30 p.m. for \$25 per week. Each Tuesday and Thursday offers a swim day at Poway Community Swim Center. Children will need to be dropped off and picked up at the Swim Center on swim days. For registration purposes, proof of age is required for all 6-year-old campers at the time of registration. Lunch will be provided on field trip days to Wave Water Park and Knott's Soak City. **No camp held on Tuesday, July 4.**

				Res/Nonres
2934.101	M-F	Wave Water Park	Jun 26-Jun 30	\$100/\$110
2934.102	M/W/Th/F	Knott's Soak City 1	Jul 3-Jul 7	\$90/\$100
2934.103	M-F	Oceanside Beach 1	Jul 10-Jul 14	\$100/\$100
2934.104	M-F	Padre Game	Jul 17-Jul 21	\$100/\$110
2934.105	M-F	Sea World/Sleepover	Jul 24-Jul 28	\$100/\$110
2934.106	M-F	Solid Rock Gym	Jul 31-Aug 4	\$100/\$110
2934.107	M-F	Oceanside Beach 2	Aug 7-Aug 11	\$100/\$110
2934.108	M-F	Knott's Soak City 2	Aug 14-Aug 18	\$100/\$110

Extended Day Care

6 to 12 years

Extended day care will be offered for Lake Poway Day Camp participants from 4:00 p.m. to 5:30 p.m. Recreation Leaders will supervise. Children must be signed up for extended care at the time of registration. Space is limited to 20 children. No extended care will be available on July 28.

				Res/Nonres
2933.101	M-F	Wave Water Park	Jun 26-Jun 30	\$25/\$35
2933.102	M/W/Th/F	Knott's Soak City 1	Jul 3-Jul 7	\$20/\$30
2933.103	M-F	Oceanside Beach 1	Jul 10-Jul 14	\$25/\$35
2933.104	M-F	Padre Game	Jul 17-Jul 21	\$25/\$35
2933.105	M-F	Sea World/Sleepover	Jul 24-Jul 27	\$20/\$30
2933.106	M-F	Solid Rock Gym	Jul 31-Aug 4	\$25/\$35
2933.107	M-F	Oceanside Beach 2	Aug 7-Aug 11	\$25/\$35
2933.108	M-F	Knott's Soak City 2	Aug 14-Aug 18	\$25/\$35

Counselor-in-Training

13 to 17 Years

If you are looking for a fun and challenging experience this summer, then the City of Poway Counselor-in-Training (CIT) program is for you. Participants will experience the camp counselor role by assisting regular camp staff during the eight weeks of summer day camp at Lake Poway. Training will include leadership, crafts, games, water safety, and fishing techniques. Mandatory interviews will take place at the Community Center on June 17 at noon, and mandatory training will take place at Lake Poway from 8:00 a.m. to 4:00 p.m. on June 24. Camp hours are from 8:00 a.m. to 4:00 p.m. During the "Sea World/Sleepover" week there will be an overnight campout on Thursday night, and camp will end at 9:00 a.m. on July 28. All CITs may register for a maximum of three camp sessions. CITs must sign up for set sessions and there is a limit of 6 CITs per week. Registration fee includes a camp T-shirt. Lunch is provided on field trip days to Wave Water Park and Knott's Soak City.

				Res/Nonres
2935.101	M-F	Wave Water Park	Jun 26-Jun 30	\$50/\$60
2935.102	M/W/Th/F	Knott's Soak City 1	Jul 3-Jul 7	\$40/\$50
2935.103	M-F	Oceanside Beach 1	Jul 10-Jul 14	\$50/\$60
2935.104	M-F	Padre Game	Jul 17-Jul 21	\$50/\$60
2935.105	M-F	Sea World/Sleepover	Jul 24-Jul 28	\$50/\$60
2935.106	M-F	Solid Rock Gym	Jul 31-Aug 4	\$50/\$60
2935.107	M-F	Oceanside Beach 2	Aug 7-Aug 11	\$50/\$60
2935.108	M-F	Knott's Soak City 2	Aug 14-Aug 18	\$50/\$60

TINY TYKES CAMPS

Tiny Tots Sports Camp

3 to 6 Years

This one-week sports camp is designed to provide an introduction to sports and motor skills development for little athletes. Young children will experience different sports throughout the week. Parents are encouraged to attend. Each child will receive an achievement certificate. Camp taught by City of Poway Recreation Leaders at Meadowbrook Middle School Gymnasium. Class is limited to 20 participants. Information: (858) 668-4570.

				Res/Nonres
4011.100	Mon-Fri	2:45-3:45pm	Jul 31-Aug 4	\$15/\$25
4011.101	Mon-Fri	4:00-5:00pm	Jul 31-Aug 4	\$15/\$25

Discovery Time

3 to 6 Years

Explore a variety of fun summer activities in a success and positive-oriented environment. Creative arts and crafts, cooperative games, water play, and one trip to the "kiddie pool" at the Community Swim Center, are the agenda for the week. Each week has a different theme, so sign up for more than one camp session. Come join the fun and make new friends. Please bring a snack each day. Must be potty trained. **Materials fee: \$15 to be paid to instructor on the first day of class.** Classes held at Poway Community Park, Youth Activity Room. Instructor: Debi Supergan.

				Res/Nonres
4011.102	Mon-Fri	10:00am-1:00pm	Jun 19-Jun 23	\$75/\$85
4011.103	Mon-Fri	10:00am-1:00pm	Jul 10-Jul 14	\$75/\$85
4011.104	Mon-Fri	10:00am-1:00pm	Jul 17-Jul 21	\$75/\$85
4011.105	Mon-Fri	10:00am-1:00pm	Aug 7-Aug 11	\$75/\$85

In The Garden

3 to 5 Years

Explore the different parts of a garden and learn about seeds, soil, and sprouts. Learn about insects' fabulous flying ability. Examine fruits, vegetables, plants, and leaves using a microscope designed for preschoolers. Take home projects including seed badges, sun visors, bean bracelets, veggie placemat, and a bug necklace! **Materials fee: \$30 to be paid to instructor on the first day of class.** Classes held at Poway Community Park, Youth Activity Room. Instructor: Mad Science of San Diego.

				Res/Nonres
4011.106	Mon-Fri	9:00am-12:00pm	Jun 26-Jun 30	\$95/\$105
4011.107	Mon-Fri	1:00-4:00pm	Jul 24-Jul 28	\$95/\$105

My First Lab

3 to 5 Years

Become a junior Mad Scientist! This new camp is a great introduction to science. Participants will explore their sense of sight, sound, smell, taste, and touch. Children use a magnifying glass to discover the world of creepy crawly creatures. Explore the science of the sea and the fascinating creatures that live there. Campers become paleontologists by searching for fossils and participating in a mini dinosaur dig. Finally, take an exciting mission to explore the planets, moons, and stars. Take home projects include a rainbow catcher, binoculars, bug box, T-Rex tooth model and more! **Materials fee: \$30 to be paid to instructor on the first day of class.** Classes held at Poway Community Park, Youth Activity Room. Instructor: Mad Science of San Diego.

				Res/Nonres
4011.108	Mon-Fri	9:00am-12:00pm	Jul 24-Jul 28	\$95/\$105



CREATIVE KIDS CAMPS

Art Start Art Camp 7 to 14 Years

Enjoy a week full of art in the most creative camp ever! Susan Bainbridge's Art Camp returns to Poway with different projects every week (and lots of drawing, of course). Explore a variety of media from pastel to watercolor in a relaxed and fun atmosphere. Projects will include mask casting from your own face, tie-dyeing T-shirts, draw your favorite cartoon characters, shrink art, and more. Try your hand at ceramics, jewelry making, or mosaic tile while learning all about art. Snacks will be provided. Bring a washed cotton T-shirt to the first class. Sign up for a half- or full-day camp. All full-day campers should bring a sack lunch each day. Classes will be held at the Old Poway Park Great Room. **Materials fee: \$40/half-day camps, \$60/full-day camps to be paid to instructor on the first day of class.** Instructor: Susan Bainbridge

				Res/Nonres
6182.100	Mon-Fri	9:00am-12:00pm	Jul 10-Jul 14	\$85/\$95
6182.101	Mon-Fri	9:00am-12:00pm	Jul 17-Jul 21	\$85/\$95
6182.102	Mon-Fri	9:00am-12:00pm	Jul 24-Jul 28	\$85/\$95
6182.103	Mon-Fri	9:00am-12:00pm	Jul 31-Aug 4	\$85/\$95
6182.104	Mon-Fri	9:00am-12:00pm	Aug 7-Aug 11	\$85/\$95
6182.105	Mon-Fri	9:00am-12:00pm	Aug 14-Aug 18	\$85/\$95
6182.106	Mon-Fri	12:30-3:30pm	Jul 10-Jul 14	\$85/\$95
6182.107	Mon-Fri	12:30-3:30pm	Jul 17-Jul 21	\$85/\$95
6182.108	Mon-Fri	12:30-3:30pm	Jul 24-Jul 28	\$85/\$95
6182.109	Mon-Fri	12:30-3:30pm	Jul 31-Aug 4	\$85/\$95
6182.110	Mon-Fri	12:30-3:30pm	Aug 7-Aug 11	\$85/\$95

				Res/Nonres
6182.111	Mon-Fri	9:00am-3:30pm	Jul 10-Jul 14	\$150/\$160
6182.112	Mon-Fri	9:00am-3:30pm	Jul 17-Jul 21	\$150/\$160
6182.113	Mon-Fri	9:00am-3:30pm	Jul 24-Jul 28	\$150/\$160
6182.114	Mon-Fri	9:00am-3:30pm	Jul 31-Aug 4	\$150/\$160
6182.115	Mon-Fri	9:00am-3:30pm	Aug 7-Aug 11	\$150/\$160
6182.116	Mon-Fri	9:00am-3:30pm	Aug 14-Aug 18	\$150/\$160

Earth Explorers 5 to 10 Years

Explore the wonders of Planet Earth and get a birds-eye view of the animal kingdom. Take a walk on the wild side and discover the amazing ways animals adapt to their environments. Learn about birds of prey and creepy crawly creatures. Campers experiment with solar energy and discover ways to keep the earth clean. Take home projects include a bug house, animal track, sundial, solar cooker, mini-skeleton and more. Camp held at the Old Poway Park Parlour House. **Materials fee: \$30 to be paid to instructor on the first day of class.** Instructor: Mad Science San Diego.

				Res/Nonres
6182.117	Mon-Fri	1:00-4:00pm	Jul 17-Jul 21	\$95/\$105

Girls in the Lab

5 to 10 Years

Girls, get ready for an awesome science camp just for you. Learn about famous women scientists who were so passionate about their work that they devoted their lives to the advancement of science. We will celebrate brilliant female scientists who have shown courage, innovation, and determination. Create a volcanic eruption and examine rocks formed from volcanic magma. Discover the secret behind the stars and make a star chart. Assemble your own kite and glider as you experiment with lift, aerodynamics, and air pressure. Take home items include: a crystal garden, magnetic soccer game, animal track, rocket racer, star locator, kite, wave modulator, gemstones, T-rex tooth and more! **Materials fee: \$30 to be paid to instructor on the first day of class.** Instructor: Mad Science of San Diego.

				Res/Nonres
6182.118	Mon-Fri	1:00-4:00pm	Jun 26-Jun 30	\$95/\$105
6182.119	Mon-Fri	1:00-4:00pm	Jul 24-Jul 28	\$95/\$105

Robots & Reactions

8 to 12 Years

Discover the incredible things that robots can do. Learn about balance and center of gravity as you build your very own rolling robot. Experiment with robotic arms and infrared robots. Work with simple machines that can lift objects and launch them into the air. Learn the basics of chemistry and be amazed by radical reactions. Take home projects include a Roly-Poly Robot, super ball, catapult launcher, rocket racer, Mad Science silly putty and more. **Materials fee: \$45 to be paid to instructor on the first day of class.** Instructor: Mad Science of San Diego.

				Res/Nonres
6182.120	Mon-Fri	9:00am-12:00pm	Jul 10-Jul 14	\$95/\$105
6182.121	Mon-Fri	9:00am-12:00pm	Jul 31-Aug 4	\$95/\$105

Secret Agent Lab

7 to 12 Years

Become a Mad Science detective. Investigate a pretend crime scene and decode secret messages. We will collect fingerprints, gather clues, and transform the room into a pretend crime lab. Compare fingerprints and discover why no two fingerprints are the same. Explore the systems of the human body and learn how medical science is used to solve mysteries. Discover how DNA makes each person unique. Take home projects include a detective kit, secret decoder, I.D. kit, model skeleton, T-Rex tooth and more. **Materials fee: \$30 to be paid to instructor on the first day of class.** Instructor: Mad Science of San Diego.

				Res/Nonres
6182.122	Mon-Fri	9:00am-12:00pm	Jul 17-Jul 21	\$95/\$105
6182.123	Mon-Fri	1:00-4:00pm	Aug 7-Aug 11	\$95/\$105

CREATIVE KIDS CAMPS

Sign Language Club

3 to 10 Years

Want to learn something new, different, and fun this summer! Sign up with a friend and enter the world of signing together. This week of sign language will teach basic vocabulary and finger spelling in a fun filled positive environment, while learning games, rhymes, songs, and simple sentences in American Sign Language. Parents are invited to stay the last day, if they would like to observe. Classes held at Poway Community Park, Youth Activity Room. Instructor: Debi Supergan.

				Res/Nonres
6182.124	Mon-Fri	1:00-2:00pm	Jun 19-Jun 23	\$20/\$30
6182.125	Mon-Fri	1:00-2:00pm	Jul 10-Jul 14	\$20/\$30
6182.126	Mon-Fri	1:00-2:00pm	Jul 17-Jul 21	\$20/\$30
6182.127	Mon-Fri	1:00-2:00pm	Aug 7-Aug 11	\$20/\$30

Flight Academy

3 to 10 Years

Sign up for Mad Science Flight Academy and explore the fundamentals of flight. Learn celestial navigation and discover the wonders of the Milky Way. See how air and wind affect kites, hot air balloons, and parachutes. Discover the fundamentals of rocketry, the stages of rocket flight and experiment with huge water rockets and stomp rockets. See an amazing rocket launch that soars into the sky! Take-homes include the new Mad Science Skyblazer rocket, a rubber band-powered airplane, kite, boomerang, telescope, min-flying disc, propeller driven space orbiter and more! **Materials fee: \$30 to be paid to instructor on the first day of class.** The camp will be held at Lake Poway Ballfield Building, located at 14644 Lake Poway Road.

				Res/Nonres
6182.128	Mon-Fri	9:00am-12:00pm	Jun 26-Jun 30	\$95/\$105
6182.129	Mon-Fri	1:00-4:00pm	Jul 24-Jul 28	\$95/\$105

SPORTS CAMPS

Middle School Girls Basketball

11 to 14 Years

This camp is for the basketball player who is serious about learning intermediate and advanced techniques for their age level. Girls will learn fundamentals and techniques necessary to be on track for successful play at the next level. Beginning players who are inexperienced, but willing to learn are also encouraged to attend. Participants need to be entering 6th to 8th grade next year for registration in this program. Classes held at Twin Peaks Middle School Gymnasium. Instructor: Jay Trousdale. Class is limited to 40 participants.

