

**SPORTS  
RECREATION  
AQUATICS  
FITNESS  
NATURE  
TEENS**

**P W A Y**



**COMMUNITY SERVICES PROGRAMS**

**SPECIAL EVENTS Winter 2007**

## Christmas in the Park

Experience the magic of an old-fashioned holiday tradition during the 14th annual Christmas in the Park, Saturday, December 8, at historic Old Poway Park, from 4:30 p.m. to 8:30 p.m. The event is FREE. Enjoy caroling, live holiday music, model train displays, a holiday crafts boutique, steam train rides, blacksmithing demonstrations, ornament making, and performances by the children's theatre group and square dancers. The community Christmas tree will be officially lit at 5:15 p.m., and Santa is expect-

ed to arrive by train at 5:30 p.m. Historic, charming buildings such as the Heritage Museum, and Nelson House will be open with docents on hand and the scent of fresh gingerbread. Community vendors will be selling an array of food, such as chili, corn dogs, tamales, baked goods and sweets. The event is co-sponsored by the City of Poway and the volunteer-based organizations of the Old Poway Park Action Committee. Experience Poway's best holiday season tradition! Information: (858) 668-4576.



*Old-fashioned holiday traditions take center stage at the annual Christmas in the Park Celebration*



*Sledding down tons of fresh snow is always a hit with the kids at the Candyland Holiday Festival.*

## Candyland Holiday Festival 2 to 10 Years

The popular children's board game comes alive at Poway Community Park, 13094 Civic Center Drive. Your child will enjoy visiting with King Kandy, Lord Licorice, Princess Lolly, and Queen Frostine in the magical areas of Lollipop Park, Tootsie Roll Forest, and more. Each child will also have a chance to meet Santa, play in tons of fresh snow and a

huge fun jump, and make holiday crafts with Home Depot. Children will remember this for a lifetime! Parents are encouraged to bring their cameras. **Day-of-event registration only.** Information: (858) 668-4570.

Sat 4:00-9:00 pm Dec 15 \$5/per child  
\$1/per adult

## Easier Online Class Registration

The City of Poway Community Services Department is pleased to announce its improved online class registration system! The new system allows you to more easily view classes and register for them online, at whatever time of day is most convenient. Simply create an account and an email confirmation is sent immediately. You are now ready to register for classes.

### *Some of the enhanced features include:*

- Around-the-clock access
- Immediate service without waiting in line
- Quick, secure online payments
- Easy to use and friendly format
- Enhanced content
- Register for classes from the comfort of your home
- "My Account" feature makes updating your profile a snap, and provides easy access to your past transactions
- "Family Calendar" allows you to view and print a visual display of your family's recreation activities
- More attractive web site with current and up-to-date information

Customers can access the program by going to **www.poway.org** then click on online registrations.

In addition to our friendly registration and

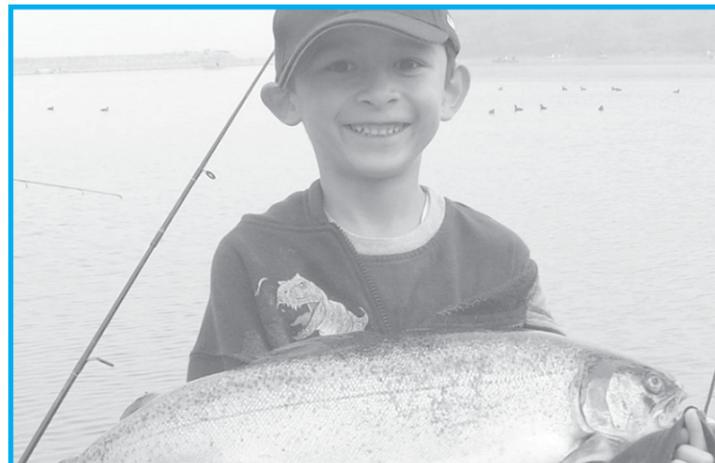


reservation staff, a computer kiosk is now available in the lobby of the Community Services Department during business hours for added customer convenience when visiting City Hall. We encourage you to take a few minutes to set up your account today so you are all set and ready to go for your next class registration need. In the near future, you will also be able to check the availability of facilities for rent.

## Free Youth Fishing Derby 15 Years & Under

**Due to the damage from the Witch Creek Fire, the Derby is tentatively scheduled for Saturday, February 2nd. The date is subject to change.** Join the City of Poway, Captain Ron Baker of Fish Talk Radio, and several big-name sponsors for a great day of fun and prizes, and it's FREE! Registration for the event will begin at 6:00 a.m., fishing continues until noon, and then all participating youth are invited to enjoy a tasty barbecue lunch. The awards ceremony will begin

at 1:00 p.m. and great raffles and really cool prizes will be awarded for age division winners. Prizes will also be awarded for the Kids Greatest Fishing Story Contest, so bring your best tale of the one that got away! 2,500 pounds of hungry rainbow trout, including 625 pounds of trophies, will be stocked for the event. In preparation for the Derby, Lake Poway will be closed Thursday, January 31 at noon and Friday, February 1 all day. Information: (858) 668-4770.





### Spring Egg Hunt

3 to 8 Years

This free event has been a tradition in Poway for over 20 years. Children are invited to hunt for candy and plastic prize eggs hidden in the Community Park ball fields grass area. Along with the hunts, there will be balloons, huge fun jumps, and a "bunny fun zone." There will also be a pancake breakfast (nominal fee). Benny and Bonnie Bunny will be on hand to lead the hunts and to take pictures. Children are to bring their own baskets. Children ages 5 to 8 must hunt without their parent's help. **Plan to arrive 30 minutes before your scheduled hunt.** Information: (858) 668-4570.

Sat	9:30 am	3 years	March 22
	10:00 am	4 years	
	10:30 am	5 and 6 years	
	11:00 am	7 and 8 years	

### Free Music Festival at Old Poway Park

The weekend of May 3 and 4 will bring concert bands from southern California and Arizona to the living historic village of Old Poway Park, 14134 Midland Road. In celebration of the Armed Forces and their families, the City of Poway and the Pomerado Community Band will present a FREE line up of live, patriotic music all day each day. The event will also feature train rides for a nominal fee, children's crafts, and a booth fair complete with crafters and food. Stop by and enjoy the music, food and Poway's own "turn-of-the-century" village. Information (858) 668-4576.



### Discovery Time Toddlers 2 1/2 to 3 1/2 Years

A fun-filled class designed to emphasize language development and socialization with his/her peers in a positive and nurturing environment. Art, songs, fine and gross motor skills are explored in a success-oriented setting. Parent participation in the class is a requirement, and is limited to only once in a four-week session. Come join the toddler fun where smiles are abundant. Snacks are provided. Participants do not need to be toilet trained. Materials fee: \$5. Classes held at Poway Community Park, Youth Activity Room. Instructor: Debi Supergan. **No class January 22, February 19 and 21.**

				Res/Nonres
4011.300	Tue	9:00-11:00 am	Jan 8-Jan 29	\$42/\$52
4011.301	Tue	9:00-11:00 am	Feb 5-Mar 4	\$55/\$65
4011.302	Tue	9:00-11:00 am	Mar 11-Apr 1	\$55/\$65
4011.303	Thu	9:00-11:00 am	Jan 10-Jan 31	\$55/\$65
4011.304	Thu	9:00-11:00 am	Feb 7-Mar 6	\$55/\$65
4011.305	Thu	9:00-11:00 am	Mar 13-Apr 3	\$55/\$65

### Discovery Time

3 to 5 1/2 Years

This is a developmentally enriched program, providing learning in a fun, positive and success oriented environment. The program builds a foundation in a progressive manner that reinforces social skills and promotes school readiness. Fine motor and gross motor skills, imaginary play, language development, music, and art are incorporated in the weekly format. Come join the fun and make lots of new school friends! Children need to bring snacks and be toilet trained. Materials fee: \$10. Classes held at Poway Community Park Youth Activity Room. Instructor: Debi Supergan. **No class January 21, February 18, 20, and 22.**

				Res/Nonres
4011.306	M/W/F	9:30-12:30 pm	Jan 7-Feb 1	\$190/\$200
4011.307	M/W/F	9:30-12:30 pm	Feb 4-Mar 7	\$190/\$200
4011.308	M/W/F	9:30-12:30 pm	Mar 10-Apr 4	\$190/\$200

### Pre-K Hour

3 1/2 to 5 1/2 Years

An hour of pure fun, while socialization and readiness skills are being emphasized in a success oriented atmosphere. Skill based activities are taught emphasizing phonics, letter recognition, number concepts and values. Cognitive concepts are taught through the use of games utilizing a hands-on approach through different sensory techniques. All concepts are taught in a fun manner with rhymes and songs. Children need to be toilet trained. Classes held at Poway Community Park, Youth Activity Room. Instructor: Debi Supergan. **No class January 21, February 18, 20, and 22.**

				Res/Nonres
4011.309	M/W/F	12:30-1:30 pm	Jan 7-Feb 1	\$50/\$60
4011.310	M/W/F	12:30-1:30 pm	Feb 4-Mar 7	\$50/\$60
4011.311	M/W/F	12:30-1:30 pm	Mar 10-Apr 4	\$50/\$60

### Intro to Sports

3 to 5 Years

This class provides structured fun and teaches coordination, teamwork and sportsmanship in a noncompetitive environment. Your child will receive a basic introduction to a variety of sports including soccer, tumbling, basketball, and T-ball. This class will enhance flexibility, bolster self-esteem and build conditioning while your child is having a fantastic time. Classes held at Poway Community Park, Auditorium and Basketball Court. Instructor: Jennifer Henley. **No class January 21, 22, February 18, 19.**

				Res/Nonres
4011.312	Mon	3:10-4:00 pm	Jan 7-Mar 24	\$65/\$75
4011.313	Tue	10:00-10:50 am	Jan 8-Mar 25	\$65/\$75

### Phonics Fun I

5 to 6 Years

Learn letter sound correspondence and decoding skills. Consonant and vowel sound correspondence is taught through songs, rhyme, stories, and repetition. Games played include: alphabet songs, alphabet hunt, alphabet safari concentration, letter bingo, vowel tic-tac-toe, vowel treasure hunt, and many more. Classes held at the Community Meeting Room at the Poway Library. Instructor: Mary Lynn Toney.