				Res/Nonres
2443.100	Mon-Thu	12:30-3:00pm	Jul 10-Jul 13	\$100/\$110

Intermediate Girls Basketball

14 to 16 Years

This intermediate camp is for the high school girl's freshman and junior varsity caliber player. Offensive and defensive fundamentals needed for high school play will be emphasized. Four-on-four and five-on-five team concepts will be stressed. Perimeter and post play will be emphasized through group work. Participants need to be entering 9th and 10th grade next year for registration in this program. Classes held at Meadowbrook Recreation Center. Instructor: Jay Trousdale.

				Res/Nonres
2443.101	Mon-Thu	2:30-4:30pm	Jun 26-Jun 29	\$110/\$120
	Wed-Fri	2:30-4:30pm	Jul 5-Jul 7	(for 2 weeks)

Advanced Girls Basketball

15 to 18 Years

This advanced camp is for the high school girl varsity caliber player. Offensive and defensive fundamentals will be emphasized. Four-on-four and five-on-five team concepts will also be stressed. Perimeter play and post play will be emphasized at both ends of the floor. Participants need to be entering 10th to 12th grade next year for registration in this program. Classes held at Meadowbrook Recreation Center. Instructor: Jay Trousdale.

				Res/Nonres
2443.102	Mon-Thu	12:30-2:30pm	Jun 26-Jun 29	\$110/\$120
	Wed-Fri	12:30-2:30pm	Jul 5-Jul 7	(for 2 weeks)

Girls Outside Hitters Volleyball Camp

14 to 17 Years

This class is designed to help outside (right side and left side) spikers be more efficient (less errors) and still work on higher kill percentages. Various drills where hitters will practice techniques from free balls, serve receive, over-passing, digging back-row and emergency positions are included. Game type termination drills and control drills are a part of the class. Class to be held at Meadowbrook Recreation Center. High school only. Instructor: Lisa Reis.

				Res/Nonres
2443.103	Mon-Fri	12:30-3:00pm	Jul 17-Jul 21	\$105/\$115

Girls Outside Hitters/Blockers/Setters/Opposites Camp

14 to 17 Years

This class is designed to improve the volleyball "transition" game; defense to offense and back again. Setters will practice footwork, location of sets and height accuracy. "Opposites" are also encouraged to attend. Hitters will practice footwork, reading opponents, blocking techniques, and improve various offensive skills. High school only and/or permission from instructor. Class to be held at Meadowbrook Recreation Center. Instructor: Lisa Reis.

				Res/Nonres
2443.104	Mon-Fri	3:00-5:30pm	Jul 17-Jul 21	\$105/\$115

Girls Volleyball 6-on-6 Team Play Tune Up

16 to 18 Years

This class is where players "put it all together" through proper TEAM defensive and offensive mechanics. Some of the activities include role playing, sizing up your opponents, enhancing team strengths, team spirit: playing up to your potential as a complete player of the game of volleyball. A tournament concludes the camp on Friday (parents welcome). JV or varsity caliber or instructor approval. Class to be held at Meadowbrook Recreation Center. Instructor: Lisa Reis.

				Res/Nonres
2443.105	Mon-Fri	12:30-3:00pm	Aug 7-Aug 11	\$105/\$115

Girls Volleyball 6-on-6 High School Intro

13 to 15 Years

This class is where players "put it all together" through proper TEAM defensive and offensive mechanics. Some of the activities include role playing, sizing up your opponents, enhancing team strengths, team spirit, playing up to your potential as a complete player of the game of volleyball. A tournament concludes the camp on Friday (parents welcome). Frosh/JV caliber or instructor approval. Class to be held at Meadowbrook Recreation Center. Instructor: Lisa Reis.

				Res/Nonres
2443.106	Mon-Fri	3:00-5:30pm	Aug 7-Aug 11	\$105/\$115

Boys and Girls All Skills Volleyball Camp

10 to 13 Years

The skills of serving, passing, spiking, and digging will be taught and practiced. Students will participate in challenging, motivating, and active drills throughout camp. Fun, game-type activities will be included. The last day of camp is tournament play (parents welcome). Nobody trying out for high school volleyball allowed. Class to be held at Meadowbrook Recreation Center. Instructor: Lisa Reis.

				Res/Nonres
2443.107	Mon-Fri	9:30am-12:00pm	Jul 31-Aug 4	\$105/\$115

Tennis

6 to 13 Years

This camp will consist of forehand and backhand ground stroke drills, volley drills, serving drills, return of serve, games, singles and doubles strategy, court positioning, and conditioning. These techniques are designed to enhance a player's ability, to help form a better-rounded tennis enthusiast. Court etiquette, scoring system, and footwork drills will also be covered. Snacks provided each day. Racquets will be provided, if necessary. Camps held at Poway Community Park, Tennis Courts. Instructor: Art Christophiades. **A camp shirt will be provided to all participants.**

				Res/Nonres
2443.108	Mon-Fri	9:00-11:00am	Jun 26-Jun 30	\$85/\$95
2443.109	Mon-Fri	9:00-11:00am	Jul 10-Jul 14	\$85/\$95
2443.110	Mon-Fri	9:00-11:00am	Jul 17-Jul 21	\$85/\$95
2443.111	Mon-Fri	9:00-11:00am	Jul 24-Jul 28	\$85/\$95
2443.112	Mon-Fri	9:00-11:00am	Jul 31-Aug 4	\$85/\$95
2443.113	Mon-Fri	9:00-11:00am	Aug 7-Aug 11	\$85/\$95
2443.114	Mon-Fri	9:30-11:30am	Aug 14-Aug 18	\$85/\$95

Archery Camps

7 and Older

Archery shooting fundamentals is an exciting first step into beginning archery. This class will consist of 5 shooting sessions (one week). This course will allow the new or experienced archer to improve during the week while at the same time having fun with special archery activities. A level III National Coach will teach the fundamentals and assist class patrons to become proficient in the sport. We will have fun archery games in this class and at the end of the week we will be having a mini tournament to determine the best of the best. All equipment will be supplied to those that do not have their own. **Materials fee: \$15 to be paid to instructor on the first day of class.** Classes are held at the Lake Poway Archery Range, located at 14644 Lake Poway Road. Instructor: Wayne Hallett.

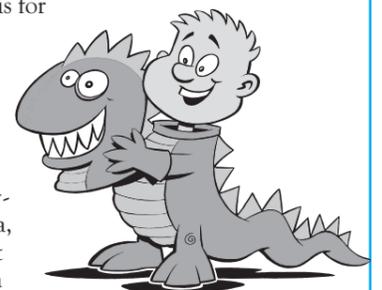
				Res/Nonres
2443.115	Mon	9:00-11:00am	Jul 10	\$75/\$85
	Tue-Fri	9:00-10:00am	Jul 11-Jul 14	
2443.116	Mon	9:00-11:00am	Jul 17	\$75/\$85
	Tue-Fri	9:00-10:00am	Jul 18-Jul 21	
2443.117	Mon	9:00-11:00am	Jul 31	\$75/\$85
	Tue-Fri	9:00-10:00am	Aug 1-Aug 4	

CHILDREN'S ACTIVITIES

Little Shows Acting Workshop

3 to 5 Years

This acting class is for any young child who loves dinosaurs. The class will motivate your child's imagination and encourage creativity through drama, music, movement and art, all with a dinosaur theme.



Each fun filled class includes circle time, workshop, rehearsal and an art project. Students will present a dinosaur show for their families on the last day of class, using costumes and props that they have made for the show. **Materials fee: \$10 to be paid to instructor on the first day of class.** Classes held at Poway Community Park Youth Activity Room. Instructor: Kat Fitzpatrick.

				Res/Nonres
4011.109	Mon	2:15-3:15pm	Jul 10-Aug 21	\$60/\$70

Little Shows Kid's Choir

3 to 5 Years

This workshop emphasizes young children singing together as a group. Classes include singing time, learning the scale, working on basic rhythm skills, introducing music styles, moving to music, and musical games. The last class is a recital for the parents. Classes held at Poway Community Park Youth Activity Room. Instructor: Kat Fitzpatrick.

				Res/Nonres
4011.110	Mon	3:30-4:00pm	Jul 10-Aug 21	\$45/\$55

CHILDREN'S DANCE

Dance/Tap Workshop: Held at Poway Community Park Auditorium. Instructor: Debbora Childress. For information on classes only, call (760) 747-9777.

Dance for Children 3 to 5 Years

Dance...Sing...Tumble...Balance...Imagine...Express... Gain self-confidence and flexibility during this fun-filled introduction to dance/tumbling. Boys and girls will experience the joys of movement and creative expression and come away equipped with skills valued for a lifetime. This ongoing program is designed to increase in difficulty with continued enrollment. Come join the fun! Wear comfortable clothing and ballet slippers or bare feet. Continuing students can participate in our full-scale dance recital at the PCPA in June 2007!

					Res/Nonres
5111.100	Mon	10:00-10:45am	Jul 24-Aug 21		\$55/\$65

Tap & Dance Workshop

3 to 17 Years

This fun-filled, action-packed, dynamic summer tap workshop will offer a new dance experience each week! Combination classes will include tap with: ballet, tumbling, jazz, creative dance, and much more. Come join the fun! The summer session is a great time for new students to begin and for continuing students to enjoy a variety of dance activities. Tap and ballet shoes and dance attire required. Continuing students can participate in our full-scale dance recital at the PCPA in June 2007!

					Res/Nonres
3 to 4 Years					
5111.101	Mon	11:00am-12:00pm	Jul 24-Aug 21		\$55/\$65
5 to 6 Years					
5111.102	Mon	2:00-3:00pm	Jul 24-Aug 21		\$55/\$65
7 to 9 Years					
5111.103	Mon	3:00-4:00pm	Jul 24-Aug 21		\$55/\$65
10 to 12 Years					
5111.104	Mon	4:00-5:00pm	Jul 24-Aug 21		\$55/\$65

Ballet: All participants in classes located at the Poway Boys & Girls Club must register for membership through the club. The annual membership is \$50, and scholarships are available through the club. Please contact the Poway Boys & Girls Club directly at (858) 748-9933 for more information. Instructor: Linda Kincaid. No class July 1, 4, and 6.

Pre-ballet

3 to 5 Years

A ballet class developed to introduce preschoolers to the fundamentals of ballet. Through rhythm games, coordination exercises, and simple ballet exercises, students learn what they need to prepare them for Ballet I. Attire: leotard and tights, ballet shoes are recommended. Students will graduate from Pre-ballet into the Ballet I intermediate class with an instructor referral.

					Res/Nonres
Community Park Auditorium					
5141.100	Tue	9:30-10:20am	Jun 20-Aug 29		\$60/\$70
Poway Boys & Girls Club					
5141.101	Thu	3:30-4:20pm	Jun 22-Aug 31		\$60/\$70
Twin Peaks Multipurpose Room					
5141.102	Sat	10:00-10:50am	Jun 24-Sep 2		\$60/\$70

Ballet I

4 to 12 Years

The fundamentals of ballet will be taught in a manner that combines art, discipline, stretching, rhythm, and fun. Instruction is designed to allow each individual to progress at their own pace and comfort. A simple, fun dance will be taught to help students feel proud of their accomplishment.

					Res/Nonres
Beginner - Ages 5 to 12 years					
Poway Boys & Girls Club					
5141.103	Tue	5:00-5:50pm	Jun 20-Aug 29		\$60/\$70
Ages 6 to 10 years					
Twin Peaks Multipurpose Center					
5141.104	Sat	11:00-11:50am	Jun 24-Sep 2		\$60/\$70
Intermediate (Pre-Ballet Graduates and Instructor Referral Only) - Ages 4 to 7 years					
Poway Boys & Girls Club					
5141.105	Thu	4:30-5:20pm	Jun 22-Aug 31		\$60/\$70

Ballet II

6 to 16 Years

Ballet technique, grace, and ability are the emphasis of this level. Existing skills are strengthened as the ballet vocabulary of movement is increased. Must have successfully completed Ballet I or have been tested by the instructor. All pointe students must be tested by the instructor prior to purchasing pointe shoes. Instructor Referral Only.

					Res/Nonres
Poway Boys & Girls Club					
5141.106	Thu	5:30-6:20pm	Jun 22-Aug 31		\$60/\$70
Twin Peaks Multipurpose Room					
5141.107	Sat	12:00-12:50pm	Jun 24-Sep 2		\$60/\$70

Ballet III

7 to 16 Years

Ballet class for the advanced dancer. A class designed to further advance ballet technique and movement vocabulary. New students need to be tested for placement. Instructor Referral Only.

					Res/Nonres
Poway Boys & Girls Club					
5141.108	Thu	6:30-7:20pm	Jun 22-Aug 31		\$60/\$70

Pre-pointe/Pointe Ballet

7 and Older

This class is for dancers who are on pointe or preparing to go on pointe. Emphasis will be on flexibility, strength and proper placement for work on pointe. Instructor Referral Only. New students need to be tested for placement.

					Res/Nonres
Poway Boys & Girls Club					
5141.109	Tue	4:00-4:50pm	Jun 20-Aug 29		\$60/\$70

Hip Hop, Jazz Dance, Dance/Fitness, Dance Camp: Classes held at Academy of Arts & Dance, Studio "A", 13378 Poway Road, in the Poway Valley Center. Instructors: Marcelina Contreras, Tara Giracello, and Judith Scudder. Please call (858) 748-0701, with any questions.

Hip Hop

8 and Older

Hip Hop is an eclectic dance style that challenges students to open their minds to energetic and free-style street dancing, while teaching them precision and control. For the best freedom of movement, please wear a t-shirt, jazz or capri pants, and dance sneakers. No jeans or shorts please! Continuing students will be invited to perform in the annual recital in June. There will be a charge for costumes to be paid by the participants.

					Res/Nonres
5 to 7 Years					
5143.100	Mon	4:00-4:30pm	Jul 10-Jul 31		\$45/\$55
5143.101	Mon	4:00-4:30pm	Aug 7-Aug 28		\$45/\$55
8 to 11 Years					
5143.102	Mon	5:15-6:15pm	Jul 10-Jul 31		\$45/\$55
5143.103	Mon	5:15-6:15pm	Aug 7-Aug 28		\$45/\$55
12 and Older					
5143.104	Mon	6:15-7:15pm	Jul 10-Jul 31		\$45/\$55
5143.105	Mon	6:15-7:15pm	Aug 7-Aug 28		\$45/\$55

Jazz Dance

8 and Older

Jazz is the free interpretation of music through dance with most of the movements taken from classical ballet and "stylized" for jazz. For the best freedom of movement, please wear a t-shirt, jazz or capri pants, and jazz shoes. No jeans or shorts please! Continuing students will be invited to perform in the annual recital in June. There will be a charge for costumes to be paid by the participants.

					Res/Nonres
8 to 11 Years					
5143.106	Fri	5:30-6:15pm	Jul 14-Aug 4		\$45/\$55
5143.107	Fri	5:30-6:15pm	Aug 11-Sep 1		\$45/\$55
Jazz/Modern - 12 and Older					
5143.108	Mon	7:15-8:15pm	Jul 10-Jul 31		\$45/\$55
5143.109	Mon	7:15-8:15pm	Aug 7-Aug 28		\$45/\$55

NOTE: How to read class information

Class#	Days	Times	Dates	Res/Nonres
0000.311	Mon	10:45-11:45am	Jul 10-Aug 14	\$40/\$45
0000.312	Tue	10:45-11:45am	Jul 11-Aug 15	\$40/\$45

TEEN/ADULT DANCE

Beginning Ballet 13 and Older

Ever wish you had taken ballet classes when you were younger? Well, here's your chance to turn the clock back. This new class is for the beginning student who wants to try this beautiful dance form, as well as exercise to wonderful music. Classes held at Twin Peaks Recreation Center. Instructor: Linda Kincaid.

					Res/Nonres
5317.100	Sat	9:00-10:00am	Jun 24-Sep 2		\$60/\$70

Ballroom Dancing 12 and Older

Learn to move to the rhythm of the Latin beat and enjoy the world of Latin dancing through the Salsa, Cha-Cha, Rumba, and Samba. This is an introductory program designed to teach you the basic steps to get you moving comfortably with your partner about the dance floor. There will be an Open Dance Party every Friday at 7:30 p.m. to give our ballroom students the opportunity to practice what they've learned that week. Classes held at Academy of Arts & Dance, Studio "A", 13378 Poway Road, in the Poway Valley Center. Instructor: Maria Tarleton. Please call the studio, (858) 748-0701, for information on the appropriate dance shoes for this class.

					Res/Nonres
12 to 17 Years					
5317.101	Wed	7:30-8:30pm	Jul 12-Aug 2		\$50/\$60
5317.102	Wed	7:30-8:30pm	Aug 9-Aug 30		\$50/\$60
18 and Older					
5317.103	Fri	6:15-7:15pm	Jul 14-Aug 4		\$50/\$60
5317.104	Fri	6:15-7:15pm	Aug 11-Sep 1		\$50/\$60



GYMNASTICS

Gymnastics: All classes held at Poway Gymnastics, 12850 Brookprinter Place. No snaps, zippers, or buttons on clothes. Please wear comfortable clothes or leotards. Instructor: Tony Salmeri. Information: (858) 748-1716. No class May 29.

Mom & Tot Walking to 3 Years

This class is designed for toddlers and their parents to participate together in basic gymnastics while interacting with other children and an instructor. At this level the students learn educational gymnastics. They will develop their basic motor skills, confidence, balance, coordination, and social interaction in a fun-filled positive atmosphere.

					Res/Nonres
2312.100	Thu	10:45-11:15am	Jun 22-Aug 31		\$119/\$129
2312.101	Sat	10:00-10:45am	Jun 24-Sep 2		\$119/\$129

Super Tot 3 to 5 Years

This class is designed for toddlers to participate in basic gymnastics without their parents, while interacting with other children and an instructor. At this level the students learn educational gymnastics, structure, and discipline. They will develop their gross/fine motor skills, confidence, balance, coordination, and social interaction in a fun-filled positive atmosphere.

					Res/Nonres
2312.102	Thu	10:00-10:45am	Jun 22-Aug 31		\$137/\$147
2312.103	Mon	9:45-10:30am	Jun 24-Sep 2		\$137/\$147

Adv. Beg. Gymnastics 8 to 12 Years

This class is designed for girls who have mastered the beginner level skills and are at least 8 years old. They will learn a combination of the skills learned in the beginner level and a set of progressively harder skills.

					Res/Nonres
2312.104	Wed	3:40-4:40pm	Jun 28-Aug 30		\$154/\$164

YOUTH SPORTS

Beginning Ice Skating 3 to 12 Years

Could your child be an undiscovered skating star? Let your child experience the thrill and excitement of learning this beautiful sport. Fundamental skills will be taught in class and students can practice during open skate time from 3:00 p.m. to 5:00 p.m. Skate rental is included in the fee. Classes held at San Diego Ice Arena, 11048 Ice Skate Place.

3 to 5 Years		Res/Nonres	
2091.100	Wed 4:00-4:30pm	Jul 5-Jul 26	\$40/\$50
2091.101	Wed 4:00-4:30pm	Aug 2-Aug 23	\$40/\$50
6 to 12 Years		Res/Nonres	
2091.102	Wed 4:30-5:00pm	Jul 5-Jul 26	\$40/\$50
2091.103	Wed 4:30-5:00pm	Aug 2-Aug 23	\$40/\$50

Karate is for Kids 4 to 12 Years

Respect, courtesy, manners, mental focus, physical fitness, and coordination, does your child need improvement in any of these areas, then this is the class you want. Experienced professionals will teach and motivate your children. The class is safe, fun, and they will get better at all of the things listed above. A uniform is optional. Information: (858) 486-1003. Classes held at Poway Kenpo Karate, 13246 Poway Road. Instructor: Barry Barker.

4 to 5 Years		Res/Nonres	
2091.104	Mon 3:00-4:00pm	Jul 14-Aug 11	\$45/\$55
6 to 7 Years		Res/Nonres	
2091.105	Wed 5:00-6:00pm	Jul 12-Aug 9	\$45/\$55
8 to 12 Years		Res/Nonres	
2091.106	Wed 4:00-5:00pm	Jul 12-Aug 9	\$45/\$55

Taekwondo 5 to 17 Years

This is a complete martial arts program for boys and girls. Your child is sure to find the class fun and exciting. In addition to learning important self-defense skills, your child will develop respect, self-discipline and confidence. Our internationally certified instructor has over 25 years of experience. The classes are open to both beginners and experienced students. Students may participate in an examination at the end of the session to advance to a higher belt level (for an additional cost). **A martial arts uniform is required and may be purchased from the instructor for \$25.** Classes held at Poway Community Park Bill Bond Hall I. Instructor: Master Joseph Wolpert. **No class July 3 and September 4.**

5 to 13 Years		Res/Nonres	
2091.107	M/W/F 6:00-7:00pm	Jun 26-Sep 8	\$69/\$79
14 to 17 Years		Res/Nonres	
2091.108	M/W/F 7:00-8:00pm	Jun 26-Sep 8	\$69/\$79

Intro to Taekwondo 5 to 17 Years

This course will introduce the students to the philosophy and basic self-defense techniques of taekwondo. An official taekwondo uniform will be provided free to each student. Classes held at Poway Community Park, Bill Bond Hall I. Instructor: Master Joe Wolpert. **No class July 3.**

5 to 13 Years		Res/Nonres	
2091.109	M/W/F 6:00-7:00pm	Jun 26-Jul 7	\$25/\$35
14 to 17 Years		Res/Nonres	
2091.110	M/W/F 7:00-8:00pm	Jun 26-Jul 7	\$25/\$35

Boxing for Kids 8 to 12 Years

This is a fun, safe boxing workout for kids. This is a beginner's class that will NOT include sparring. Have your child learn the skills of boxing, get a great workout and have fun. You will need boxing gloves and hand wraps to fully participate in this class. Approved gear is available through The Boxing Club. Classes held at The Boxing Club, 13242 Poway Road (in the Lively Center). Information: (858) 486-1003. Instructor: Barry Barker.

Res/Nonres	
2091.111	Wed 4:00-5:00pm Jul 5-Aug 2 \$45/\$55

Cheerleading 8 to 11 Years

This is an aerobic fitness program that helps the student develop coordination through specific arm movements, basic stunting, basic tumbling, simple jumps & basic dance moves, all while using popular music. This is a fun way for kids to get fit, stay fit, and have fun! Classes held at Academy of Arts & Dance, Studio "A", 13378 Poway Road, in the Poway Valley Center. Instructor: JeVave Pugh.

Res/Nonres	
2091.112	Mon 4:30-5:15pm Jul 10-Jul 31 \$45/\$55
2091.113	Mon 4:30-5:15pm Aug 7-Aug 28 \$45/\$55

ADULT SPORTS

Open Play Sports All Ages

The City of Poway operates two recreation centers that offers a variety of activities for youth and adults. Basketball, Badminton, and volleyball are just a few of the activities available for your recreation needs. Twin Peaks Multipurpose Center is at 14640 Tierra Bonita Road and Meadowbrook Gymnasium is at 12320 Meadowbrook Lane. Call Twin Peaks at (858) 668-4599 and Meadowbrook at (858) 668-4598 for current open play schedules.

Coed Volleyball 18 and Older

This is an instructional league. When you sign up, you will be assigned to a four-person team based on the instructor's assessment of your skill level. Each evening will consist of league play and instruction. **NOTE:** Prerequisite for advanced play is strong command of basic skills and experience in competitive play. League placement determined by instructor. Classes held at Twin Peaks Multipurpose Center. Instructor: Dick Leatherman. **On July 6, the class will be held at Meadowbrook Gymnasium. Classes on August 31 and September 5 begin at 6:00 p.m.**

Intermediate (Male)		Res/Nonres	
1247.100	Thu 6:30-9:30pm	Jul 6-Aug 31	\$52/\$62
Intermediate (Female)		Res/Nonres	
1247.101	Thu 6:30-9:30pm	Jul 6-Aug 31	\$52/\$62
Advanced (Male)		Res/Nonres	
1247.102	Tue 6:30-9:30pm	Jul 11-Sep 5	\$52/\$62
Advanced (Female)		Res/Nonres	
1247.103	Tue 6:30-9:30pm	Jul 11-Sep 5	\$52/\$62

3-on-3 Basketball League 18 and Older

Hoop it up for exercise and fun in this recreational league. Teams can have up to four persons on their roster and there is free substitution during games. Each Wednesday the teams play half court, best two out of three games to 21 points. The season ends with a tournament with the winners receiving championship shirts. Captain must register their team by completing a registration form. All players must sign the roster before the team's first game. Games are played at Meadowbrook Gymnasium, 12320 Meadowbrook Lane. Information: 668-4672.

1247.104	Wed 6:30-9:30pm	Jun 28-Aug 16	\$40/Team
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TENNIS

TENNIS COURT RESERVATIONS

Reservations for the Poway Community Park tennis courts will be taken Monday through Friday, **8:00 to 10:00 a.m. only.** Reservations may be made for the two lighted courts one day in advance and will be for one hour only. Reservations for the weekends and Monday may be made on Friday. All tennis classes offered by the City of Poway have priority on both of the courts. Reservation line: (858) 668-4671.

Tennis: All tennis classes held at Poway Community Park. Instructor will make arrangements if tennis racket is needed. Instructor: Art Christophiades. **No class July 4 and 6.**

Tiny Tot Tennis 4 to 6 Years

Children will be introduced to the game of tennis. Have fun learning the basic groundstrokes, forehand and backhand, along with forehand and backhand volleys. The class will improve hand/eye coordination. The students will also learn the scoring system, footwork drills and, of course, court etiquette. The instructor has junior tennis racquets available.

Res/Nonres	
3013.100	Sat 9:00-10:00am Jun 24-Jul 22 \$40/\$50
3013.101	Sat 9:00-10:00am Jul 29-Aug 26 \$40/\$50

Tennis - Beg. 6 to 14 Years

Beginning tennis skills are taught in this class. Students will learn forehand and backhand groundstrokes, volleys, and a good first serve. Group instruction will include scoring system, court positioning, footwork drills, strategy, and court etiquette. Racquets, if needed, will be available from the instructor.

Res/Nonres	
3013.102	Tue/Thu 4:00-5:00pm Jun 20-Jul 27 \$70/\$80
3013.103	Sat 10:00-11:00am Jun 24-Jul 22 \$40/\$50
3013.104	Tue/Thu 4:00-5:00pm Aug 1-Aug 31 \$70/\$80
3013.105	Sat 10:00-11:00am Jul 29-Aug 26 \$40/\$50

Taekwondo 16 and Older

This class is a complete martial arts program for men and women. The class is designed to help you develop more strength, coordination, endurance, confidence, and self-defense skills. In addition to learning practical kicking and punching, you will also learn basic grappling techniques. The difference it can make in your life is tremendous. Students may participate in an examination at the end of the session to advance to a higher belt level (for an additional cost). A martial arts uniform is required and may be purchased from the instructor for \$25. Our internationally certified instructor has over 25 years of experience. Classes held at Poway Community Park Bill Bond Hall I. Instructor: Master Joseph Wolpert. Information: (858) 748-1333. **No class July 3 and September 4.**

Res/Nonres	
1247.105	M/W/F 7:00-8:00pm Jun 26-Sep 8 \$69/\$79

Intro to Taekwondo 18 and Older

This course will introduce the students to the philosophy and basic self-defense techniques of taekwondo. An official taekwondo uniform will be provided free to each student. Classes held at Poway Community Park, Bill Bond Hall I. Instructor: Master Joe Wolpert. **No class July 3.**

Res/Nonres	
1247.106	M/W/F 7:00-8:00pm Jun 26-Jul 7 \$25/\$35

Kickboxing 15 and Older

Kicking and punching techniques provide an incredible whole body workout. Thursday classes involve bag work and partner drills, providing great conditioning plus very useful self-defense skills. Friday classes are aerobic kickboxing (similar to Tae Bo workouts) with "in the air" boxing and kickboxing movements paced to upbeat music. You will need boxing gloves, handwraps and shin guards to fully participate in the Thursday class. No gear is needed for the Friday class. Approved gear available through The Boxing Club. Classes held at Poway Boxing Club, 13242 Poway Road (in the Lively Center). Information: (858) 486-1003. Instructor: Barry Barker.

Res/Nonres	
1247.107	Thu 6:00-7:00pm Jul 13-Aug 10 \$45/\$55
1247.108	Fri 5:00-6:00pm Jul 14-Aug 11 \$45/\$55

Tennis - Adv. Beg./Inter. 8 to 14 Years

At this hotshot level, you will be incorporating advanced techniques and fine-tuning the skills learned in beginning tennis classes. Participants will work on topspin forehand and backhand groundstrokes, drop volleys, angle volleys, and conventional volleys. The class will include topspin, flat and slice serves. Group instruction will include doubles strategy, scoring system, light competitive games, and court etiquette.



Res/Nonres	
3013.106	Tue/Thu 5:00-6:00pm Jun 20-Jul 27 \$70/\$80
3013.107	Sat 11:00am-12:00pm Jun 24-Jul 22 \$40/\$50
3013.108	Tue/Thu 5:00-6:00pm Aug 1-Aug 31 \$70/\$80
3013.109	Sat 11:00am-12:00pm Jul 29-Aug 26 \$40/\$50

Tennis - Adult Beg./Inter. 15 and Older

This class will encompass a broader range of stroke production and gamesmanship. The major instruction will be groundstrokes, volleys (traditional, angle, and drop), and serve/volley drills. It will also include flat, slice, and topspin serves. Also, approach shots, return of serve, and lobs. Group instruction will include doubles play, court strategy and positioning, and gamesmanship. Fun and enjoyment will be emphasized.

Res/Nonres	
3013.110	Tue/Thu 6:00-7:30pm Jun 20-Jul 27 \$85/\$95
3013.111	Sat 12:00-1:30pm Jun 24-Jul 22 \$50/\$60
3013.112	Tue/Thu 6:00-7:30pm Aug 1-Aug 31 \$85/\$95
3013.113	Sat 12:00-1:30pm Jul 29-Aug 26 \$50/\$60

OUTDOOR ACTIVITIES

Mobile Recreation Program

All Ages

The City of Poway is rolling out the fun! We are offering a FREE drop-in mobile recreation program. What we provide is year-round recreation activities for youth, teens, and families who live in neighborhoods not readily accessible to recreation opportunities. Since February 2004, the mobile recreation truck has been providing structured, safe, and enriching activities for Poway neighborhoods. Each month the program offers sports activities, group games, arts and crafts, music, skateboarding, and many other fun events. Program participants, staff, and parents rave about the Mobile Recreation Program. Check out the monthly calendar of events at www.ci.poway.ca.us/parks and join in the fun! Information: (858) 668-4674.