				Res/Nonres
4011.314	Tue	3:30-4:30 pm	Jan 23-Mar 12	\$54/\$64

### Phonics Fun II

7 to 9 Years

Phonics Fun is a class designed for grades K-2 to teach letter-sound recognition. Decoding skills, consonant and vowel sounds, blends, prefixes, suffixes, diphthongs, digraphs, and sight words through stories, singing, choral reading, and games such as alphabet pogs, word checkers, alphabet bingo, rolling for words and sounds, racetrack, word hunt, sight word race, word golf, and phonics rummy. Students will be able to take these games home for practice with parents, siblings, and friends. Students will be grouped by ability level. Classes held at the Poway Community Meeting Room at the Poway Library. Instructor: Mary Lynn Toney.

				Res/Nonres
4011.315	Tue	3:30-4:30 pm	Jan 23-Mar 12	\$54/\$64

### Reading Club

7 to 9 Years

Reading Club is a class designed for grades 1-3. It is a club that reads and discusses current popular books, poetry and movies. Every session will include vocabulary development through word games and exercises. The club will put out a Reading Club newsletter with interesting articles, crossword puzzles, movie reviews, and "kid talk" about the best stories to read. Classes held at the Poway Community Meeting Room at the Poway Library. Instructor: Mary Lynn Toney.

				Res/Nonres
4011.316	Wed	3:30-4:30 pm	Jan 24-Mar 13	\$54/\$64



### Art Start I

5 to 7 years

Anyone can learn to draw! Susan Bainbridge's beginning drawing class will be geared toward the attention and coordination skills of a 5 to 7 year old. Learn to recognize shapes that comprise an object and then work step by step to create many wonderful masterpieces.

Clay and origami will also be explored to develop spatial thinking and dexterity. Materials fee: \$15. Classes held at Old Poway Park, Porter House Great Room. Instructor: Susan Bainbridge.

				Res/Nonres
6182.300	Mon	2:30-3:30 pm	Feb 25 - Mar 31	\$65/\$75

### Art Start II

7 to 12 years

Anyone can learn to draw! Susan Bainbridge will lead this class with a "draw with me" approach starting you on your way to many wonderful masterpieces, using notable artists for inspiration. Learn art terms and basic design principles as you become skilled in representational drawing. Clay and origami will be explored to develop special thinking and dexterity. Materials fee: \$15. Classes held at the Old Poway Park, Porter House Great Room. Instructor: Susan Bainbridge.

				Res/Nonres
6182.301	Mon	3:45-5:00 pm	Feb 25 - Mar 31	\$70/\$80



### Broadway Babies

4-6 Years

Calling all little singers! This class will have your children singing and swinging as they learn fun new songs. Students will develop self-confidence, teamwork, and most importantly a love for music! All groups will participate in the "Spring Fling" performance for family and friends. Classes held at Old Poway Park. Materials Fee: \$25, Instructor: Jennifer Winspear and Company.

				Res/Nonres
8246.300	Thurs	4:00-4:45 pm	Jan 10-Mar 13	\$100/\$110

### Vocal Motion

7-12 Years

Do your kids love to sing and dance? We will introduce students to basic musicianship skills through song. These classes will focus on basic ear training while enjoying singing as a group. Beginning music theory and terminology are included in the classes, along with fun "show choir movement." All groups will participate in the "Spring Fling" performance for family and friends. Classes held at Old Poway Park. Materials Fee: \$25, Instructor: Jennifer Winspear and Company.

				Res/Nonres
8246.301	Thurs	4:00-5:30 pm	Jan 10-Mar 13	\$130/\$140

### Lion King

7-12 Years

Come be a part of *The Lion King*! This story is about a feisty lion cub named Simba who "just can't wait to be king." But his envious Uncle Scar has plans for his own ascent to the throne, and he forces Simba's exile from the kingdom. Alone and adrift, Simba soon joins the escapades of a hilarious meerkat named Timon and his warmhearted warthog pal, Pumbaa. Adopting their carefree lifestyle of "Hakuna Matata," Simba ignores his real responsibilities until he realizes his destiny and returns to the Pride Lands to claim his place in the "Circle of Life." This fun mini-musical will be an unforgettable experience! Students will have the opportunity to perform the play for family and friends. Classes held at Old Poway Park. Materials Fee: \$80, Instructor: Jennifer Winspear and Company.

				Res/Nonres
8246.302	Tues	4:00-5:30 pm	Jan 8-Mar 11	\$75/\$85

### Children's Theatre Program Seeking Volunteers

The Theatre in the Park program is in need of several volunteers to assist in the many different aspects of the program. The cast is currently looking for assistance in the transportation and setup of various set backdrops for their upcoming performances at Old Poway Park and other aspects of the program such as set and costume design. If you are interested in becoming involved with this community based theatre program please call the Program Director, Diana Smith, at (858) 748-3383 or the Old Poway Park office at (858) 668-4576. See page 13 for Theatre in the Park performances.



# CHILDREN'S DANCE

**Dance/Tap & Ballet: Held at Poway Community Park Auditorium. Instructor: Debbora Childress. For information on classes only, call (760) 747-9777. No class February 18 and 21**

## Dance for Children 3 to 5 Years

Dance...Sing...Tumble...Balance...Imagine...Express... Gain self-confidence and flexibility during this fun-filled introduction to dance/tumbling. Boys and girls will experience the joys of movement and creative expression and come away equipped with skills valued for a lifetime. This ongoing program is designed to increase in difficulty with continued enrollment. Students who enroll in the fall, winter, and spring sessions will be able to perform in our annual June dance recital. Costumes are ordered in January, paid for by enrollees. Come join the fun! Wear comfortable clothing or dance attire and ballet slippers or bare feet.

				Res/Nonres
5111.300	Mon	10:00-10:45 am	Jan 7-Mar 31	\$98/\$108

## Tap and Ballet 3 to 17 Years

Come dance and sing with us! This fun-filled, action-packed, dynamic program will teach your child rhythm and coordination as well as a love of dance. The winter session provides students with skill/technique building, songs and dances, and just plain fun! Continuing students who enroll in fall, winter, and spring sessions may participate in our June dance recital, to be held at the Poway Center for the Performing Arts. Students NOT wishing to participate in the June recital should not enroll in this session, but should enroll in the summer 2008 session. Recital costumes are ordered in January and are paid for by enrollees. Tap shoes with elastic closures, ballet shoes and dance attire required.

Tiny Tot Beginner - 3 to 4 Years				Res/Nonres
5111.301	Mon	11:00-12:00 pm	Jan 7-Mar 31	\$98/\$108
5111.302	Mon	2:00-3:00 pm	Jan 7-Mar 31	\$98/\$108
5111.303	Thu	1:00-2:00 pm	Jan 10-Apr 3	\$98/\$108
Children's Beginner - 5 to 6 Years				
5111.304	Mon	3:00-4:00 pm	Jan 7-Mar 31	\$98/\$108
5111.305	Thu	2:00-3:00 pm	Jan 10-Apr 3	\$98/\$108

Beginner/Intermediate - 6 to 9 Years (Previous experience suggested)				
5111.306	Mon	4:00-5:00 pm	Jan 7-Mar 31	\$98/\$108
5111.307	Thu	3:00-4:00 pm	Jan 10-Apr 3	\$98/\$108

Intermediate - 8 to 10 Years				
5111.308	Mon	5:15-6:15 pm	Jan 7-Mar 31	\$98/\$108

Intermediate - 9 to 12 Years (Instructor Referral Only)				
5111.309	Thu	4:00-5:00 pm	Jan 10-Apr 3	\$98/\$108

Intermediate/Advanced - 10 to 13 Years (Instructor Referral Only)				
5111.310	Thu	5:00-6:00 pm	Jan 10-Apr 3	\$98/\$108

Advanced Teen - 12 to 17 Years (Instructor Referral Only)				
5111.311	Mon	6:15-7:15 pm	Jan 7-Mar 31	\$98/\$108

## Dance Production 6 to 17 Years

(Concurrent Enrollment in Tap & Ballet program is REQUIRED)

This special class will allow students to participate in a danced "play" incorporating many levels and forms of dance, and some acting too. Our "production" will be performed at our June recital, in addition to our regular class dances. Special costumes will be required and are paid for by enrollees. Continuous and concurrent enrollment in Tap & ballet program and this "production" class is required. This will be a lot of fun! Instructor: Debbora Childress. Class held in Bill Bond Hall I. **No class February 21, May 29.** (There will be some rehearsals scheduled on Mondays, 7:15-8:30pm - TBA)

				Res/Nonres
5111.312	Thu	6:15-7:30 pm	Jan 10-Jun 19	\$98/\$108

## Pre-ballet 3 to 5 Years

Introduce your child to the art of classical ballet. Children will learn basic ballet technique, rhythm, and coordination taught in an exciting and creative environment. This fun-filled, active class will prepare beginning dancers for continuation in ballet. Dance attire and ballet shoes required. Tuesday classes held at Poway Community Park Auditorium. Saturday classes held at Twin Peaks Multipurpose Center. Instructor: Kellie Childress. **No class February 19 and 23.**

				Res/Nonres
5121.300	Tue	9:30-10:15 am	Jan 8-Mar 25	\$75/85
5121.301	Sat	10:00-10:45 am	Jan 12-Mar 29	\$75/85

## Jazz Dance for Kids 7 to 17 Years

Come learn basic through intermediate classical jazz dance technique in a positive, fun-filled, musical environment! Classes provide students with skill/technique building, new dances to great music...and lots of fun! Continuing students will participate in the June Recital (costumes to be paid for by students). Students should wear dance attire and black jazz shoes to class. Classes held at Poway Community Park Auditorium. Instructor: Kellie Childress. **No class February 19.**

Beginner 7 to 11 Years				Res/Nonres
5121.302	Tue	3:45-4:30 pm	Jan 8-Mar 25	\$85/\$95

Beginner/Intermediate - 12 to 17 Years				
5121.303	Tue	4:30-5:15 pm	Jan 8-Mar 25	\$85/\$95

## Ballet I/II 4 to 12 Years

The fundamentals of ballet will be taught in a manner that combines art, discipline, stretching, rhythm, and fun. Instruction is designed to allow each individual to progress at his or her own pace and comfort. A simple, fun dance will be taught to help students feel proud of their accomplishment. Classes held at Twin Peaks Multipurpose Center. Instructor: Linda Kincaid. **No class February 16.**

				Res/Nonres
5141.300	Sat	11:00-11:50 am	Jan 12-Mar 22	\$60/\$70

## Ballet III 6 to 16 Years

Ballet technique, grace, and ability are the emphasis of this level. Existing skills are strengthened as the ballet vocabulary of movement is increased. Must have successfully completed Ballet I or have been tested by the instructor. All pointe students must be tested by the instructor prior to purchasing pointe shoes. Instructor referral only. Classes held at Twin Peaks Multipurpose Center. Instructor: Linda Kincaid. **No class February 16.**

				Res/Nonres
5141.301	Sat	11:00-11:50 am	Jan 12-Mar 22	\$60/\$70




# TEEN/ADULT DANCE

## Beginning Ballet 13 and Older

Ever wish you had taken ballet classes when you were younger? Well, here's your chance to turn the clock back. This new class is for the beginning student who wants to try this beautiful dance form, as well as exercise to wonderful music. Classes held at Twin Peaks Multipurpose Center. Instructor: Linda Kincaid. **No class February 16.**

				Res/Nonres
5317.300	Sat	9:00-9:50 am	Jan 12-Mar 22	\$60/\$70

## Line Dancing (New Class) 18 and Older

If you enjoy line dancing, this is the class for you. With 10 years experience, your instructor's directions will be easy to follow. A quick review of basic steps and then jumping in to easy dance moves. The class will also offer more challenging dances for those more experienced dancers. Dance selections will be from the popular dances being done around San Diego County. Come join the fun! Classes held at Poway Community Park Auditorium. Instructor: Mary Ann Nordeman.

				Res/Nonres
5317.301	Tue	6:30-8:30 pm	Jan 15-Mar 11	\$52/\$62



# GYMNASTICS

**Gymnastics: All classes held at Poway Gymnastics, 12850 Brookprinter Place. No snaps, zippers or buttons on clothes. Please wear comfortable clothes or leotards. Instructor: Tony Salmeri. Information: (858) 748-1716. Materials fee: \$10.**

## Mom & Tot Walking to 3 Years

This class is designed for toddlers and their parents to participate together in basic gymnastics while interacting with other children and an instructor. At this level the students learn educational gymnastics. They will develop their basic motor skills, confidence, balance, coordination, and social interaction in a fun-filled positive atmosphere.

				Res/Nonres
2312.300	Thu	10:45-11:15 am	Jan 10-Mar 20	\$143/\$153
2312.301	Sat	8:45-9:15 am	Jan 12-Mar 22	\$143/\$153

## Super Tot 3 to 5 Years

This class is designed for toddlers to participate in basic gymnastics without their parents, while interacting with other children and an instructor. At this level the students learn educational gymnastics, structure, and discipline. They will develop their gross/fine motor skills, confidence, balance, coordination, and social interaction in a fun-filled positive atmosphere.

				Res/Nonres
2312.302	Thu	10:00-10:45 am	Jan 10-Mar 20	\$162/\$172
2312.303	Sat	9:30-10:15 am	Jan 12-Mar 22	\$162/\$172

## Beg. Gymnastics 5 to 7 Years

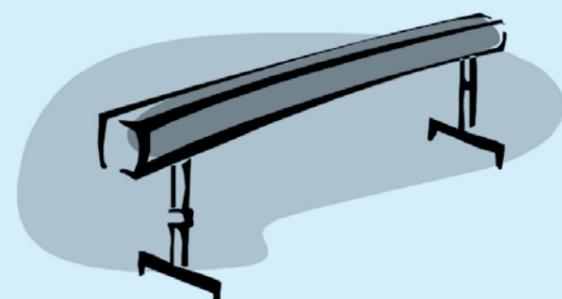
This class is designed for boys and girls to learn the basic gymnastics elements. The girls will learn skills on the Vault, Bars, Beam, and Floor. The boys will learn basic skills on the six Olympic men's events. The skills learned will enable them to move onto the next level.

				Res/Nonres
2312.304	Tue	3:40-4:40 pm	Jan 8-Mar 18	\$181/\$191

## Beg. Tumbling & Trampoline 5 to 7 Years

This class consists of basic tumbling skills, basic skills on a double mini trampoline, and basic skills on a regular trampoline.

				Res/Nonres
2312.305	Thu	6:00-7:00 pm	Jan 10-Mar 20	\$181/\$191



# YOUTH SPORTS

## Beginning Ice Skating 3 to 12 Years

Could your child be an undiscovered skating star? Let your child experience the thrill and excitement of learning this beautiful sport. Fundamental skills will be taught in class and students can practice during open skate time from 3:00 to 5:00 p.m. Skate rental is included in the fee. Classes held at San Diego Ice Arena, 11048 Ice Skate Place. **No class November 21.**

3 to 5 Years		Res/Nonres	
2091.300	Wed 4:00-4:30 pm	Jan 9-Jan 30	\$40/\$50
2091.301	Wed 4:00-4:30 pm	Feb 6-Feb 27	\$40/\$50
2091.302	Wed 4:00-4:30 pm	Mar 5-Mar 26	\$40/\$50

6 to 12 Years		Res/Nonres	
2091.303	Wed 4:30-5:00 pm	Jan 9-Jan 30	\$40/\$50
2091.304	Wed 4:30-5:00 pm	Feb 6-Feb 27	\$40/\$50
2091.305	Wed 4:30-5:00 pm	Mar 5-Mar 26	\$40/\$50

## Karate is for Kids 4 to 16 Years

Respect, courtesy, manners, mental focus, physical fitness, and coordination. If your child needs improvement in any of these areas, this is the class you want. Your child will be taught by experienced professionals who like children and can bring the most out of them. This is a safe, fun, and educational class for young people. Uniforms optional, but available from the instructor. Classes held at Poway Kenpo Karate (www.powaymartialarts.com), 13246 Poway Road (in the Lively Center). Information: (858) 486-1003. Instructor: Barry Barker.