Información en Español

El Departamento de Servicios Comunitarios de la ciudad de Poway ofrece una variedad de programas, clases y eventos especiales para toda la familia. Para obtener información adicional acerca de estos programas, llame a la línea de información en español al 858-668-4675. También se puede comunicar con la línea de información y dejar sus datos de contacto. Un empleado que habla español le devolverá el llamado y lo ayudará con la inscripción en cursos, con la reserva de un establecimiento o le dará información general acerca de un evento especial. En el municipio, ubicado en 13325 Civic Center Drive, también encontrará información traducida sobre eventos especiales.

Si le interesa obtener más información acerca del Programa de Recreación Móvil de la ciudad o del Programa de Ayuda para la Recreación de los Jóvenes (PLAY, por sus siglas en inglés) llame a (858) 668-4674.

Hiking for Fun & Fitness

5 and Older

Enjoy easy to moderate hikes on Poway's excellent trails. Learn about Poway's flora, fauna, local history, and how to find the trails. The hikes are about three miles and 1-1/2 hours. Lug sole shoes (grip pattern) are recommended. Bring water and hiking stick (if you wish). Family price is for two or more. An adult must accompany all children under the age of 18. First hike will meet at Lake Poway Concession. Instructor: Mike Fry. No class August 16.

3439.100 Wed 6:00-7:30pm Jul 5-Sep 27 **Res/Nonres**
\$5/person
\$10/family

Archery Basics and Fun

7 and Older

Archery Basics & Fun: This course is designed for anyone who desires to learn the basics of archery. Rules, shooting fundamentals, techniques, and safety will be included. One-on-one instruction with a nationally certified coach will be given to each student. The instructor will provide all equipment and handouts. Students are asked not to bring their own equipment for use in the class. **Materials Fee: \$6 to be paid to instructor on the first day of class.** Classes are held at the Lake Poway Archery Range, located at 14644 Lake Poway Road. Instructor: Wayne Hallett.

3439.101 Sat 10:00am-12:00pm Jul 15 **Res/Nonres**
Sat 10:00am-12:00pm Jul 22 \$50/\$60

FIRE DEPT. CPR

Each month, trained firefighters and paramedics offer the American Heart Association basic life support level course designed to prepare participants to assist individuals in need of lifesaving skills. In addition to adult, child, and infant CPR, instruction will also be given on how to reduce the risk of heart disease, how to assist choking victims, and how to recognize the early warning signs of a heart attack. Hands-on-skills are practiced on life-like mannequins. Each participant will receive a manual, a pocket mask, and a course completion card that is valid for two years. **Class sizes are limited. Classes held at Fire Station 1 Classroom, 13050 Community Road. Call (858) 679-4392 to register for class.**

Res/Nonres
Sat May 6 8:30am-2:30pm \$30/\$20 for 55 and older
Sat May 20 8:30am-2:30pm \$30/\$20 for 55 and older
Sat Jun 3 8:30am-2:30pm \$30/\$20 for 55 and older
Sat Jun 17 8:30am-2:30pm \$30/\$20 for 55 and older
Sat Jul 1 8:30am-2:30pm \$30/\$20 for 55 and older
Sat Jul 15 8:30am-2:30pm \$30/\$20 for 55 and older

HEALTH & WELLNESS

Tai Chi

18 and Older

Enjoy the grace, beauty, and health benefits of this timeless exercise. Attire should be casual and loose fitting. Classes held at Poway Kenpo Karate, 13246 Poway Road. Information: (858) 486-1003. Instructor: Barry Barker.

5417.100 Wed 6:30-7:15pm Jul 5-Aug 2 **Res/Nonres**
\$45/\$55

Hatha Yoga

18 and Older

This popular class is for the beginner and continuing yoga student. Experience stress release with gentle movement (vinyasa) and precise instruction in the poses (asanas). We emphasize proper breathing in the postures as well as in stretching and relaxation. Gently progress at a self inspired pace. Yoga exercises can be adapted to suit the needs of everyone, regardless of age or state of health. Please bring a yoga mat, large towel and blanket to class, and wear comfortable clothes. Classes held at Poway Community Park Auditorium. Instructors: Jon Brock and Linda Kay.

5417.101 Thu 6:30-8:00pm Jun 22-Aug 24 **Res/Nonres**
\$70/\$80

Yoga on the Ball

18 and Older



In this popular ball yoga class, beginners learn quickly to relax into yoga poses while rolling and stretching with the unique support of the ball. Precise ball poses build deep, middle, and outer muscle layers in the core to strengthen the back. Spinal stabilization techniques establish structural integrity to healthy

movement of the muscles that support the joints of the spinal column. Combine ball yoga poses and spinal stabilization techniques, with light free-weights to increase bone density, muscular flexibility, and joint mobility. Please bring a certified "burst proof" yoga ball (based on your height), a 10" ball, yoga mat, two 1 lb. free-weights, and a large towel to class. Classes held at the Poway Community Park Auditorium. Instructor: Linda Kay. No class July 4.

5417.102 Tue 6:00-7:15pm Jun 20-Aug 29 **Res/Nonres**
\$70/\$80

Yoga Slimmers

18 and Older

A perfectly slimming idea! Create a new slim you with vitality. Slim down with Yoga Slimmers. Learn yoga poses designed to trim the body with breathing techniques that encourage healthy practical slimming. Yoga Slimmers stretch, tone, rejuvenate, and balance muscles in the upper, lower and sides of the body. Release shoulder and hip tension, strengthen limbs, increase spinal flexibility, and improve posture. Yoga Slimmers safely increase the metabolic rate, offering a natural and steady weight-loss potential. Please bring bottled water, a yoga mat, and a large towel to class. Classes held at Poway Community Park Auditorium. Instructor: Linda Kay. No class July 4.

5417.103 Tue 7:30-8:45pm Jun 20-Aug 29 **Res/Nonres**
\$70/\$80

American Red Cross

First Aid

14 and Older

Be prepared for any common first aid situation or emergency, at home or at work! Learning these skills will give you the confidence to respond quickly! This course includes responding to emergency situations, recognition and care in life-threatening situations such as caring for burns, bleeding, broken bones, poisoning, bites and stings, and sudden illness. **Materials fee: \$15 to be paid to instructor on the first day of class.** Classes held at Poway Community Park Activity Room I & II. Instructor: Blythe Paley.

5417.104 Sat 8:30am-12:30pm Jul 22 **Res/Nonres**
\$28/\$38

Yoga/Walk

18 and Older

Experience a Hatha Yoga practice with an energizing walk designed for beginner through intermediate levels. Begin indoors with gentle yoga poses that offer muscular flexibility and joint mobility. Move outdoors for a yoga/walk that stimulates the body's cardiovascular and respiratory functions, and calms the mind. Return indoors to relax in the restorative pose of Savasana. Please bring bottled water, a yoga mat, and a large towel to class. Classes held at Poway Community Park Auditorium. Instructor: Linda Kay. No class July 3.

5417.105 Mon 8:15-9:45am Jun 19-Aug 7 **Res/Nonres**
\$75/\$85

Prenatal Yoga

18 and Older

Practice prenatal yoga poses that are safely designed to minimize pregnancy discomforts. Strengthen muscles now that you will utilize during childbirth. There will be a strong emphasis on breathing and relaxation with prenatal yoga poses that are easy to learn. Synchronize the breath with your body and baby. Quiet the mind, relax and release tense muscles, and restore vital energy. Stretch the body free of tension to encourage a good nights sleep. Please bring bottled water, a yoga sticky mat, two pillows, and an extra large towel to class. **To participate in this prenatal yoga program, please bring a note from your attending physician to the first class.** Classes held at the Poway Community Park Auditorium. Instructor: Linda Kay. No class July 3.

5417.106 Mon 6:30-7:45pm Jun 19-Aug 21 **Res/Nonres**
\$100/\$110

SPECIAL NEEDS

Bowling

16 and Older

Bowling is for everybody!. This is why our bowling class presents unlimited fun, where everyone has a chance to win with companions of all skill levels. Challenging gutter balls are no problem, since every lane has air filled bumpers. At the end of the session, awards and a party conclude our last meeting. Classes are held at Poway Fun Bowl. There is a \$7.50/per class charge, collected at the bowling alley each week. If the participant needs one-to-one attention or has special needs, please include a description of the situation. Depending on the circumstances, an aide may be required to accompany the student. Instructor: Daru Martinez.

9397.100 Fri 1:30-3:30pm Jun 23-Aug 25 **Res/Nonres**
\$30/\$40

SPECIAL INTERESTS

Babysitter's Training

11 and Older

Prepare yourself to be the best babysitter around! This American Red Cross Course will provide you with the information and skills necessary to provide safe and responsible care for children in the absence of the parent or guardian. This training will help participants develop skills in leadership and professionalism, basic care, safety and safe play and first aid. Take this class with your friends, or parents, send your babysitters! Please bring a lunch and a large doll or stuffed animal to class. **Materials fee: \$16 to be paid to instructor on the first day of class.** Classes held at Poway Community Park Activity Room I & II. Instructor: Blythe Paley.

7617.100 Sat 9:00am-4:00pm Jul 8 **Res/Nonres**
\$50/\$60

Instant Piano for Busy People

18 and Older

Music teachers may not want you to know this, but you do not need years of weekly lessons to learn piano. In just one three-hour workshop, you can learn enough secrets of the trade to give you years of enjoyment at the piano! The difference is regular piano teachers teach note reading and piano professionals use chords. In this fun-filled workshop, you can learn all the chords you will ever need to play any song. It's easy, fun, and musically correct! Note: If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll. If you do not, send a self-addressed stamped envelope to Innovative Keyboard Instruction, 1019 N. Plymouth Court, Gilbert, AZ 85234 for a free pamphlet. This class is designed for piano, organ, or portable keyboard. **Materials fee: \$26 to be paid to instructor on the first day of class.** Class held at Poway Community Park Activity Room II. Instructor: Craig Coffman.

7617.101 Thu 6:30-9:30pm Jul 13 **Res/Nonres**
\$25/\$35

TEEN ACTIVITIES

Poway Teen Recreation Club (PTRC)

Middle – High School

The Poway Teen Recreation Club (PTRC) is a community service club that focuses on recreation opportunities for teens in Poway. The club holds fundraisers and participates in community service projects throughout the year. The club meets every Wednesday night from 6:30 p.m. to 9:00 p.m. at the Poway Community Park's Intergenerational Lounge, located at 13094 Civic Center Drive. A different recreation activity is offered every week such as dodgeball, kickball, and flag football. Members must attend three meetings a month. Information: (858) 668-4674.

Volunteer Program

High School

The City of Poway has many volunteer opportunities including special events and community service projects. If you are interested in getting involved in our community, volunteering or accumulating community service hours, please contact NeSha Thomas at (858) 668-4674.

Teen Only Nights

13 to 17 Years

Teens are invited to participate in friendly, recreational sport tournaments held on the first Friday of every month. The tournaments are free. Prizes will be awarded for the first place winner(s). No need to pre-register. Teen Only Nights are held at the Meadowbrook Gymnasium located at 12320 Meadowbrook Lane. Information: (858) 668-4674.

5-on-5 Basketball Tournament

Fri 6:30-9:30pm Jul 7 FREE

Dodgeball Tournament

Fri 6:30-9:30pm Aug 4 FREE

3-on-3 Basketball Tournament

Fri 6:30-9:30pm Sep 1 FREE

Magic Mountain Excursion

13 to 17 Years

Are you ready to SCREAM? Do you want to be the first on your block to ride Magic Mountain's newest ride TATSU? Then join us on Thursday, July 13 for an intense and fun filled day at Six Flags! With over 32 rides for you and your friends to choose from; this day at the Park will be far from dull. Our charter bus will leave at 6:00 a.m. and return to Poway Community Park, located at 13094 Civic Center Drive, by 12:00 midnight. The registration fee includes transportation and admission. Information: (858) 668-4674.

9055.100 Thu 6:00am-midnight July 13 Res/Nonres \$50/\$60

Lake Poway Overnight Bash

13 to 17 Years

Bring your friends and join us for an all night party at Lake Poway on Wednesday, August 16. The event will begin at 6:00 p.m. and continue until 8:00 a.m. Boat around the lake, roast marshmallows and play games while enjoying a night under the stars. Since this is an introduction to the "outdoors", we will be camping in the picnic area above the lake. Participants must bring a tent and sleeping gear. Fishing permits and supplies are not provided. Registration fee includes dinner. Information on this program please contact, NeSha Thomas at (858) 668-4674.

9055.101 Wed-Thu 6:00pm-8:00am Aug 16-Aug 17 Res/Nonres \$10/\$20

Summer Pool Campout

13 to 17 Years

Join us for a night under the stars filled with swimming, games, movies, and competitions at our annual Pool Campout on Saturday, August 12. The festivities begin at 6:00 p.m. on Friday evening and end at 8:00 a.m. the following morning. A barbecue dinner and continental breakfast will be provided. Participants must bring a swimsuit, sleeping apparel and a tent. The event will be held at the Poway Community Swim Center, located at 13094 Civic Center Drive. Information (858) 668-4674.

9055.102 Sat-Sun 6:00pm-8:00am Aug 12-Aug 13 Res/Nonres \$10/\$20

POWAY SKATE PARK

The Poway Skate Park is 12,000 square feet of pool style concrete bowls and street elements. The park is open seven days a week from 8:00 a.m. to 9:30 p.m. The park is equipped with lights and bathrooms. Helmet, elbow, and kneepads are required at all times at this non-supervised park. An adult must supervise children under the age of 14 at all times. The park is subject to closures for violations of the park rules. The park is located at 13090 Civic Center Drive. For a complete list of rules or information call (858) 668-4674.



Skate Park Safety Days

The City of Poway Community Services Department is proud to offer Skate Park Safety Days in 2006. The purpose of the program is to improve safety awareness and promote safe skating behavior. The City hopes to encourage others to follow safe skating by providing positive re-enforcement of safety rules. Skate Park Safety Days are offered once a month at the Poway Skate Park, and is open to everyone. Rewards of food and prizes will be given to those with proper safety gear including elbow pads, kneepads, and a helmet. **No one will be allowed to enter the skate park during these events without all proper safety equipment.** All participants are required to fill out a waiver prior to skating. Participants under the age of 18 must have a parent on site to sign a waiver in front of a staff member. The waiver covers all Safety Days until December 20. New waivers will be needed for 2007. **NO WAIVER, NO SKATING.**

Tue	12:00-5:00pm	Jun 27	FREE
Thu	4:00-9:00pm	Jul 20	FREE
Wed	12:00-5:00pm	Aug 23	FREE

DOG OBEDIENCE

Dog/Puppy Obedience

18 and Older

This class is an introduction to AKC training and conditioning. Chain, pinch or spiked, or "gentle lead" collars are not permitted. Your dog learns to walk out freely with you, no pulling with positive instant recalls, sit-down-stay. Dog must have updated shots. Do not feed your dog four hours prior to the start of class. **Materials fee: \$20 to be paid to instructor on the first day** (soft collar and manual). Tuesday classes held at Old Poway Park Green Park Area, Saturday classes held at Garden Road Park. All classes held rain or shine. Please arrive 20 minutes before first class. Instructor: Bob Burkhardt. Mr. Burkhardt has been a professional trainer for over twenty years. Information: (858) 748-7943. **No class July 4.**

Twelve Weeks to Six Months (Puppy Class)		Res/Nonres	
9019.100	Tue 6:30-7:30pm	Jun 20-Aug 1	\$80/\$90
9019.101	Sat 9:30-10:30am	Jun 24-Aug 5	\$80/\$90
9019.102	Tue 6:30-7:30pm	Aug 8-Sep 12	\$80/\$90
9019.103	Sat 9:30-10:30am	Aug 12-Sep 16	\$80/\$90
Six Months and Older (Adult Class)		Res/Nonres	
9019.104	Tue 6:30-7:30pm	Jun 20-Aug 1	\$80/\$90
9019.105	Sat 9:30-10:30am	Jun 24-Aug 5	\$80/\$90
9019.106	Tue 6:30-7:30pm	Aug 8-Sep 12	\$80/\$90
9019.107	Sat 9:30-10:30am	Aug 12-Sep 16	\$80/\$90

POWAY BRANCH LIBRARY

13137 Poway Road Poway, CA 92064
(858) 513-2900 • website: www.sdcl.org

Hours: Mon.-Thu. 10:00 a.m.-8:00 p.m.
Fri. & Sat. 10:00 a.m.-5:00 p.m.
Sun. 1:00 p.m.-5:00 p.m.