4 to 5 Years		Res/Nonres	
2091.306	Fri 3:00-3:45 pm	Jan 11-Feb 8	\$45/\$55

6 to 7 Years		Res/Nonres	
2091.307	Sat 10:00-10:45 am	Jan 12-Feb 9	\$45/\$55

8 to 12 Years		Res/Nonres	
2091.308	Wed 4:00-4:45 pm	Jan 9-Feb 6	\$45/\$55

13 to 16 Years		Res/Nonres	
2091.309	Wed 6:00-7:00 pm	Jan 9-Feb 6	\$45/\$55

## Tae Kwon Do 5 to 17 Years

This is a complete martial arts program for boys and girls. Your child is sure to find the class fun and exciting. In addition to learning important self-defense skills, your child will develop respect, self-discipline, self-control, concentration, and confidence. Our internationally certified instructor has been teaching Tae Kwon Do through the City of Poway since 1987. The classes are open to both beginners and experienced students. Students may participate in an examination at the end of the session to advance to a higher belt level. A martial arts uniform is required and may be purchased from the instructor for \$25. Classes held at Poway Community Park, Bill Bond Hall I. Instructor: Master Joseph Wolpert. **No class January 21 and February 18.**

5 to 13 Years		Res/Nonres	
2091.310	M/W/F 6:00-7:00 pm	Jan 7-Mar 21	\$70/\$80

14 to 17 Years		Res/Nonres	
2091.311	M/W/F 7:00-8:00 pm	Jan 7-Mar 21	\$70/\$80



## Boxing for Kids 8 to 12 Years

This is a fun, safe boxing workout for kids. This is a beginner's class that will NOT include sparring. Have your child learn the skills of boxing, get a great workout and have fun. You will need boxing gloves and hand wraps to fully participate in this class. Approved gear is available through The Boxing Club. Classes held at Poway Boxing Club, 13246 Poway Road (in the Lively Center). Information: (858) 486-1003. Instructor: Barry Barker.

		Res/Nonres	
2091.312	Sat 9:30-10:30 am	Jan 12-Feb 9	\$45/\$55

## Youth Volleyball League 9 to 14 Years

Are you ready for Monday night volleyball? Boys and girls, ages 9 to 14, are invited to participate in this fun recreational activity. Fundamental volleyball skills will be taught and team tournament games will ensure an exciting and educational volleyball experience. Classes held at Meadowbrook Gymnasium, 12320 Meadowbrook Lane. **No class February 18.**

9 to 11 Years		Res/Nonres	
2091.313	Mon 5:30-6:30 pm	Jan 14-Mar 3	\$15/\$25

12 to 14 Years		Res/Nonres	
2091.314	Mon 6:45-7:45 pm	Jan 14-Mar 3	\$15/\$25



## Cheer Introduction 5 to 14 Years

This class is designed for boys and girls to learn the basic fundamentals of cheerleading skills. They will learn proper stretching, arm motion techniques, jumps, and dance, in addition to developing their confidence, coordination, and social interaction in a positive atmosphere. The skills learned will enable them to progress onto the next level of cheerleading. Come join the fun! Attire: Comfortable loose clothes and tennis shoes. Classes held at SoCal Elite AllStars Cheer & Dance, 13880 Stowe Drive, Suite B.

Ages 5 to 9		Res/Nonres	
2091.315	Tue 5:00-6:00 pm	Jan 19-Feb 16	\$50/\$60

Ages 10 to 14		Res/Nonres	
2091.316	Tue 6:00-7:00 pm	Jan 19-Feb 16	\$50/\$60

# ADULT SPORTS

## Open Play Sports All Ages

The City of Poway operates two recreation centers that offer a variety of activities for youth and adults. Basketball, volleyball, and badminton are just a few of the activities available for your recreation needs. Twin Peaks Multipurpose Center is at 14640 Tierra Bonita Road and Meadowbrook Gymnasium is at 12320 Meadowbrook Lane. Call Twin Peaks at (858) 668-4599 and Meadowbrook at (858) 668-4598 for current open play schedules.

## Coed Volleyball 18 and Older

This is an instructional league. When you sign up, you will be assigned to a four-person team based on the instructor's assessment of your skill level. Each evening will consist of league play and instruction. NOTE: Prerequisite for advanced play is strong command of basic skills and experience in competitive play. League placement determined by instructor. Classes held at Twin Peaks Multipurpose Center. Instructor: Dick Leatherman. **The classes on March 4 and 6 begin at 6 p.m.**

Intermediate (Male)		Res/Nonres	
1247.300	Thu 6:30-9:30 pm	Jan 10-Mar 6	\$57/\$67

Intermediate (Female)		Res/Nonres	
1247.301	Thu 6:30-9:30 pm	Jan 10-Mar 6	\$57/\$67

Advanced (Male)		Res/Nonres	
1247.302	Tue 6:30-9:30 pm	Jan 8-Mar 4	\$57/\$67

## Tae Kwon Do 18 and Older

This is a complete martial arts program for men and women. If you are interested in self-defense or just want to get into shape, you will benefit from the workout. It is designed to help you develop more strength, coordination, speed, endurance and confidence. In addition to learning practical kicking and punching skills, you will learn grappling techniques. Hundreds of people just like you have benefited from our Tae Kwon Do program. Our internationally certified instructor has been teaching Tae Kwon Do through the City of Poway since 1987. Students may participate in an examination at the end of the session to advance to a higher belt level. A martial arts uniform is required and may be purchased from the instructor for \$25. Classes held at Poway Community Park, Bill Bond Hall I. Instructor: Master Joseph Wolpert. **No class January 21 and February 18.**

		Res/Nonres	
1247.303	M/W/F 7:00-8:00 pm	Jan 7-Mar 21	\$70/\$80

## 3-on-3 Basketball League 18 and Older

Hoop it up for exercise and fun in this recreational league. Teams may have up to four persons on their roster and there is free substitution during games. Each Wednesday the teams play half court, best two out of three games to 21 points. The season ends with a tournament with the winners receiving championship shirts. Captains must register their team by completing a registration form. All players must sign the roster before the team's first game. Games are played at Meadowbrook Gymnasium.

		Res/Nonres	
1247.304	Wed 6:30-9:30 pm	Jan 8-Mar 19	\$40/Team

# TENNIS

See Court Hours & Reservation Information

Tennis: All tennis classes held at Poway Community Park. Instructor will make arrangements if tennis racket is needed. Instructor: Art Christophiades.

## Tiny Tot Tennis 4 to 6 Years

Children will be introduced to the game of tennis. Have fun learning basic forehand and backhand groundstrokes, along with a forehand and backhand volley. The class is designed to improve hand/eye coordination. Additionally, groundstroke drills and court etiquette will be taught. Junior tennis racquets are available from the instructor, if needed.

		Res/Nonres	
3013.300	Sat 9:00-10:00 am	Jan 12-Feb 9	\$40/\$50
3013.301	Sat 9:00-10:00 am	Feb 23-Mar 22	\$40/\$50



### Tennis - Beg.

6 to 14 Years

Beginning tennis skills are taught in this class. Forehand and backhand groundstrokes, volleys, and a good first serve. Group instruction will encompass drills, court positioning, footwork drills, singles and doubles strategy, scoring system, and court etiquette. Racquets are available from the instructor, if needed.

				Res/Nonres
3013.302	T/Th	4:00-5:00 pm	Jan 8-Feb 7	\$70/\$80
3013.303	Sat	10:00-11:00 am	Jan 12-Feb 9	\$45/\$55
3013.304	T/Th	4:00-5:00 pm	Feb 19-Mar 20	\$70/\$80
3013.305	Sat	10:00-11:00 am	Feb 23-Mar 22	\$45/\$55

### Tennis - Adv. Beg./Inter.

8 to 14 Years

At this level these hotshot tennis enthusiasts incorporate advanced techniques, along with fine-tuning their beginning strokes. Participants will refine topspin forehand and backhand groundstrokes, angle volleys and conventional volleys, topspin and slice serves, and a good overhead smash. The class will include a good first serve, slice, and topspin second serve. Group instruction will include singles and doubles play, scoring system, footwork drills and court etiquette. Racquets are available from the instructor, if needed.

				Res/Nonres
3013.306	T/Th	5:00-6:00 pm	Jan 8-Feb 7	\$70/\$80
3013.307	Sat	11:00-12:00 pm	Jan 12-Feb 9	\$45/\$55
3013.308	T/Th	5:00-6:00 pm	Feb 19-Mar 20	\$70/\$80
3013.309	Sat	11:00-12:00 pm	Feb 23-Mar 22	\$45/\$55

### Tennis – Advanced

8 to 17 Years

At this hot-shot level tennis enthusiasts will enhance their ability level by conducting forehand and backhand groundstroke drills, approach shots and volley drills, serving drills, and overhead smash drills. The class will conclude with singles and doubles league format. Advanced class placement determined by instructor.

				Res/Nonres
3013.310	M/W	4:00-6:00 pm	Jan 7-Feb 6	\$90/\$100
3013.311	M/W	4:00-6:00 pm	Feb 20-Mar 19	\$90/\$100

### Tennis – Adult Beg./Inter. 18 and Older

This class will encompass a variety of basic fundamentals of forehand and backhand groundstrokes, volleys, approach shots, and serves (flat, slice, topspin). Approach shots, return of serve, and a good overhead smash will be covered. Footwork drills, scoring system, court strategy, stroke production consistency, singles and doubles strategy, and court etiquette will be covered. Fun and enjoyment will be emphasized. Racquets are available from the instructor, if needed.

				Res/Nonres
3013.312	T/Th	6:00-7:00pm	Jan 8-Feb 7	\$75/\$85
3013.313	Sat	12:00-1:30pm	Jan 12-Feb 9	\$45/\$55
3013.314	T/Th	6:00-7:00pm	Feb 19-Mar 20	\$75/\$85
3013.315	Sat	12:00-1:30pm	Feb 23-Mar 22	\$45/\$55



### Tai Chi for Beginners

18 and Older

Enjoy the grace, beauty and health benefits of this timeless exercise. Attire should be casual and loose fitting. Classes held at Poway Kenpo Karate, 13246 Poway Road (in the Lively Center). Information: (858) 486-1003. Instructor: Barry Barker.

				Res/Nonres
5417.300	Sat	9:15-10:00 am	Jan 12-Feb 9	\$45/\$55

### Hatha Yoga

18 and Older

This popular class is for the beginner and continuing yoga student. Experience stress release with gentle movement (vinyasa) and precise instruction in the poses (asanas). Proper yoga breathing in the warm-up stretches, asana practice, and relaxation is emphasized. Gently progress at a self-inspired pace. Yoga exercises can be adapted to

suit the needs of everyone, regardless of age or state of health. Please bring a yoga mat, large towel, and blanket to class, and wear comfortable clothes. Classes held at Poway Community Park Auditorium. Instructor: Jon Brock.

				Res/Nonres
5417.301	Thu	6:30-8:00 pm	Jan 10-Mar 13	\$75/\$85

### American Red Cross First Aid 11 and Older

A newly updated class by the American Red Cross, this class will prepare you to handle any situation with loved ones, friends and co-workers. Learning these skills will give you the confidence to respond quickly! This course includes responding to emergency situations, recognition and care in life-threatening situations such as caring for burns, bleeding, broken bones, poisoning, bites and stings, and sudden illness. Materials fee: \$15. Classes held at the Community Meeting Room at the Poway Library. Instructor: Blythe Paley.

				Res/Nonres
5417.302	Wed	6:00-9:30 pm	Jan 16	\$28/\$38



### Pilates on the Mat

14 and Older

Develop a strong back and a flat abdomen with minimal effort. Pilates transforms the way your body looks, feels and performs. It builds strength without excess bulk and creates a sleek, toned body. It teaches body awareness, good posture, and easy, graceful movement. Pilates improves flexibility and agility. It can help alleviate back pain. Bring a sticky mat or beach towel to class. Classes held at Kenpo Karate, 13246 Poway Road. Information: (858) 486-1003. Instructor: Barry Barker.

				Res/Nonres
5417.303	Wed	7:15-8:00 pm	Jan 9-Feb 6	\$45/\$55

### CPR for the Adult/Child/Infant 11 and Older

Be prepared and confident in an emergency by getting certified in American Red Cross CPR for the Adult, Child, and Infant. You will learn the skills necessary in responding to a breathing or cardiac emergency. This includes learning the emergency action steps, checking a conscious or unconscious victim, rescue breathing, choking, the signs and signals of a heart attack, and CPR. You will receive an American Red Cross certification card valid for one year. Materials fee: \$28. Class held at the Community Meeting Room at the Poway Library. Instructor: Blythe Paley.

				Res/Nonres
5417.304	Sat	8:00-1:00 pm	Feb 9	\$36/\$46



### CPR Adult/Child/Infant (Non-Certification Class) 11 and Older

Keep your family safe by learning the skills necessary to save a loved one in the event of a life threatening emergency. You will practice all the lifesaving skills on manikins, which will prepare you in the event that you have to perform them in a real life emergency. This non-certification course is for those who want to learn how to administer rescue breathing, CPR, and to aid a choking victim, but without the time commitment or cost of a certifying class. Materials fee: \$15. Class held at the Community Meeting Room at the Poway Library. Instructor: Blythe Paley.

				Res/Nonres
5417.305	Sat	2:00-5:00 pm	Feb 9	\$20/\$30



Registration for the classes is held on site on the first night.

### So You Want to Write

18 and Older

This course gives a practical approach to becoming a writer. The course will employ the read/critique format combined with lecture. Written self expression will be enhanced through exploration and appraisal of a variety of genre, elements of style, and introduction to the basic concepts of writing fiction and nonfiction. Classes held at the Community Meeting Room at the Poway Library. Instructor: Palomar staff.

Thu	6:30-8:30 pm	Jan-10-Mar 27	FREE
-----	--------------	---------------	------

### Solve Problems with Your Children

18 and Older

This class will provide parents with necessary elements that will allow them a better understanding of parent-child interaction. The class will also include tools for applying the concepts, principles, and methods to the solution of family problems. Classes held at the Community Meeting Room at the Poway Library. Instructor: Palomar staff.

Tue	6:30-8:30 pm	Jan 8-Mar 25	FREE
-----	--------------	--------------	------



### Bowling

16 and Older

Bowling is for everyone, even for those with special needs. This bowling class provides unlimited fun, where everyone has a chance to win with companions of all skill levels. Challenging gutter balls are no problem, since every lane has air filled bumpers. At the end of the session, awards and a party conclude our last meeting. There is a \$8/per class charge, collected at the bowling alley each week. If the participant needs one-to-one attention or has special needs, please include a description of the situation. Depending on the circumstances, an aide may be required to accompany the student. Classes held at Poway Fun Bowl. Instructor: Poway Fun Bowl staff.

				Res/Nonres
9397.300	Fri	1:30-3:30 pm	Jan 4-Mar 21	\$40/\$50



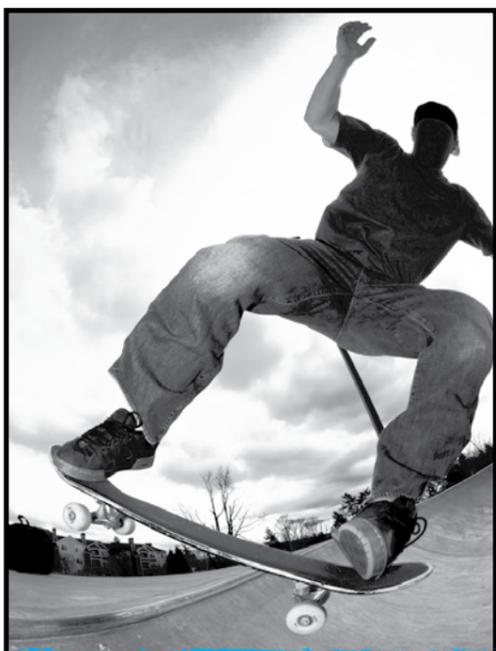
## OUTDOOR ACTIVITIES

### Hiking for Fun & Fitness *5 and Older*

Enjoy easy to moderate 2-to-3 mile hikes on sidewalks with streetlights. We will have three moonlight hikes on trails, and three more trail hikes in March when Daylight Savings time begins. Lug-sole shoes (grip pattern) are recommended. Bring water, and hiking stick (if you wish). Family price is for two or more. All children under 18 must be accompanied by an adult. First hike will meet at the Poway Community Park Tennis Courts. Instructor: Mike Fry.

**Res/Nonres**  
\$5/person  
\$10/family

**3439.300** Wed 6:00-7:30 pm Jan 2-Mar 26



## POWAY SKATE PARK

The Poway Skate Park is 12,000 square feet of pool style concrete bowls and street elements. The park is open seven days a week from 8:00 a.m. to 9:30 p.m. and is equipped with lights and bathrooms. Helmet, elbow, and kneepads are required at all times at this non-supervised park. **An adult must supervise children under the age of 14 at all times.** The park is subject to closures for violations of the park rules. For a complete list of rules or information call (858) 668-4674. Skate Park Location: 13090 Civic Center Drive.

### Youth Freestyle Skate Days *14 and Under Only*

Are you under 14 and want to learn how to skate the bowl and slide bars at the skate park? Youth Freestyle Skate Days are just for youth to provide a safe atmosphere for young and beginning skaters to build confident riding skills, as they will have the skate park all to themselves. City recreation staff supervises the freestyle sessions, where they set up a BBQ, run competitions, and keep the skate park safe. Parents must accompany youth riders to the freestyle sessions as all minors under 14 must be accompanied by an adult while at the skate park. There are shaded areas where parents can set up lawn chairs to watch the skaters or parents can gear up and skate with their kids. All freestyle skaters including parents are required to wear all safety gear including a helmet, kneepads, and elbow pads.

To participate a parent or guardian must accompany youth participants and complete the new waiver form prior to skating.

For Freestyle Skate Days and Times please go to [www.poway.org](http://www.poway.org)

## SPECIAL INTERESTS

### Babysitter's Training *11 and Older*

A great summer job! Parents will be eager to hire babysitters this summer with this certification! The American Red Cross Course will provide you with the information and skills necessary to provide safe and responsible care for children in the absence of the parent or guardian. This training will help participants develop skills in leadership and professionalism, basic care, safety and safe play, and first aid. Take this class with your friends, or parents, send your babysitters! Materials fee: \$16. Please bring a lunch and a large doll or stuffed animal to class. Classes held at the Community Meeting Room at the Poway Library. Instructor: Blythe Paley.

**Res/Nonres**  
\$45/\$55

**7617.300** Sat 9:00-3:30 pm Jan 26

### Financial Literacy for Students *16 and Older*

This class is geared toward high school students and their parents to introduce the fundamentals of budgeting, banking, credit, and financial planning as students prepare to manage their own money for college. Topics that will be covered include: money management, budgeting, obtaining credit, credit scoring, and managing debt. Families should attend together. Class held at the Community Meeting Room at the Poway Library. Instructor: Mark Goldman.