Storytime Programs with Crafts

Monthly Monday Blocks: Toddler Storytime-10 am
Monthly Tuesday Blocks: Toddler Storytime-10 am
Monthly Wednesday Blocks: Preschool Storytime-10 am
Monthly Thursday Blocks: Preschool Storytime-10 am
Sign-Up Required on a Monthly Basis: Sign-Ups are for a 1 month block of time (4 to 5 sessions). Each child limited to one story time per week. Held in the Children's Room inside the Library.

Grandparents and Books

Share a book with a Poway Library Grandparent
Tuesdays: 10 am-12 pm - Thursdays 11 am-12 pm

Read to a Furry Friend

Saturdays: 10:30 am-11:30 am

Children of all ages "read" to Therapy Dogs

ALL LIBRARY PROGRAMS ARE FREE!

APRIL 2006

National Library Week, National Poetry Month and
Dia de los Niños/De los Libros

Week of 24th	- Story Times: Favorite Stories	10 am
Thu 27	Heritage Pajama Story Time: Celebrate Dia de los Niños/Dia de los Libros this evening, with special bilingual guest, Luz Culp. Joins us for the festivities and refreshments.	6 pm

MAY 2006

Asian/Pacific Islander Heritage Month: Discover the Philippines!
Week of May 1 - Storytime: Lions and Lambs 10 am
Week of May 8 - Storytime: Happy Mother's Day 10 am
Sun 14 Second Sunday Book Sale 1-4 pm
Tue 16 Book Club: TBA 6:30 pm
Week of May 15 - Heritage Storytime:
Fabulous Philippines 10 am
Sat 20 SPECIAL HERITAGE PROGRAM
Philippine Dancers - The Samahan Philippine Dance Company performs in the Library Community Room - ALL AGES, No Sign-Up Required FREE, for more information visit: www.rohan.sdsu.edu/~lcarter/sama/samhist.htm 1 pm
Week of May 22 - Storytime:
Happy World Turtle Day Crafts 10 am
Thu 25 HERITAGE CRAFTS PROGRAM:
World Turtle Day Crafts - Ages 5 & up, Sign-Up REQUIRED, Limited Space 3:30 to 4:30 pm
Mon 29 CLOSED - Memorial Day Holiday CLOSED
Week of May 30-June 1 - Storytime:
Happy Birthday Poway Library 10 am

JUNE 2006

Summer Reading Program 2006 "Paws, Claws, Scales and Tails"; June 17th-July 29th with End of Summer Reading Event on Saturday, August 5th. Sponsored and paid for by the Friends of the Poway Library, City of Poway, Poway Women's Club, National Charity League and the North County Society of Fine Arts.
Thu 8 National Chairty League Volunteer SRP Orientation 3:30-5 pm
Sun 11 Second Sunday Book Sale 1-4 pm
Sat 17 **SUMMER READING STARTS TODAY!**
Pick up your Summer Reading Logs and materials in the Library Courtyard all day today and enjoy a spectacular Puppet Show event "Paws, Claws, Scales and Tales!"
You can start turning in your Reading Logs for prizes on Monday, June 19th.
Sat 17 Swazzle Puppet Show! 10 am
Tue 20 Book Club TBA 6:30 pm
Wed 21 Animal Program - TBA 10 am
Wed 28 Animal Program - TBA 10 am

JULY 2006

Summer Reading Program 2006 "Paws, Claws, Scales and Tails" continues; June 17th-July 29th with End of Summer Reading Event on Saturday, August 5th.
Tue 4 CLOSED - Independence Day Holiday CLOSED
Wed 5 Animal Program - TBA 10 am
Sun 9 Second Sunday Book Sale 1-4 pm
Wed 12 Animal Program - TBA 10 am
Tue 18 Book Club - TBA 6:30 pm
Wed 19 SPECIAL PROGRAM: Special Guest Performer, Mary Beach is Cruella De'vil! No Sign-Up REQUIRED - FREE to all ages 10 am
Wed 26 Animal Program 10 am
Mon 31 Harry Potter's Birthday Bash 10 am

AUGUST 2006

End of Summer Reading Event on Saturday, August 5th.
Tue 1 LAST DAY TO TURN IN READING LOGS
Sat 5 **END OF SUMMER READING PARTY**
EVENT: Awards will be given to the Photo and Sculpture contest entries, Summer Reading Prizes will be awarded, with a yummy Ice Cream Party to follow for all - provided by the Poway Women's Club 10 am

NOTE: No other programs are scheduled for August 2006 at this time.



SWIM CENTER

The Poway Community Swim Center is located at 13094 Civic Center Drive, within Poway Community Park. The Swim Center includes a 50-meter by 25-yard pool with an attached diving well and shallow children's area. During open pool hours residents and nonresidents of Poway can enjoy the one-and three-meter diving boards, open swimming areas, and lap swimming lanes. A one-foot baby pool is available for play during the spring, summer, and fall months. The swim center offers a complete shower and dressing area. Water temperature in the pool is maintained between 80 and 84 degrees, providing for comfortable swimming year-round. For general information regarding pool hours and fees, call (858) 668-4680. For program information, call (858) 668-4580. Swimmers may be required to show proof of residency in order to be eligible for residents rate.

PRICES ARE EFFECTIVE UNTIL JUNE 30, 2006

DAILY ADMISSION FEE	RESIDENT	NON-RESIDENT
Adults (18 and older)	\$1.75	\$3.50
Youth (17 and under)	\$1.25	\$2.50
Seniors (60 and older)	\$1.25	\$2.50

SEASON AND YEARLY PASSES

Season and yearly passes may be purchased at the pool during business hours. Family passes include two adults (18 and over) and all immediate family members 17 and under residing in the same household. Season passes are valid for 90 days from date of purchase.

SUMMER SEASON AND YEARLY PASS RATES

	Season Resident	Season Non-resident	Yearly Resident	Yearly Non-resident
Adults	\$61.00	\$92.00	\$160.00	\$207.00
Youth	\$40.00	\$60.50	\$110.00	\$170.00
Senior	\$40.00	\$60.50	\$110.00	\$170.00
Family	\$90.00	\$133.00	\$245.00	\$275.00

SPRING POOL HOURS (April 11-June 23)

Mon/Wed/Fri	10:30 a.m. - 7:30 p.m.
Tue/Thu	8:00 a.m. - 7:30 p.m. (Long Course 8:00 a.m. - 1:30 p.m.)
Sat/Sun	10:30 a.m. - 5:00 p.m.

SUMMER POOL HOURS (June 26-September 1)

Mon/Wed/Fri	1:00 - 5:45 p.m.
Tue/Thu	1:00 - 8:00 p.m.
Sat/Sun	1:00 - 7:00 p.m.

ADULT LAP SWIM (June 27-August 29)

Lanes for lap swimming will always be available during open swim hours. During open recreational swim times, lanes will be set-aside for those interested in swimming laps. Some open recreational swim times will be shared with swimming lessons and swim clubs. Portions of the pool may not be available for use by the public during these times. Pull buoys and kick boards are available for use. (No long course on June 13, 15, & 20)

Short Course:

Mon/Wed	9:15 a.m. - 8:00 p.m. (25 yards-short course)
Tue/Thu	9:15 a.m. - 7:00 p.m. (25 yards-short course)
Fri	11:00 a.m. - 8:00 p.m. (25 yards-short course)
Sat/Sun	10:30 a.m. - 7:00 p.m. (25 yards-short course)

Long Course:

Tue/Thu	7:00 - 8:00 p.m. (50 meter-long course, 2 lanes)
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FAMILY SWIM

Family swim is a time that has been set-aside for families to come to the pool and take advantage of the extra fun things that make a pool enjoyable. Toys, rafts, fins, masks snorkels, and inner tubes are allowed, but not provided by the pool. Parents must accompany children to the pool during family swim time.

Sat/Sun	10:30a.m. - 1:00p.m.	\$5 per resident family \$8 per non-resident family
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NOTE: Proof of residency will be required for the reduced family swim rate.

POOL CLOSED

June 22	All Day for Youth Day
July 8, July 29	5:00-7:00 p.m. Movie Night
September 16	All Day for Community Day

Youth Pool Campout 7 to 12 Years

Enjoy mid-summer with an overnight campout at Poway Community Swim Center, 13094 Civic Center Drive. Children ages 7 to 12 will enjoy a barbecue dinner, continental breakfast, movies, swimming, fun pool games, treats, and more. This event will begin on Saturday, August 5 at 6:00 p.m. and end on Sunday, August 6 at 8:00 a.m. All areas of the pool will be open to participants. Campers must provide their own sleeping bags, and may bring tents. Campers must be picked up by 8:00 a.m. Recreation staff and pool lifeguards will supervise the campout. Registration fee is \$20, and must be paid by July 20. Space is limited to the first 30 children. Register at the Community Services office, 13325 Civic Center Drive. Information (858) 668-4580.

Sat/Sun	Aug 5-Aug 6	6:00pm-8:00am	\$20
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Swim-in Movie Night

Enjoy a fun-filled evening of swimming and a movie. The movie will be shown on a 12' x 12' movie screen. Bring the entire family along with rafts, inner tubes, or boogie boards to view the movie while in the pool. Bleacher seating will also be available. Popcorn and refreshments will be available for a nominal fee. The pool closes to the public at 5:00 p.m., reopens at 7:30 p.m., and the movie starts at sundown. Tickets at the swim center may be purchased in advance. Information, (858) 668-4680.

Sat	Jul 8	Madagascar	\$4/Adult, \$3/Youth & Senior
Sat	Jul 29	Shrek II	\$12/Family (up to 5 persons)

End of Summer Splash

Celebrate the end of summer at the Poway pool. The entire family can enjoy pool activities and contests with prizes. This party will also feature games with prizes, face painting, music, and a fun jump. Lunch and treats will be available for a small fee. Bring your rafts and inner tubes to play in the water, or sit in the sun and listen to the music.

Sat	Aug 19	12:00-6:00pm	Daily Admission Fee required
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SWIM LESSONS

Parent/Child

6 to 24 months

This class, equivalent to the American Red Cross "Preschool" level, Develops a comfort for the water and introduces basic water skills. This class does not teach children to be accomplished swimmers or survive in the water. Parents must accompany their children in the water. (One-Week Session)

			Res/Nonres
0020.100	Mon-Thu	12:00-12:30pm	Jun 26-Jun 29 \$22/\$32
0020.101	M/W/T/F	12:00-12:30pm	Jul 3-Jul 7 \$22/\$32
0020.102	Mon-Thu	12:00-12:30pm	Jul 17-Jul 20 \$22/\$32
0020.103	Mon-Thu	12:00-12:30pm	Jul 24-Jul 27 \$22/\$32
0020.104	Mon-Thu	12:00-12:30 pm	Jul 31-Aug 3 \$22/\$32
Evening Classes			
0020.120	M/W/F	5:45-6:15pm	Jun 26-Jul 7 \$22/\$32
0020.121	M/W/F	5:45-6:15pm	Jul 18-Jul 22 \$22/\$32
0020.122	M/W/F	5:45-6:15pm	Jun 26-Jun 29 \$22/\$32

Pre-Grunion

2 to 3 years

This class is designed for young children who are ready to begin learning swimming skills, but who are not ready to participate in class without their parents. Skills introduced will include water entry, breath control, bobbing, and beginning swim stroke. Parents must accompany their children in the water. (No class on the 4th of July).

			Res/Nonres
Session 1			
0030.110	M-F/M/W/Th/F	10:10-10:50am	Jun 26-Jul 7 \$44/\$54
Session 2			
0030.111	M-F/M-Th	10:10-10:50am	Jul 10-Jul 20 \$44/\$54
Session 3			
0030.112	M-F/M-Th	10:10-10:50am	Jul 24-Aug 3 \$44/\$54
Session 4			
0030.113	M-F/M-Th	10:10-10:50am	Aug 7-Aug 17 \$44/\$54
Evening Classes (Session 3 is a two-week session)			
Session 1			
0030.125	M/W/F	6:30-7:10pm	Jun 26-Jul 14 \$44/\$54
Session 2			
0030.126	M/W/F	6:30-7:10pm	Jul 17-Aug 4 \$44/\$54
Session 3			
0030.127	M/W/F	6:30-7:10pm	Aug 7-Aug 18 \$29/\$39

Grunion 1

3 to 5 Years

An introduction to American Red Cross Level 1, this class is designed for children with limited or no swimming experience. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim stroke. (No class on the 4th of July).

			Res/Nonres
Session 1			
0121.100	M-F/M/W/Th/F	8:30-9:10am	Jun 26-Jul 7 \$44/\$54
0121.101	M-F/M/W/Th/F	9:20-10:00am	Jun 26-Jul 7 \$44/\$54
0121.102	M-F/M/W/Th/F	10:10-10:50am	Jun 26-Jul 7 \$44/\$54
Session 2			
0121.103	M-F/M-Th	8:30-9:10 am	Jul 10-Jul 20 \$44/\$54
0121.104	M-F/M-Th	9:20-10:00am	Jul 10-Jul 20 \$44/\$54
0121.105	M-F/M-Th	10:10-10:50am	Jul 10-Jul 20 \$44/\$54

Session 3

0121.106	M-F/M-Th	8:30-9:10am	Jul 24-Aug 3 \$44/\$54
0121.107	M-F/M-Th	9:20-10:00am	Jul 24-Aug 3 \$44/\$54
0121.108	M-F/M-Th	10:10-10:50am	Jul 24-Aug 3 \$44/\$54

Session 4

0121.109	M-F/M-Th	8:30-9:10am	Aug 7-Aug 17 \$44/\$54
0121.110	M-F/M-Th	9:20-10:00am	Aug 7-Aug 17 \$44/\$54
0121.111	M-F/M-Th	10:10-10:50am	Aug 7-Aug 17 \$44/\$54

Evening Classes (Session 3 is a two-week session)

Session 1

0121.125	M/W/F	5:45-6:25pm	Jun 26-Jul 14 \$44/\$54
0121.126	M/W/F	6:30-7:10pm	Jun 26-Jul 14 \$44/\$54

Session 2

0121.127	M/W/F	5:45-6:25pm	Jul 17-Aug 4 \$44/\$54
0121.128	M/W/F	6:30-7:10pm	Jul 17-Aug 4 \$44/\$54

Session 3

0121.129	M/W/F	5:45-6:25pm	Aug 7-Aug 18 \$29/\$39
0121.130	M/W/F	6:30-7:10pm	Aug 7-Aug 18 \$29/\$39

Grunion 2

3 to 6 Years

A continuation of American Red Cross level 1, Grunion 2 is an introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. This class reinforces skills learned in Grunion 1, with a greater emphasis on self-efficiency. (No class on the 4th of July).

Session 1

			Res/Nonres
0122.100	M-F/M/W/Th/F	8:30-9:10am	Jun 26-Jul 7 \$44/\$54
0122.101	M-F/M/W/Th/F	9:20-10:00am	Jun 26-Jul 7 \$44/\$54
0122.102	M-F/M/W/Th/F	10:10-10:50am	Jun 26-Jul 7 \$44/\$54

Session 2

0122.103	M-F/M-Th	8:30-9:10 am	Jul 10-Jul 20 \$44/\$54
0122.104	M-F/M-Th	9:20-10:00am	Jul 10-Jul 20 \$44/\$54
0122.105	M-F/M-Th	10:10-10:50am	Jul 10-Jul 20 \$44/\$54

Session 3

0122.106	M-F/M-Th	8:30-9:10am	Jul 24-Aug 3 \$44/\$54
0122.107	M-F/M-Th	9:20-10:00am	Jul 24-Aug 3 \$44/\$54
0122.108	M-F/M-Th	10:10-10:50am	Jul 24-Aug 3 \$44/\$54

Session 4

0122.109	M-F/M-Th	8:30-9:10am	Aug 7-Aug 17 \$44/\$54
0122.110	M-F/M-Th	9:20-10:00am	Aug 7-Aug 17 \$44/\$54
0122.111	M-F/M-Th	10:10-10:50am	Aug 7-Aug 17 \$44/\$54

Evening Classes (Session 3 is a two-week session)

Session 1

0122.125	M/W/F	5:45-6:25pm	Jun 26-Jul 14 \$44/\$54
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Session 2

0122.126	M/W/F	5:45-6:25pm	Jul 17-Aug 4 \$44/\$54
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Session 3

0122.127	M/W/F	5:45-6:25pm	Aug 7-Aug 18 \$29/\$39
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Grunion 3

3 to 6 Years

An introduction to American Red Cross level 2, this class is designed for swimmers who are able to float, kick and swim a few front crawl strokes on their own. Skills emphasized: the front and back crawl, and introduction of the elementary backstroke. Students should feel comfortable in at least 4 feet of water. (No class on the 4th of July).

Session 1

			Res/Nonres
0123.100	M-F/M/W/Th/F	8:30-9:10am	Jun 26-Jul 7 \$44/\$54
0123.101	M-F/M/W/Th/F	11:00-11:40am	Jun 26-Jul 7 \$44/\$54

Session 2

0123.102	M-F/M-Th	8:30-9:10 am	Jul 10-Jul 20 \$44/\$54
0123.103	M-F/M-Th	11:00-11:40am	Jul 10-Jul 20 \$44/\$54

Session 3

0123.104	M-F/M-Th	8:30-9:10am	Jul 24-Aug 3 \$44/\$54
0123.105	M-F/M-Th	11:00-11:40am	Jul 24-Aug 3 \$44/\$54

Session 4

0123.106	M-F/M-Th	8:30-9:10am	Aug 7-Aug 17 \$44/\$54
0123.107	M-F/M-Th	11:00-11:40am	Aug 7-Aug 17 \$44/\$54

Evening Classes (Session 3 is a two-week session)

Session 1

0123.120	M/W/F	6:30-7:10pm	Jun 26-Jul 14 \$44/\$54
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Session 2

0123.121	M/W/F	7:15-7:55pm	Jun 26-Jul 14 \$44/\$54
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Session 3

0123.122	M/W/F	6:30-7:10pm	Jul 17-Aug 4 \$44/\$54
0123.123	M/W/F	7:15-7:55pm	Jul 17-Aug 4 \$44/\$54

Session 3

0123.124	M/W/F	6:30-7:10pm	Aug 7-Aug 18 \$29/\$39
0123.125	M/W/F	7:15-7:55pm	Aug 7-Aug 18 \$29/\$39

Starfish

6 to 12 Years

Corresponding to American Red Cross Level 1, the Starfish class is designed for older swimmers with limited or no swimming experience. Students will learn fundamentals of submerging, floating, and locomotion (including both front and back crawl) in the pool. Orientation to 4 feet of water is also introduced. (No class on the 4th of July).

Session 1

			Res/Nonres
0221.100	M-F/M/W/Th/F	8:30-9:10am	Jun 26-Jul 7 \$44/\$54
0221.101	M-F/M/W/Th/F	11:00-11:40am	Jun 26-Jul 7 \$44/\$54

Session 2

0221.102	M-F/M-Th	8:30-9:10 am	Jul 10-Jul 20 \$44/\$54
0221.103	M-F/M-Th	11:00-11:40am	Jul 10-Jul 20 \$44/\$54

Session 3

0221.104	M-F/M-Th	8:30-9:10am	Jul 24-Aug 3 \$44/\$54
0221.105	M-F/M-Th	11:00-11:40am	Jul 24-Aug 3 \$44/\$54

Session 4

0221.106	M-F/M-Th	8:30-9:10am	Aug 7-Aug 17 \$44/\$54
0221.107	M-F/M-Th	11:00-11:40am	Aug 7-Aug 17 \$44/\$54

Session 4					
0222.107	M-F/M-Th	8:30-9:10am	Aug 7-Aug 17	\$44/\$54	
0222.108	M-F/M-Th	11:00-11:40am	Aug 7-Aug 17	\$44/\$54	
0222.109	M-F/M-Th	11:50-12:30pm	Aug 7-Aug 17	\$44/\$54	
Evening Classes (Session 3 is a two-week session)					
Session 1					
0222.120	M/W/F	6:30-7:10 pm	Jun 26-Jul 14	\$44/\$54	
0222.121	M/W/F	7:15-7:55 pm	Jun 26-Jul 14	\$44/\$54	
Session 2					
0222.122	M/W/F	6:30-7:10 pm	Jul 17-Aug 4	\$44/\$54	
0222.123	M/W/F	7:15-7:55 pm	Jul 17-Aug 4	\$44/\$54	
Session 3					
0222.124	M/W/F	6:30-7:10 pm	Aug 7-Aug 18	\$29/\$39	
0222.125	M/W/F	7:15-7:55 pm	Aug 7-Aug 18	\$29/\$39	

Otter 6 to 14 years

A completion of those skills introduced in American Red Cross Level 2, this class is designed to improve technique, promote self-proficiency, and increase endurance of front crawl, back crawl, and elementary backstroke. Orientation to water deeper than 5 feet, diving boards, and treading water is included. Completion of this class signifies the ability to pass the recreational Swim Test. (No class on the 4th of July).

Session 1				Res/Nonres	
0223.100	M-F/M/W/Th/F	9:20-10:00am	Jun 26-Jul 7	\$44/\$54	
0223.101	M-F/M/W/Th/F	11:00-11:40am	Jun 26-Jul 7	\$44/\$54	
0223.102	M-F/M/W/Th/F	11:50-12:30pm	Jun 26-Jul 7	\$44/\$54	
Session 2					
0223.103	M-F/M-Th	9:20-10:00am	Jul 10-Jul 20	\$44/\$54	
0223.104	M-F/M-Th	11:00-11:40am	Jul 10-Jul 20	\$44/\$54	
0223.105	M-F/M-Th	11:50-12:30pm	Jul 10-Jul 20	\$44/\$54	
Session 3					
0223.106	M-F/M-Th	9:20-10:00am	Jul 24-Aug 3	\$44/\$54	
0223.107	M-F/M-Th	11:00-11:40am	Jul 24-Aug 3	\$44/\$54	
0223.108	M-F/M-Th	11:50-12:30pm	Jul 24-Aug 3	\$44/\$54	
Session 4					
0223.109	M-F/M-Th	9:20-10:00am	Aug 7-Aug 17	\$44/\$54	
0223.110	M-F/M-Th	11:00-11:40am	Aug 7-Aug 17	\$44/\$54	
0223.111	M-F/M-Th	11:50-12:30pm	Aug 7-Aug 17	\$44/\$54	
Evening Classes (Session 3 is a two-week session)					
Session 1					
0223.133	M/W/F	6:30-7:10 pm	Jun 26-Jul 14	\$44/\$54	
0223.134	M/W/F	7:15-7:55 pm	Jun 26-Jul 14	\$44/\$54	
Session 2					
0223.135	M/W/F	6:30-7:10 pm	Jul 17-Aug 4	\$44/\$54	
0223.136	M/W/F	7:15-7:55 pm	Jul 17-Aug 4	\$44/\$54	
Session 3					
0223.137	M/W/F	6:30-7:10 pm	Aug 7-Aug 18	\$29/\$39	
0223.138	M/W/F	7:15-7:55 pm	Aug 7-Aug 18	\$44/\$54	

Seal 6 to 16 Years

Equivalent to Level 3 of the American Red Cross series, this course takes place in 11-12 feet of water. The ability to swim 15 yards of front crawl, back crawl, and elementary backstroke is a prerequisite of this class. Skills introduced are sidestroke and breaststroke kick, front crawl, side breathing, and diving. (No class on the 4th of July).

Session 1				Res/Nonres	
0321.100	M-F/M/W/Th/F	9:20-10:00am	Jun 26-Jul 7	\$44/\$54	
0321.101	M-F/M/W/Th/F	10:10-10:50am	Jun 26-Jul 7	\$44/\$54	
0321.102	M-F/M/W/Th/F	11:00-11:40am	Jun 26-Jul 7	\$44/\$54	
Session 2					
0321.103	M-F/M-Th	9:20-10:00am	Jul 10-Jul 20	\$44/\$54	
0321.104	M-F/M-Th	10:10-10:50am	Jul 10-Jul 20	\$44/\$54	
0321.105	M-F/M-Th	11:00-11:40am	Jul 10-Jul 20	\$44/\$54	
Session 3					
0321.106	M-F/M-Th	9:20-10:00am	Jul 24-Aug 3	\$44/\$54	
0321.107	M-F/M-Th	10:10-10:50am	Jul 24-Aug 3	\$44/\$54	
0321.108	M-F/M-Th	11:00-11:40am	Jul 24-Aug 3	\$44/\$54	
Session 4					
0321.109	M-F/M-Th	9:20-10:00am	Aug 7-Aug 17	\$44/\$54	
0321.110	M-F/M-Th	10:10-10:50am	Aug 7-Aug 17	\$44/\$54	
0321.111	M-F/M-Th	11:00-11:40am	Aug 7-Aug 17	\$44/\$54	
Evening Classes (Session 3 is a two-week session)					
Session 1					
0321.125	M/W/F	7:15-7:55 pm	Jun 26-Jul 14	\$44/\$54	
Session 2					
0321.126	M/W/F	7:15-7:55 pm	Jul 17-Aug 4	\$44/\$54	
Session 3					
0321.127	M/W/F	7:15-7:55 pm	Aug 7-Aug 18	\$29/\$39	

Sting Ray 6 to 16 Years

This class, comparable to American Red Cross level 4, further develops technique and endurance of front crawl, back crawl, and elementary backstroke in 11 to 12 feet of water. Breaststroke, sidestroke, front crawl, alternate breathing, and diving from the diving boards are introduced. (No class on the 4th of July).

Session 1				Res/Nonres	
0322.100	M-F/M/W/Th/F	8:30-9:10am	Jun 26-Jul 7	\$44/\$54	
0322.101	M-F/M/W/Th/F	9:20-10:00am	Jun 26-Jul 7	\$44/\$54	
0322.102	M-F/M/W/Th/F	11:50-12:30pm	Jun 26-Jul 7	\$44/\$54	
Session 2					
0322.103	M-F/M-Th	8:30-9:10am	Jul 10-Jul 20	\$44/\$54	
0322.104	M-F/M-Th	9:20-10:00am	Jul 10-Jul 20	\$44/\$54	
0322.105	M-F/M-Th	11:50-12:30pm	Jul 10-Jul 20	\$44/\$54	
Session 3					
0322.106	M-F/M-Th	8:30-9:10am	Jul 24-Aug 3	\$44/\$54	
0322.107	M-F/M-Th	9:20-10:00am	Jul 24-Aug 3	\$44/\$54	
0322.108	M-F/M-Th	11:50-12:30pm	Jul 24-Aug 3	\$44/\$54	
Session 4					
0322.109	M-F/M-Th	8:30-9:10am	Aug 7-Aug 17	\$44/\$54	
0322.110	M-F/M-Th	9:20-10:00am	Aug 7-Aug 17	\$44/\$54	
0322.111	M-F/M-Th	11:50-12:30pm	Aug 7-Aug 17	\$44/\$54	
Evening Classes (Session 3 is a two-week session)					
Session 1					
0322.120	M/W/F	8:00-8:40pm	Jun 26-Jul 14	\$44/\$54	
Session 2					
0223.121	M/W/F	8:00-8:40pm	Jul 17-Aug 4	\$44/\$54	
Session 3					
0223.122	M/W/F	8:00-8:40pm	Aug 7-Aug 18	\$29/\$39	

Dolphin 6 to 16 years

The Dolphins class, or American Red Cross Level 5, focuses on stroke refinement and increasing swimming distance. Knowledge of the front crawl (alternate breathing), back crawl, elementary backstroke, sidestroke, and breaststroke are expected. Skills introduced include butterfly kick and freestyle and backstroke flip turns. (No class on the 4th of July).

Session 1				Res/Nonres	
0323.100	M-F/M/W/Th/F	10:10-10:50am	Jun 26-Jul 7	\$44/\$54	
0323.101	M-F/M/W/Th/F	11:50-12:30pm	Jun 26-Jul 7	\$44/\$54	
Session 2					
0323.102	M-F/M-Th	10:10-10:50am	Jul 10-Jul 20	\$44/\$54	
0323.103	M-F/M-Th	11:50-12:30pm	Jul 10-Jul 20	\$44/\$54	
Session 3					
0323.104	M-F/M-Th	10:10-10:50am	Jul 24-Aug 3	\$44/\$54	
0323.105	M-F/M-Th	11:50-12:30pm	Jul 24-Aug 3	\$44/\$54	
Session 4					
0323.106	M-F	10:10-10:50am	Aug 7-Aug 17	\$44/\$54	
0323.107	M-F	11:50-12:30pm	Aug 7-Aug 17	\$44/\$54	
Evening Classes (Session 3 is a two-week session)					
Session 1					
0323.120	M/W/F	8:00-8:40pm	Jun 26-Jul 14	\$44/\$54	
Session 2					
0323.121	M/W/F	8:00-8:40pm	Jul 17-Aug 4	\$44/\$54	
Session 3					
0323.122	M/W/F	8:00-8:40pm	Aug 7-Aug 18	\$29/\$39	

Swordfish 6 to 16 years

Students at the Swordfish level, the equivalent of American Red Cross Level 6, develop skill proficiency and continue to progress towards greater distance in all strokes. New skills presented are the butterfly, breaststroke and butterfly turns, and diving board techniques. (No class on the 4th of July).