**Res/Nonres**  
\$37/\$47  
(per family)

**7617.301** Sat 10:00-12:30 pm Mar 8

### Dog/Puppy Obedience *18 and Older*

Introductory obedience class for puppies and adult dogs. No metal choke chains, pinch collars, or gentle-lead collars allowed. We don't need them. Your dog learns to walk without pulling, plus Come, Sit, Down, Stand, Heel, and Stay. Your dog's behavior problems, including jumping, nipping, digging, and chewing, can be solved in class with our help. Dogs must have updated shots. Do not feed your dog four hours prior to the start of class. Materials fee: \$20. Tuesday classes held at Old Poway Park Gazebo. Saturday classes held at Garden Road Park. All classes held rain or shine. Please arrive 20 minutes before the first class. Instructor: Bob Burkhardt. Mr. Burkhardt has been a professional trainer for over 25 years. Information: (858) 748-7943.

Twelve Weeks to Six Months (Puppy Class)		Res/Nonres	
<b>9019.300</b>	Tue 6:30-7:30pm	Jan 8-Feb 12	\$90/\$100
<b>9019.301</b>	Sat 9:30-10:30am	Jan 12-Feb 16	\$90/\$100
<b>9019.302</b>	Tue 6:30-7:30pm	Feb 19-Mar 25	\$90/\$100
<b>9019.303</b>	Sat 9:30-10:30am	Feb 23-Mar 29	\$90/\$100

Six Months and Older (Adult Class)		Res/Nonres	
<b>9019.304</b>	Tue 6:30-7:30pm	Jan 8-Feb 12	\$90/\$100
<b>9019.305</b>	Sat 9:30-10:30am	Jan 12-Feb 16	\$90/\$100
<b>9019.306</b>	Tue 6:30-7:30pm	Feb 19-Mar 25	\$90/\$100
<b>9019.307</b>	Sat 9:30-10:30am	Feb 23-Mar 29	\$90/\$100



## TEEN ACTIVITIES

### Poway Teen Recreation Club *Ages 13-17*

The Poway Teen Recreation Club (PTRC) is a community service club that focuses on recreation opportunities for teens in Poway. The club meets every Wednesday night from 6:30 p.m. to 9 p.m. in the Intergenerational Lounge located at 13094 Civic Center Drive. A different recreation activity is offered every week such as dodgeball, kickball, or flag football. Club members also contribute to the community by volunteering at community events as well as participating in community service projects. Members must attend two meetings a month. Information: (858) 668-4674.



### Show Us Urr Skillz? Basketball Challenge *Middle-High School*

In conjunction with our FREE Teen Only Night sport tournament program, the City of Poway wants to know if "you've got skills?!" On January 4, bring your "A" game to Meadowbrook Gymnasium for a night of basketball competitions. Participate in our Free Throw, Three Point, Lay Up and 1-on-1 competitions. Each winner will be awarded a "Teen Only Night Champion" T-shirt and other prizes! Registration begins at 5:30 p.m., with competition starting at 6:30 p.m. Information: (858) 668-4674.

Basketball Challenge		Res/Nonres	
<b>9055.301</b>	Fri 5:30-9:30pm	Jan. 4	Free

### Teen Only Nights *Middle-High School*

Teens are invited to participate in friendly, recreational sport tournaments held on the first Friday of every month. The tournaments are free. Prizes will be awarded for the first place winner(s). No need to preregister. Teen Only Nights are held at the Meadowbrook Gymnasium, 12320 Meadowbrook Lane. Information: (858) 668-4674.

Basketball Challenge		Res/Nonres	
<b>9055.301</b>	Fri 5:30-9:30pm	Jan. 4	Free
<b>3-on-3 Tournament</b>	Fri 6:30-9:30pm	Feb. 1	Free
<b>5-on-5 Tournament</b>	Fri 6:30-9:30pm	Mar. 7	Free
<b>Dodgeball Tournament</b>	Fri 6:30-9:30pm	Apr. 4	Free

### Big Bear Snow Excursion *Ages 13-17*

Grab your snowboard and join us for a day of boarding in Big Bear! You will cruise up on a comfy charter bus to Bear Mountain Resort located in Big Bear City. The bus will leave Community Park, 13094 Civic Center Drive, at 6:00 a.m. sharp and return at 8:00 p.m. The registration fee includes transportation, a lift ticket, and supervision. Fee does not include rental equipment, so remember to bring all of your snow skiing or boarding equipment, with you. Information on discount rentals are available. The deadline for registration is 5:00 p.m., February 8. Information: (858) 668-4674.

Res/Nonres	
<b>9055.301</b>	Wed 6:00 am-8:00 pm Feb. 20 \$65/75

### Mardi Gras Dance *Middle School only*

Dance away your winter blues for Mardi Gras. Come on down to Poway Community Park Auditorium on Friday, February 1, from 6:00 pm to 9:00 p.m. Enjoy music, food, snacks and friends. Win prizes for the best dance group and best solo dancer. A current middle school I.D. and \$5 will get you in the door and a free drink. Bring your best moves and Mardi Gras spirit. Sponsored by the Poway Teen Recreation Club. Once you enter the dance you will not be allowed to leave until the dance is over or a parent picks you up. Information: (858) 668-4674.

<b>9055.301</b>	Friday 6:00 - 9:00pm	Feb. 1	\$5.00
-----------------	----------------------	--------	--------

# POWAY BRANCH LIBRARY

**13137 Poway Road, Poway, CA 92064**  
**(858) 513-2900**  
**website: www.sdcl.org**

**Hours**  
**Monday – Thursday: 10:00 a.m.-8:00 p.m.**  
**Friday & Saturday: 10:00 a.m.-5:00 p.m.**  
**Sunday: 1:00 p.m.-5:00 p.m.**

## Children's Programs (Ongoing)

**Toddler Storytime** *Up to 3 Years*  
 Join Miss Patricia for stories, music, fingerplays, and more!

Mondays and Tuesdays, 10:30-10:50 a.m. Children's Room

**Preschool Storytime** *3-5 years*  
 Join Miss Patricia for stories, music, fingerplays, and more!

Wednesdays and Thursdays, 10:30-11:00 a.m. Children's Room

**Bilingual Storytime (English and Spanish)** *3-5 years*

Friday December 14, 10:30 a.m. and Children's Room  
 Friday December 28, 10:30 a.m. Children's Room

**Grandparents and Books** *All Ages*

Share a book with a Poway Library Grandparent. Your child will enjoy individualized attention in a small group setting.

Tuesdays with Grandpa Bob, 10:00 a.m.-noon Children's Room  
 Thursdays with Grandpa Marty, 11:00 a.m.-noon Children's Room

**Read to a Real, Furry Friend** *All Ages*

Caper, a certified therapy dog and adorable black lab from the Love on a Leash organization, visits the library to provide unconditional, positive emotional support for new and developing readers.

Saturdays, 10:30-11:30 a.m. Children's Room

**"Spring Into Books" Club** *Grades 4 through 6*

Join us this spring for discussions, refreshments and activities! Please sign up at the Children's Reference Desk or call (858) 513-2900.

Tuesday 4:00-5:00pm Mar 25 Children's Room  
 Tuesday 4:00-5:00pm Apr 29 Children's Room  
 Tuesday 4:00-5:00pm May 27 Children's Room

## Teen Programs (Dec 2007-Mar 2008)

**T-MAD Meeting (Teens-Making A Difference)**  
*and Cookie Decorating*

Thursday 4:00 pm December 13

**Teen Movie (to be announced)**

Thursday 4:00 pm December 27

**T-MAD Meeting (Teens-Making A Difference)**

Thursday 4:00 pm January 10

**Teen Game Day Action:**  
*DDR Tournament (Dance, Dance, Revolution)*

Thursday 4:00 pm January 17

**Teen Movie (to be announced)**

Thursday 4:00 pm January 24

**T-MAD Meeting (Teens-Making A Difference)**  
*and Chocolate Appreciation Day*

Thursday 4:00 pm February 14

**Teen Movie (to be announced)**

Thursday 4:00 pm February 21

**Teen Game Day Action: Guitar Hero**

Thursday 4:00 pm February 28

**T-MAD Meeting (Teens-Making A Difference)**

Thursday 4:00 pm March 13

**Teen Movie (to be announced)**

Thursday 4:00 pm March 20

**Teen Game Day Action: PlayStation 2 Games**

Thursday 4:00 pm March 27

## Adult Programs (Dec 2007-Mar 2008)

**Jazz Pigs**

The Jazz Pigs return to Poway with a new concert of holiday jazz.

Saturday 2:00 pm Dec 8

**Craft Program: Origami**

Holiday Origami class taught by Poway librarian Patricia Williams.

Saturday 11:00 am Dec 15 Library

**Let's Talk About It: Jewish Literature**

Final program in the series "Your Heart's Desire: Sex and Love in Jewish Literature" will discuss the book *The Mind Body Problem* by Rebecca Goldstein.

Wednesday 6:30 pm Jan 3 Community Room

## Computer Classes (Dec 2007-Mar 2008)

**Internet Basics**

Tuesday 8:45-10:00 am December 11 Library

**E-mail for the Absolute Beginner-part 1**

Tuesday 8:45-10:00 am December 18 Library

**E-mail for the Absolute Beginner-part 2**

Thursday 8:45-10:00 am December 20 Library

**Internet Basics**

Tuesday 8:45-10:00 am January 8 Library

**E-mail for the Absolute Beginner-part 1**

Tuesday 8:45-10:00 am January 15 Library

**E-mail for the Absolute Beginner-part 2**

Thursday 8:45-10:00 am January 17 Library

**Internet Basics**

Thursday 8:45-10:00 am January 24 Library

**Internet Basics**

Tuesday 8:45-10:00 am February 12 Library

**E-mail for the Absolute Beginner-part 1**

Tuesday 8:45-10:00 am February 19 Library

**E-mail for the Absolute Beginner-part 2**

Thursday 8:45-10:00 am February 21 Library

**Internet Basics**

Tuesday 8:45-10:00 am February 28 Library

**Internet Basics**

Tuesday 8:45-10:00 am March 11 Library

**E-mail for the Absolute Beginner-part 1**

Tuesday 8:45-10:00 am March 18 Library

**E-mail for the Absolute Beginner-part 2**

Thursday 8:45-10:00 am March 20 Library

**Internet Basics**

Thursday 8:45-10:00 am March 25 Library

## Special Programs (Dec 2007-Mar 2008)

**Special Storytime Performance:**  
*Sparkles the Clown*

A 45-minute magic and bubble show for young children! Please note: this performance takes the place of the regularly scheduled Preschool Storytime.

Wednesday 10:30 a.m. Dec 5 Children's Room

**Santa and Mrs. Claus**

Have a souvenir photo taken with Santa and receive a special treat—all for free!

Thursday 4:00 p.m. Dec 20 Library lobby

**Mid-Morning Movie (TBA)**

Please note: this movie takes the place of the regularly scheduled Preschool Storytime.

Thursday 10:15 a.m. Dec 13 Children's Room

**Afternoon Chocolate & Marshmallow Party!**

We'll beat the winter and back-to school blues with chocolate drinks and marshmallows. Face-painting and a craft, too! All ages.

Friday 3:00-5:00 p.m. Jan 18 Library Meeting Room  
 (in the Courtyard directly across from the Library)

**Groundhog Day Storytime & Craft**

Groundhog Day is Feb. 2nd! Miss Patricia will read a story and lead a simple craft. All ages.

Tuesday 3:30 p.m. Jan 29 Children's Room

**Mid-Morning Movie (TBA)**

Please note: this movie takes the place of the regularly scheduled Preschool Storytime.

Thursday 10:15 a.m. Jan 24 Children's Room

**Kalimba Performance (African Thumb Instrument)**

Carl Winters will perform as part of our celebration of Black History Month. Please note: this performance takes the place of the regularly scheduled Preschool Storytime.

Wednesday 10:30 a.m. Feb 6 Children's Room

**Valentine's Day Card Craft**

All ages can enjoy making a card with glitter, stickers, stamps and hearts!

Tuesday 3:30 p.m. Feb 12 Children's Room

**Mid-Morning Movie (TBA)**

To be announced. Please note: this movie takes the place of the regularly scheduled Preschool Storytime.

Monday 10:15 a.m. Feb 21 Children's Room

**Pine Cone Bird Feeder Craft**

Celebrate spring with this fun and easy craft for all ages.

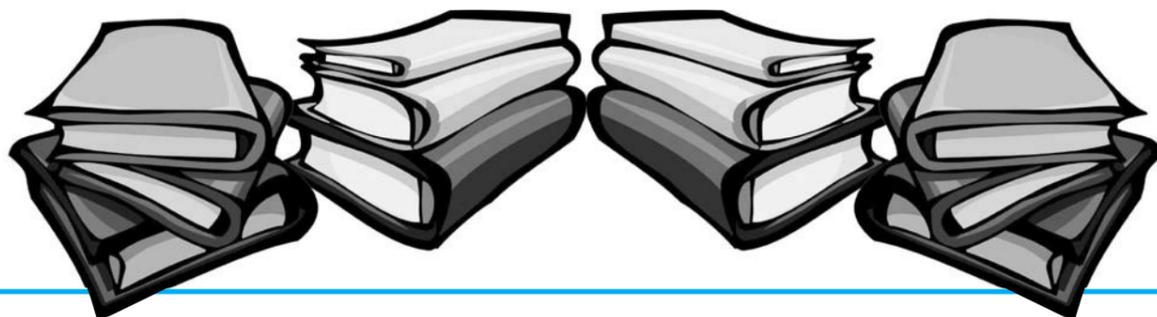
Tuesday 3:30 p.m. Mar 18 Children's Room

**Frazzle Dazzle 'n' Co. present "Frazzle's Adventures in the Enchanted Forest"**

A 30-minute puppet show for young children featuring Frazzle the Clown and some favorite storybook characters. Please note: this performance takes the place of the regularly scheduled Preschool Storytime.

Thursday 10:30 a.m. Mar 20 Children's Room

*All programs are subject to change. Please call the library for more information at (858) 513-2900.*



# LOOKING AHEAD

## Teen Job Fair

15 - 19 Years

What does it take to find and maintain employment in today's growing job market? The answer can be found at the Teen Job Fair. This year's Job Fair is gearing up to be the biggest yet, with over 25 recruiters looking for great applicants to fill openings in their companies. What does it take to be a good applicant? Our guest speaker can tell you that, plus much more, including interview strategies, proper dress, and the application process. The Job Fair is scheduled for Saturday, March 29 at Twin Peaks Multipurpose Center, 14640 Tierra Bonita Road. Admission

and refreshments are free. Interviews will take place on site. Information: (858) 668-4674.

Sat 3:00-6:00 pm March 29 FREE

## Job Coaching Workshop

15 - 19 Years

If you're serious about getting that summer job, you have got to be competitive. Come out to the job coaching class that will be taught by hiring supervisors that hire teens. They will teach you how to dress to impress, speak with confidence and present yourself as the best candidate. Workshop will be held at the Community Meeting Room at the Poway Library. Information (858) 668-4674.

Sat 10:00 a.m. - 12:00 pm March 22 FREE



### If you haven't been to the Poway Senior Center lately, come and see what you've been missing...

Your Poway Senior Center provides a warm and inviting place where active seniors can join other older adults to engage in meaningful activities and take advantage of programs and services that are geared toward enriching their lives.

### Dine at La Bella Bistro

Our delightfully delicious lunch program offers you a place to join with your friends or to make new ones every Monday through Friday. Lunch is served between 11:30 a.m. and 12:30 p.m. Advance notice is required, so if you plan to join us for lunch, please make your reservation by noon two days before by calling (858) 748-6094. Need a ride to the center? Ask about our door-to-door transportation service to and from the Center for lunch.

Don't miss out if you can't come to the Center for lunch. We offer a home-delivered meal program for homebound seniors and disabled adults. This service is available to those who reside in the greater Poway area, including Rancho Penasquitos, Scripps Ranch, Carmel Mountain, Rancho Bernardo and Sabre Springs. To make arrangements for home-delivered lunch meals, contact our Nutrition Manager, Sheila Sirkin at (858) 748-6094, Ext. 304.



**Poway Senior Center**  
13094 Civic Center Drive • Poway, CA 92064  
(858) 748-6094 • www.powayseniorcenter.org

*Playing a vital role in the lives of older adults living in the greater Poway area since 1974.*

**YOUR** Poway Senior Center is located in the Weingart Center Building, situated in Poway's beautiful Community Park. Everyone is welcome, so stop by 8:00 a.m. to 4:30 p.m. Monday through Friday.

## It's not what we do... it's the difference we make

# BINGO!

**Tuesday afternoons at 12:30 PM**  
**Saturday evenings at 6:00 PM**

*Anyone over the age of 18 is welcome to play BINGO at the Poway Senior Center.*

**ALL** proceeds from BINGO benefit the Center's Nutrition Program, so when you play BINGO with us you can have fun while making a difference in the lives of older adults!

## Join our Volunteer Team

Become one of our beloved volunteers who donate time, talent, and energy to help deliver much needed programs and services to our older neighbors, friends and family members. Never too young or too mature--volunteer opportunities are available to all ages to help with clerical services, delivering meals, fundraising and much more. Contact Mary Supanchick, Volunteer Coordinator, at (858) 748-6094, ext. 305 for more information.

**VOLUNTEER AT POWAY SENIOR CENTER**  
*You'll be glad you did!*

### POWAY CENTER FOR THE PERFORMING ARTS FOUNDATION PRESENTS

# 2007/2008 PROFESSIONAL PERFORMANCE SEASON

WHEN IT COMES TO FIRST RATE SECOND BANANAS,  
ED McMAHON IS IN A CLASS BY HIMSELF!