Session 1				Res/Nonres	
0324.100	M-F/M/W/Th/F	9:20-10:00am	Jun 26-Jul 7	\$44/\$54	
0324.101	M-F/M/W/Th/F	11:50-12:30pm	Jun 26-Jul 7	\$44/\$54	
Session 2					
0324.102	M-F/M-Th	11:50-12:30pm	Jul 10-Jul 20	\$44/\$54	
Session 3					
0324.103	M-F/M-Th	11:50-12:30pm	Jul 24-Aug 3	\$44/\$54	
Session 4					
0324.104	M-F	11:50-12:30pm	Aug 7-Aug 17	\$44/\$54	
Evening Classes (Session 3 is a two-week session)					
Session 1					
0324.120	M/W/F	8:00-8:40pm	Jun 26-Jul 14	\$44/\$54	
Session 2					
0324.121	M/W/F	8:00-8:40pm	Jul 17-Aug 4	\$44/\$54	
Session 3					
0324.122	M/W/F	8:00-8:40pm	Aug 7-Aug 18	\$29/\$39	

Advanced Technique Swimming (ATS) 6 to 16 years

Students at the Swordfish level, the equivalent of American Red Cross Level 6, develop skill proficiency and continue to progress towards greater distance in all strokes. New skills presented are the butterfly, breaststroke and butterfly turns, and diving board techniques. (No class on the 4th of July).

Session 1				Res/Nonres	
0325.100	M-F/M/W/Th/F	11:50-12:30pm	Jun 26-Jul 7	\$44/\$54	
Session 2					
0325.101	M-F/M-Th	11:50-12:30pm	Jul 10-Jul 20	\$44/\$54	
Session 3					
0325.102	M-F/M-Th	11:50-12:30pm	Jul 24-Aug 3	\$44/\$54	
Session 4					
0325.103	M-F	11:50-12:30pm	Aug 7-Aug 17	\$44/\$54	
Evening Classes (Session 3 is a two-week session)					
Session 1					
0325.120	M/W/F	8:00-8:40pm	Jun 26-Jul 14	\$44/\$54	
Session 2					
0325.121	M/W/F	8:00-8:40pm	Jul 17-Aug 4	\$44/\$54	
Session 3					
0325.122	M/W/F	8:00-8:40pm	Aug 7-Aug 18	\$29/\$39	

Adult/Teen 18 and Older

Adults will be taught at their own pace. Skills will be developed around each individual's needs. Skills range from beginner to swimmer level. (Three-week Session).

Session 1				Res/Nonres	
0521.100	M/W/F	7:15-7:55pm	Jun 26-Jul 14	\$44/\$54	
Session 2					
0521.101	M/W/F	7:15-7:55pm	Jul 17-Aug 4	\$44/\$54	
Session 3					
0521.102	M/W/F	7:15-7:55pm	Aug 7-Aug 18	\$44/\$54	

Beginning Water Polo 10 to 16 Years

An introduction into the sport of water polo, this class will cover the basics of eggbeater, heads-up freestyle, passing, shooting, and the rules of the game. Prerequisite-students must be able to swim 100 yards front crawl, 50 yards backstroke and tread water for three minutes. (Register by May 25 and receive a discount: \$40/\$50).

Session 2				Res/Nonres	
0522.100	M-F/M-Th	9:20-10:00am	Jul 10-Jul 20	\$44/\$54	
Session 3					
0522.101	M-F/M-Th	9:20-10:00am	Jul 24-Aug 3	\$44/\$54	
Session 4					
0522.102	M-F/M-Th	9:20-10:00am	Aug 7-Aug 17	\$44/\$54	

Intermediate Water Polo 10 to 17 Years

The intermediate level of water polo is for students with strong swimming skills and a basic knowledge of the sport. The class will cover shooting, passing, drills, pressing, zone, and defense/offense. Prerequisite-students must have the ability to swim 100 yards heads-up freestyle, 100 yards backstroke, and tread water for five minutes.

Session 2				Res/Nonres	
0523.100	M/W/F	5:45-6:25pm	Jul 10-Jul 20	\$44/\$54	
Session 3					
0523.101	M-F/M-Th	9:20-10:00am	Jul 24-Aug 3	\$44/\$54	

Pre-Diving 6 to 10 Years

This class is designed for young children to enter into diving that are not ready for the beginner level. Participants will be introduced to entries, hurdle approach, sitting dive, tuck dive and basic dives. Students must pass at least the Otter swim class to enroll in this course. (No class on the 4th of July).

Session 1				Res/Nonres	
0623.100	M-F/M/W/Th/F	11:40-12:20pm	Jun 27-Jul 8	\$44/\$54	
Session 2					
0623.101	M-F/M-Th	9:20-10:00am	Jul 18-Jul 28	\$44/\$54	

Beginning Diving 6 to 16 years

Students must possess Beginner level swim skills (Otter and above) to enroll in this course. Participants will learn entries, acrobatic maneuvers, and basic dives. (No class on the 4th of July).

Session 1				Res/Nonres	
0624.100	M-F/M/W/Th/F	10:00-10:40am	Jun 26-Jul 7	\$44/\$54	
Session 2					
0624.101	M-F/M-Th	10:00-10:40am	Jul 10-Jul 20	\$44/\$54	
Session 3					
0624.102	M-F/M-Th	10:00-10:40am	Jul 24-Aug 3	\$44/\$54	
Session 4					
0624.103	M-F/M-Th	10:00-10:40am	Aug 7-Aug 17	\$44/\$54	

Intermediate Diving 6 to 16 years

This is a great opportunity to learn proper diving techniques on the 1 and 3 meter diving boards. Students will develop skills in proper approach, hurdle, and entry into the pool. Students must already have basic dive skills before enrolling in this class (No class on the 4th of July).

Session 1				Res/Nonres	
0625.100	M-F/M/W/Th/F	10:50-11:30am	Jun 26-Jul 7	\$44/\$54	
Session 2					
0625.101	M-F/M-Th	10:50-11:30am	Jul 10-Jul 20	\$44/\$54	
Session 3					
0625.102	M-F/M-Th	10:50-11:30am	Jul 24-Aug 3	\$44/\$54	
Session 4					
0625.103	M-F/M-Th	10:50-11:30am	Aug 7-Aug 17	\$44/\$54	

Poway Center for the Performing Arts

~ Calendar of Events ~

APRIL 2006 ~ PCPA Gallery Monthly Art Exhibit: Marjorie Rauch, Artist • Dates: April 1-29

EVENT

Art Reception
Judith Ivey in "Women on Fire"

PRESENTED BY

Marjorie Rauch, Artist
PCPA Foundation

DATE

April 23
April 29

TIME

1:00 pm
8:00 pm

MAY 2006 ~ PCPA Gallery Monthly Art Exhibit: PUSD "Art with Heart" • Dates: May 3-30

EVENT

"Pastels on the Plaza"
Art Reception "Art with Heart"
All District Dance Performance
"San Diego Symphony"
"Linda Wang, Violinist"
Graduation
Recognition Night
Dance Concert
Orchestra Concert
Miss Poway & Miss Teen Poway
Scholarship Pageant
Orchestra Concert
Musical "Annie"

PRESENTED BY

Poway Unified School District*
Poway Unified School District*
Poway Unified School District*
PCPA Foundation
Bernardo Concerts**
North County Chinese School**
Poway High School PTSA*
Poway High School*
Twin Peaks & Bernardo Heights M.S.

DATE

May 3-20
May 3
May 4
May 6
May 10
May 14
May 17
May 18
May 20

TIME

All day
5:30 pm
7:00 pm
8:00 pm
8:00 pm
1:00 pm
7:00 pm
7:00 pm
6:30 pm
4:30 pm
6:00 pm, 6:30 pm, 7:30 pm
8:00 pm
2:00 pm & 8:00 pm
2:00 pm & 7:00 pm
7:00 pm

Choir Concert

Meadowbrook Middle School

May 21
May 23
May 26
May 27
May 28
May 31

7:00 pm

JUNE 2006 ~ PCPA Gallery Monthly Art Exhibit: Different Strokes • Dates: June 2-28

EVENT

Digital Media Dept. Film Festival
Indian Play
Art Reception
Choir Concert
Senior Projects
"JUMP" Musical Event
Dance Recital
Children's Chorus Concert
Orchestra Concert & Awards
Band Concert
Band Awards
Dance Recital
Graduation
Choral Concert
Community Services Dance Recital

PRESENTED BY

Poway High School*
Gujarati Association
Different Strokes
Poway High School*
Poway High School*
Ner Tamid**
Touch of Class Dance Academy**
RB Children's Chorus**
Poway High School*
Poway High School*
Poway High School*
Step by Step Dance
PUSD Adult School*
RB Chorale**
Debbora's Dance for Children**

DATE

June 2
June 3
June 4
June 8 & 9
June 9
June 10
June 11
June 12
June 14
June 15
June 16
June 17
June 20
June 23 & 24
June 27 & 28

TIME

7:00 pm
7:30 pm
1:00 pm
7:00 pm
7:30 am
8:00 pm
3:00 pm
7:00 pm
7:00 pm
7:00 pm
7:00 pm
2:00 pm & 7:00 pm
5:30 pm
8:00 pm
7:00 pm

EVENT

Dance Review
Musical "Camelot"
Musical "Camelot"

PRESENTED BY

Scripps Dance Centre
American Rose Theatre
American Rose Theatre

DATE

July 2
July 7, 8, 9
July 14, 15, 16

TIME

2:00 pm & 7:00 pm
TBA
TBA

JULY 2006 ~ PCPA Gallery Monthly Art Exhibit: NONE

PCPA is closed for the period of July 17 through September 15 for annual repair and maintenance.

Notes: CALL PCPA BOX OFFICE FOR TICKET INFORMATION (858) 748-0505.

All times and performances are subject to change and/or cancellation.

*Tickets to these performances are sold at the respective school or at the door (858) 748-0245.

**These event tickets are handled by the Client; call the box office for ticket info (858) 748-0505.



If you haven't been to the Poway Senior Center lately, come and see what you have been missing . . .

Your Poway Senior Center provides a warm and inviting place where active seniors can join other older adults to engage in meaningful activities and take advantage of programs and services which are geared toward enriching their lives.

Dine at La Bella Bistro – Our delightfully delicious lunch program offers you a place to join with your friends or to make new ones every Monday through Friday. Lunch is served between 11:30 a.m. and 12:30 p.m. Advance notice is required, so if you plan to join us for lunch, please make your reservation by noon two days before by calling (858) 748-6094. Need a ride to the center? Ask about our door-to-door transportation service to and from the Center for lunch.

Don't miss out if you can not come to the Center for lunch. We offer a home-delivered meal program for homebound seniors and disabled adults. This service is available to those who reside in the greater Poway area, including Rancho Penasquitos, Scripps Ranch, Carmel Mountain, Rancho Bernardo, and Sabre Springs. To make arrangements for home-delivered lunch meals, contact our Nutrition Manager, Sheila Sirkin at (858) 748-6094, Ext. 304.

It's not what we do . . . it's the difference we make!

Poway Senior Center
13094 Civic Center Drive • Poway, CA 92064
(858) 748-6094
www.powayseniorcenter.org

Playing a vital role in the lives of older adults living in the greater Poway area since 1974.

YOUR Poway Senior Center is located in the Weingart Center Building, situated in Poway's beautiful Community Park.

Everyone is welcome, so stop by 8:00 am to 4:30 pm Monday through Friday

JOIN OUR VOLUNTEER TEAM. Become one of our beloved volunteers who donate time, talent and energy to help deliver much needed programs and services to our older neighbors, friends and family members. Never too young or too mature — volunteer opportunities are available to all ages to help with clerical services, delivering meals, fundraising and much more. Contact Mary Supanchick, Volunteer Coordinator at (858) 748-6094, ext 305 for more information.

VOLUNTEER AT POWAY SENIOR CENTER
You'll be glad you did!

BINGO!

Tuesday afternoons at 12:30 PM
Saturday evenings at 6:00 PM

Anyone over the age of 18 is welcome to play BINGO at the Poway Senior Center.

ALL proceeds from BINGO benefit the Center's Nutrition Program.

So, when you play BINGO with us you can have fun while making a difference in the lives of older adults!

SAVE THE DATE

Don't Miss...

Poway Senior Center's Seventh Annual Candlelight Gala

Run for the Roses
Friday • May 29, 2006

Dinner • Dancing • Entertainment

Silent & Live Auctions

This fun-filled evening is the Center's principal fundraising event

Tickets go on sale February 10th
Sponsorship Opportunities Available

Contact Blaine McCafferty at (858) 748-6094, ext. 301 for details.

BLUE SKY RESERVE

Blue Sky is a 700-acre ecological reserve in Poway on Espola Road, less than one mile north of Lake Poway Road. The Reserve is home to a wide variety of flora and fauna and the trails are open to the public free of charge during daylight hours. The City of Poway, California Department of Fish and Game, and the County of San Diego Department of Parks and Recreation manage the Reserve, with support from the non-profit Friends of Blue Sky Canyon.

Nature Walks

For up-to-date information on dates and times of Docent-led nature walks please call the Blue Sky office at (858) 668-4781 or pick up the latest Activities Schedule at Community Services, Poway Library or Lake Poway. Please wear comfortable shoes, a hat, and carry your own water. Binoculars are recommended. Walks are **FREE**.

Group Nature Walks

School, Scout and group tours are available by reservation at (858) 668-4781. Walks are **FREE**.

Discovery Tables

Discovery Tables will be set up at Blue Sky on the first Saturday and third Sunday of each month between 8:30 a.m. and 11:00 a.m. Skins, skulls, mammal tracks and other artifacts are among the many things you can look at and touch. Staff and Docents will be available to answer questions about the plants and animals found in Blue Sky.

Insects at Night

While you are asleep, Blue Sky comes alive! Join entomologist Mike Klein in the Reserve after dark. We will catch, identify and release back into the wild many of Blue Sky's nighttime inhabitants. This event is limited to 50 people. Information and reservations: (858) 668-4781. **Reservations required.**

Sat Jul 8 8:30pm

2006 Evening Interpretive Programs

Enjoy an evening of wildlife in a woodland setting, followed by refreshments and entertainment. Bring a jacket and flashlight plus a blanket to sit on or cozy up with. Meet at the trailhead for an easy 1.5 miles docent-led hike to the Lake Poway campground. Times shown include the hike to the campground and back to the trailhead after the Program. Information: (858) 668-4781. **Reservations required.**

Wild About California

Join Blue Sky staff for a tour of California's 'wild' side! Meet "William" our State reptile. What's yellow, has only one foot, and is over 5 feet tall? What looks like a poodle and can fly? Join us to find out!

Sat Jul 22 6:00-8:45pm

Canine Search and Rescue

Learn how to stay safe on the trails and what to do if you get lost. As an added bonus, Carlsbad Sheriff's Canine Search and Rescue Division will introduce us to some of their trained dogs.

Sat Jun 24 6:00-9:15pm

Backyard Mammals!

Enjoy this opportunity to get up close and personal with at least one mammal species that can be found living in Blue Sky, and probably around your home too!

Sat Jul 22 6:30-9:15pm

Hootin' With The Owls

Whooo loves to stay out all night and eat mice? Owls, that's whooo! Spend an evening with Project Wildlife learning about these incredible night flying predators.

Sat Aug 27 5:45-8:30pm

Call the Blue Sky office at (858) 668-4781 to find out about exciting additional programs later in the year.

SYCAMORE CANYON/ GOODAN RANCH

"Wildlife with Rangers"

Meet live snakes, hawks, and owls at the Goodan Staging, in the Sycamore Canyon Preserve accessed from Poway go to the end of Sycamore Canyon Road. **Reservations required** (858) 513-4737.

Sat Aug 5 9:00am

OLD POWAY PARK

14134 Midland Rd • Poway, CA 92064 • (858) 668-4576

OFFICE HOURS

Tuesday-Saturday 8:00 AM to 5:00 PM
Sunday 10:00 AM to 2:00 PM

RAIL OPERATIONS • (858) 486-4063

Saturday 10:00 AM to 4:00 PM
Sunday (Closed 2nd Sunday of every month) 11:00 AM to 2:00 PM

MUSEUM HOURS • (858) 679-8587

Saturday & Sunday 10:00 AM to 4:00 PM

NELSON HOUSE

Saturday 10:00 AM to 4:00 PM
Sunday (Closed 2nd Sunday of every month) 11:00 AM to 2:00 PM

BLACKSMITH SHOP

3rd & 4th Saturday 11:00 AM to 4:00 PM

FARMERS MARKET

Saturday (Rain or shine) 8:00 AM to 11:30 AM

BOARDWALK CRAFT MARKET

1st Saturday 8:00 AM to 2:00 PM
(Every Saturday, Labor Day through Christmas)

TOURS AND SPEAKING ENGAGEMENTS OF THE PARK

Call the Old Poway Park office during business hours.

Old-fashioned Fourth of July

Bring your family and friends and celebrate our country's independence "turn-of-the-century-style" at the annual Old-fashioned Fourth of July. This year's celebration will be held at Old Poway Park, Tuesday, July 4th from 10:00 a.m. to 4:00 p.m. Be sure to come hungry, as the Poway Lions Club will serve its traditional picnic lunch for a nominal fee in the shade of the green park. The Poway Woman's Club will cool down the day with a good old-fashioned Ice Cream Social. There will also be additional food items and treats such as kettle corn, popcorn, snow cones, caramel apples, and delicious cotton candy. Enjoy the special displays, games and activities. There will be antique clocks, quilts and cars on display and model trains presented by Poway's own model railroad club, Poway Station. Take a ride with the Poway-Midland Railroad aboard the 1907 Baldwin Steam Engine, but watch out for the villains of the Apache Canyon Gang and the Shadow River Regulators as they attempt to rob the train and surprise you with their mock gunfights! The Poway Historical and Memorial Society will have docents available to display patriotic historical displays in the Heritage Museum. Get your picture taken with Uncle Sam, or have your face painted with an all-American design! Crafters from Poway Arts and Crafts Guild will host an array of authentic handmade crafts; while children of all ages can watch our village blacksmith perform iron working. Information: (858) 668-4576.

Living History Tours Offered at Old Poway Park

Did you know that the living historic village of Old Poway Park offers historic, educational, and fun tours for groups of 20 or more? Each tour participant will receive a presentation of the historic Nelson House, the Heritage Museum, an Operation Lifesaver Train Safety presentation, and a train-ride aboard the Poway-Midland Railroad. Tours are offered Tuesdays through Thursdays for the nominal fee of \$2 per participant. Adults are welcome to join in the fun, and for every ten children that receive a tour, one adult is admitted **FREE**. Old Poway Park tours are great for summer camps, ESS, day care field trips, adult care field trips and can be tailored to meet the educational needs of any age group. Advanced scheduling required, contact Sean Thomas (858) 668-4576.

Theatre in the Park

The Poway Woman's Club and the City of Poway present children's theatre performances in Templars Hall at Old Poway Park. The cast of children will rehearse every Monday and Thursday evening from 7:30 p.m.-9:00 p.m. with some Saturday morning rehearsals in preparation of "Dorothy and the Land of Oz." The public is invited to come and catch the next show for these "rising stars!" There will be evening performances on Thursday, May 24 and Friday, May 25 at 7:00 p.m. with the final production on Saturday, May 26 at 1:00 p.m. The cast is always looking for new participants, fifth grade and up with third and fourth graders invited to participate in acting workshops. This is a great way for you and your family to be part of the fun at Old Poway Park. To join the cast of Theatre in the Park or for more information, call (858) 748-3383.

Folk Concerts in the Park

San Diego Folk Heritage, along with the City of Poway will present folk concerts throughout the summer at the park. Many bands are set to perform, ranging from traditional folk to happy blues. All concerts held at Templars Hall in Old Poway Park and will begin at 7:00 p.m. The concerts will be open to all ages. For information or to purchase tickets, please contact San Diego Folk Heritage at (760) 746-8061.

Sat	May 6	Phil Christy (Voice of John Denver)
Sat	May 20	Black Waterside (Celtic)
Sat	Jun 10	Baja Blues Boys (Blues)
Sat	Jul 8	Hill & Saifer Folk Rock
Sat	Jul 22	Patty Hall (Folk)
Sat	Aug 5	Skelpin (Celtic)
Sat	Aug 19	SDFH Presents Music & Fun
Sat	Aug 26	An Evening of Song and Story

LAKE POWAY



14644 LAKE POWAY ROAD

PARK AND LAKE HOURS

May Lake and Park Hours: Sunrise to Sunset

LAKE HOURS: Beginning May 28

Wednesday, Thursday, Sunday 7:00 a.m. to Sunset
Friday, Saturday 7:00 a.m. to 11:30 p.m.

PARK HOURS: Daily 7:00 a.m. to Sunset

Information: (858) 668-4770

Area Reservations: (858) 668-4580

Concession: (858) 486-1234

Night Fishing

Try your best to break the current 28 pound catfish record when night fishing returns to Lake Poway Friday, June 30. The Lake will be stocked bi-weekly with over 700 pounds of catfish and there are still plenty of legendary resident catfish left over from previous years. Night fishing is offered through mid-September on Friday and Saturday nights from 4:00 p.m. to 11:30 p.m. Motorboats and rowboats are offered for rental on a first-come, first-served basis, and the shore fishing is sure to be great fun.

Discount Fishing Day All Ages

Celebrate the State of California Department of Fish and Game free fishing day at Lake Poway on Saturday, June 10 and Saturday, September 23. Each year the State offers all levels of fisherman the opportunity to fish for free with no state fishing license required. It is the perfect opportunity to try your hand at the sport and not invest in a one-year license. In addition, Lake Poway will offer specially priced fishing permits (\$3) to all adults and free fishing for all youth ages 15 and under. Additionally, boats will be rented at half-day rates all day. **Pedal boats and pleasure boats are not included in the promotion.**

Lake Poway Wilderness Campground

Come and enjoy a one-of-a-kind wilderness camping experience at the Lake Poway Recreation Area. A one-mile hike/horseback ride from Lake Poway leads to the secluded wilderness campground. The campground has restrooms, several shaded picnic tables, and potable water. If you want to "get away from it all" without having to drive outside of the county, then camp at one of our remote wilderness campsites. Information: (858) 668-4580.

Midnight Catfish Craze

Can't sleep? Come join us at the tenth annual Midnight Catfish Craze at Lake Poway on Friday, August 11 from 4:00 p.m. to 12:00 a.m. Final weigh-in will be at 12:15 a.m. followed shortly after an award ceremony (prizes for top catches) and raffle. The lake will be stocked with over 2,000 pounds of channel catfish for this year's "Craze." San Diego County's only nighttime catfish tournament promises to be filled with lots of big fish, fun and great prizes. State fishing licenses and event derby tickets are required. Derby tickets are \$4 or can be purchased in advance for \$3.00 at Lake Poway Concession. 50 motorboat rentals will be offered at 3:00 p.m. and are available on a first-come, first-served basis. In preparation for the event, Lake Poway will be closed for boating and fishing until 4:00 p.m. on Friday, August 11. Lake Poway is located at 14644 Lake Poway Road. Information: (858) 668-4770. To become a sponsor, call (858) 668-4774.

Family Campouts All Ages

Enjoy camping under the stars with the whole family at beautiful Lake Poway. There will be storytelling around the campfire, entertainment, and children's crafts. Families need to bring their own camping supplies and food to barbecue on our grills. The City will also provide snacks around the campfire and a continental breakfast. Families may start setting up their campsites at 5:00 p.m. No alcohol is permitted. Space is limited to 50 families, so register early.

Res/Nonres

9039.101 Sat-Sun 5:00pm-9:00am Jul 15-Jul 16 \$30/\$40
9039.103 Sat-Sun 5:00pm-9:00am Aug 12-Aug 13 \$30/\$40

REGISTRATION INSTRUCTIONS

IMPORTANT:
NEW REGISTRATION INSTRUCTIONS AND REGISTRATION DATES

ATTENTION: On-line registration is the best method to obtain your preferred classes. All registration methods for Poway residents begin the same day. Poway residents may register by internet, mail or walk-in beginning Tuesday, April 25, for the summer session.

POWAY RESIDENTS are defined as those persons who live within the city limits of Poway. All programs will be audited for proof of class participant residency. Identification may also be required at time of registration.

ON-LINE REGISTRATION is offered in order to provide greater convenience for Poway residents. On-line registration will begin the same date as mail-in and walk-in. In order to avoid the lines or delay of mail, we encourage you to utilize the internet for a nominal fee. Payment must be made by credit card only MasterCard or VISA). Our internet registration site can be accessed at www.ci.poway.ca.us/classes

ENROLLMENT PRIORITY: It is our policy to enroll class participants on a "first-come first-served" basis. Poway residents are given first priority over non-residents as non-resident registration begins two weeks after resident registration. Each registration is posted with the date of the transaction. Mail-in registrations will be posted in order of the date received by the City of Poway.

NON-RESIDENTS are eligible to register for classes on-line, by mail or walk-in effective May 8, 2006.

FAXED REGISTRATIONS WILL NO LONGER BE ACCEPTED. For immediate registration, please use on-line registration.

POWAY RESIDENTS: On-line, mail-in or walk-in registration begins April 25, 2006.

MAIL-IN REGISTRATION should be mailed to:

City of Poway
Community Services Department
Post Office Box 789
Poway, CA 92074-0789



MAIL-IN REGISTRATION may be paid by check or credit card (MasterCard or VISA). **Please do not send cash as it will not be accepted.** If you prefer to pay by check, please submit one check per class registration. If one class is already full, the separate check will be returned to you without delaying your registration for any other class. If you prefer to receive a receipt confirming registration, please provide a self-addressed stamped envelope with your registration.



WALK-IN REGISTRATION will begin April 25, 2006 at the Community Services Office at 13325 Civic Center Drive. Registration will be provided by staff between 8:00 a.m. and 5:00 p.m., Monday through Friday and Tuesday until 7:00 p.m.



WALK-IN REGISTRATION will be provided on a first-come, first-served basis and may result in a waiting line. To avoid this wait, please refer to the information to the left regarding on-line registration.

FULL REFUNDS will be provided for any class canceled by the City of Poway, or if the class is full. No service fee will be deducted.

PARTIAL REFUNDS will be issued if a written refund request is received 24 hours prior to the start of the second class. A service charge of \$10.00 will be deducted from the refund.

NO REFUND will be issued after the start of the second class unless verification of an emergency/extended illness is provided in writing with the request for refund. If a refund is determined to be warranted, the refund will be prorated and a service charge of \$10.00 will be deducted.

WRITTEN REFUND REQUESTS may be submitted by mail to the Community Services Office, P.O. Box 789, Poway, CA 92074-0789. Refund requests may also be submitted in person during normal business hours (Monday through Friday 8:00 a.m. to 5:00 p.m. and Tuesday until 7:00 p.m. at the Community Services Offices located at 13325 Civic Center Drive. If a refund is approved, a check will be processed and mailed within three weeks of the approval date. All refunds will be provided by check (no credit card credits will be refunded).

FACILITY ACCESS for all participants is important to the City of Poway and we are working to ensure that all participants, including the physically challenged, have equal access to all facilities and programs. Please let us know if you need any assistance in this regard. If you require assistance or have any questions, please call (858) 668-4581.

INDEPENDENT CONTRACT INSTRUCTORS provide class instruction for most City of Poway classes. Class content is the responsibility of the instructor.

SWIM LESSON REGISTRATION

Please follow these instructions to ensure your child's placement in the class.

1. Follow regular mail-in and walk-in registration procedures using the registration form and class numbers.
2. Please use the designated swim lesson registration form.
3. Please adhere to age requirements for the different class levels.
4. Please note skill requirements for the different level classes. Testing is always available at the pool during open swim hours.
5. Students who are enrolled for a class either above or below their ability level will be dropped from the class if no other class is available.
6. Requesting alternate classes will increase the probability of being registered at a specific class level.
7. Please **KEEP YOUR RECEIPT and bring it to the first class session.**
8. If you cannot make the class on the first day, please call (858) 668-4683 to make sure that you are not dropped from the class.
9. Remember, these classes fill quickly. Take advantage of the online and mail-in registration process.
10. Participants are responsible for knowing the dates and times of their classes.

FINANCIAL ASSISTANCE



P.L.A.Y. (Poway Leisure Assistance for Youth)

Did you know that your child might be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you? The amount could total \$160 worth of classes each year per child! Come to the Community Services Department and fill out an application. **Eligibility:** 17 years old or younger, or developmentally disabled (any age), household income meets guidelines provided by the U.S. Department of Housing and Urban Development, and must be a Poway resident. The City of Poway also accepts donations to support this program. Information: (858) 668-4570.

Applications are available at:
Community Services Department
13325 Civic Center Drive

Programa de Beca - P.L.A.Y.

¿Sabía usted, que cada temporada su niño podría tener derecho a recibir clases de recreación, patrocinadas por la Ciudad, con un valor de hasta \$40.00, sin costo alguno a usted? ¡La cantidad podría acumular a \$160.00 por niño cada año! Venga al Departamento de Servicios de Comunidad y llene una aplicación. **Requisitos:** 17 años de edad o menor, o cualquier edad, si demuestra incapacidad de desarrollo, los ingresos del hogar se mantienen dentro de las pautas proporcionadas por el Departamento de Albergue y Desarrollo Urbano de U.S., debe ser residente de Poway. La Ciudad de Poway también acepta donativos para sostener este programa. Información: (858) 668-4570.

Las aplicaciones están disponibles en:
El Departamento de Servicios de Comunidad
13325 Civic Center Drive

CITY of POWAY
P.O. Box 789
Poway, CA 92074-0789
(858) 668-4570

REGISTRATION FORM

City of POWAY Community Services Department

Name: Parent/Guardian or Adult (Please print): _____

Home Phone: () _____ Work Phone: () _____

E-Mail Address: _____

FIRST & LAST NAME OF PARTICIPANT	BIRTHDATE (If under 18)	AGE	SEX	CLASS TITLE	CLASS REGISTRATION NUMBER		FEE
					FIRST CHOICE	ALTERNATE CHOICES	

PARTICIPANT WAIVER

The undersigned fully understands that my/my child's participation in the above events/classes exposes my child or me to the risk of personal injury or property damage. I hereby acknowledge that participation in these events/classes is voluntary and agree to assume any such risks. Further, in consideration for being permitted to participate in these events/classes, I hereby agree, for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless the City of Poway from any and all claims, demands, actions or suits arising out of the connection with my/my child's participation in these events/classes.

Signature _____ Date _____

FORM OF PAYMENT: Cash Amount _____ Check Check # _____
 Charge MC/ VISA # _____ Expiration Date: _____

Entered by: _____ Date: _____

Yes, I would like to support the Scholarship Program, enclosed is a check for \$ _____

Yes, I would like to contribute to the Fireworks Fund, enclosed is a check for \$ _____