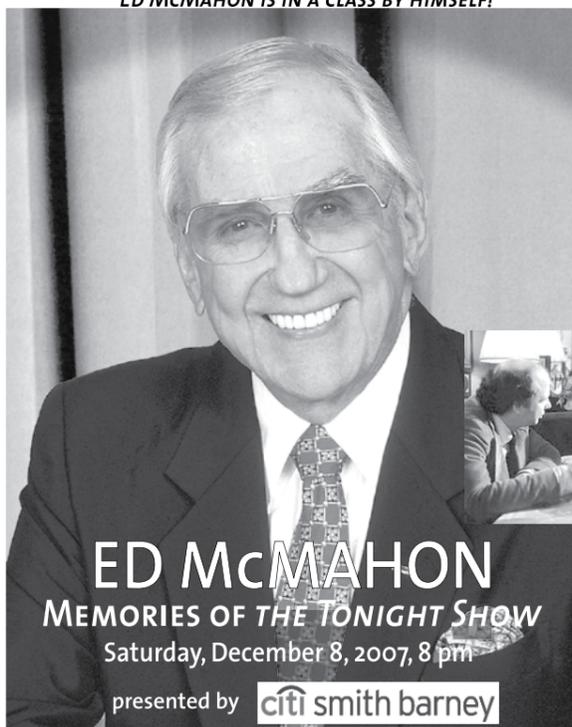
Robert Dubac's  
**THE MALE INTELLECT:  
AN OXYMORON**  
Saturday, January 26, 2008  
8 pm



**LEAHY**  
THURSDAY, February 7, 2008, 8 pm

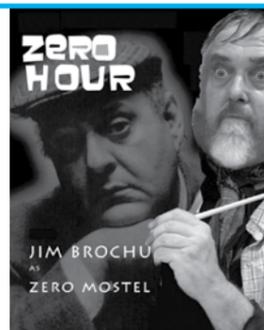
**SAN DIEGO SYMPHONY**  
Saturday, February 23, 2008, 8 pm

Missoula Children's Theatre  
**ROBINSON CRUSOE**  
Saturday, March 8, 2008, 3 & 7 pm



**ALL SHOWS ON SALE NOW!**  
Youth Tix only \$5! (with purchase of an adult ticket)  
Call 858.748.0505 for a free brochure,  
or visit [www.POWAYARTS.org](http://www.POWAYARTS.org)

Jim Brochu is Zero Mostel  
in **ZERO HOUR**  
Saturday, March 22, 2008  
8 pm



### AFTER DINNER WITH ANDRÉ

Written and performed by André Gregory  
and featuring Larry Pine  
Saturday, April 19, 2008, 8 pm

### LIFE AND TIMES OF A. EINSTEIN

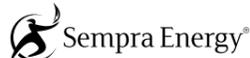
Written and performed by Kres Mersky  
Directed by Paul Gersten  
Saturday, May 3, 2008, 8 pm

### EUGENE FODOR WITH THE SAN DIEGO PHILHARMONIA

Jeff Edmons, Artistic Director  
Saturday, May 31, 2008, 8 pm



Thanks to our generous Season Sponsors:



# POWAY CENTER FOR THE PERFORMING ARTS ~ CALENDAR OF EVENTS ~

*Please Note: All times and performances are subject to change and/or cancellation. Tickets for events listed in **BOLD** are sold at the PCPA Box Office.*

*For more show information, or to purchase tickets, please visit our new website: [www.PowayPerformingArts.com](http://www.PowayPerformingArts.com), or call (858) 748-0505.*

*Tickets to performances with a \* are sold at their respective schools or at the door. Call (858) 748-0245.*

## DECEMBER 2007 PCPA Gallery Art Exhibit: Holiday Decorations (November 29-December 26)

Event	Presented By	Date	Time
<b>"The Nutcracker" Ballet</b>	<b>California Ballet</b>	<b>December 1</b>	<b>2:30 &amp; 7:00 pm</b>
<b>"The Nutcracker" Ballet</b>	<b>California Ballet</b>	<b>December 2</b>	<b>1:00 pm &amp; 5:30 pm</b>
Children's Holiday Choral Concert	Children's Chorus	December 4	7:00 pm
"Sundowner Mixer"	City of Poway/Chamber of Commerce	December 6	5:30 pm
Winter Choir Concert	Poway High School*	December 7	7:00 pm
<b>"Ed McMahon"</b>	<b>PCPA Foundation</b>	<b>December 8</b>	<b>8:00 pm</b>
<b>Holiday Concert Band Performance</b>	<b>Pomerado Community Band</b>	<b>December 9</b>	<b>3:00 pm</b>
<b>"The Nutcracker" Ballet</b>	<b>Southern California Youth Ballet</b>	<b>December 15</b>	<b>2:00 pm &amp; 7:00 pm</b>
<b>"The Nutcracker" Ballet</b>	<b>Southern California Youth Ballet</b>	<b>December 16</b>	<b>2:00 pm</b>
Jazz Band Concert	Poway High School*	December 17	7:00 pm
Winter Choir Concert	Black Mountain Middle School*	December 18	7:00 pm
Orchestra Concert	Poway High School*	December 19	7:00 pm
<b>Winter Choral Concert</b>	<b>RB Chorale</b>	<b>December 21 &amp; 22</b>	<b>8:00 pm</b>

## JANUARY 2008 PCPA Gallery Art Exhibit: TBA (January 3-26)

Event	Presented By	Date	Time
Cultural Event	ACCEF	January 5	7:00 pm
Art Reception	La Jolla Art Association	January 6	3:00 pm
AP Parent Night	Poway High School*	January 8	6:00 pm
Financial Aid Night	Poway High School*	January 9	6:30 pm
Wind Ensemble Concert	Mt. Carmel High School*	January 11	7:30 pm
Band Concert with Dallas Brass	Bernardo Heights M.S.*	January 18	7:00 pm
Musical Performances & Art Show	San Diego Chinese Art Society	January 20	7:00 pm
"Quartetto Gelato"	Bernardo Concerts	January 22	7:30 pm
<b>"Male Intellect: An Oxymoron?"</b>	<b>PCPA Foundation</b>	<b>January 26</b>	<b>8:00 pm</b>

## FEBRUARY 2008 PCPA Lobby Gallery Area: TBA (January 30-February 23)

Event	Presented By	Date	Time
Spring Musical	Poway High School*	February 6 & 8	7:00 pm
<b>"Leahy"</b>	<b>PCPA Foundation</b>	<b>February 7</b>	<b>8:00 pm</b>
Art Reception	Diane E. Bullen, Artist	February 10	TBA
Community College Night	Poway High School*	February 13	6:30 pm
Spring Musical	Poway High School*	February 14-16	7:00 pm
Poway Community Symphony Orchestra	Poway Unified School District-Adult School*	February 18	7:30 pm
<b>"SD Symphony"</b>	<b>PCPA Foundation</b>	<b>February 21</b>	<b>8:00 pm</b>
<b>Scholarship Pageant</b>	<b>Miss Poway Pageants</b>	<b>February 24</b>	<b>3:00 pm</b>
"Band/Orchestra Pre-Festival Concerts"	Poway High School*	February 27 & 28	7:00 pm

## MARCH 2008 PCPA Lobby Gallery Area: TBA (February 27-March 24)

Event	Presented By	Date	Time
<b>Art Reception</b>	<b>Poway Woman's Club</b>	<b>March 1</b>	<b>TBA</b>
<b>"Cabaret Night" Dance Concert</b>	<b>Culture Shock Dance Centre</b>	<b>March 2</b>	<b>6:00 pm</b>
<b>Missoula Children's Theatre "Robinson Crusoe"</b>	<b>PCPA Foundation</b>	<b>March 8</b>	<b>3:00 pm &amp; 7:00 pm</b>
Middle School Orchestra Festival	Poway Unified School District*	March 9	9:00 am to 12:30 pm
"Proteus 7"	Bernardo Concerts	March 11	7:30 pm
College Info Night	Poway High School*	March 12	6:30 pm
<b>Ballet "TBA"</b>	<b>Southern California Youth Ballet</b>	<b>March 15</b>	<b>7:00 pm</b>
<b>Ballet "TBA"</b>	<b>Southern California Youth Ballet</b>	<b>March 16</b>	<b>2:00 pm</b>
8th Grade Parent Night	Poway High School*	March 18	5:30 pm
<b>"The Messiah" Movie</b>	<b>Church of Latter Day Saints-Poway Stake</b>	<b>March 20</b>	<b>TBA</b>
<b>"Zero Hour"</b>	<b>PCPA Foundation</b>	<b>March 22</b>	<b>8:00 pm</b>
<b>"Peter Pan"</b>	<b>Arts Off Broadway</b>	<b>March 28-30</b>	<b>TBA</b>
CMEA Choral Festival	Poway High School*	March 31	7:00 pm



The Poway Community Swim Center is at 13094 Civic Center Drive, within Poway Community Park. The Swim Center includes a 50-meter by 25-yard pool with an attached diving well and shallow children's area. During open pool hours patrons may enjoy the one-and three-meter diving boards, open swimming areas, and lap swimming lanes. The Swim Center offers a complete shower and dressing area with lockers available for rent. Water temperature in the pool is maintained between 80 and 83 degrees, providing for comfortable swimming year-round. For information regarding hours of operation and admission fees, call (858) 668-4680. For program registration information, call (858) 668-4570. Swimmers may be required to show proof of residency in order to be eligible for resident rates.

DAILY ADMISSION FEE	Res/Nonres
Adults (18 and older)	\$2.00/\$4.00
Youth (17 and under)	\$1.50/\$3.00
Seniors (60 and older)	\$1.50/\$3.00

Children seven and under must be **accompanied in the water** by a responsible adult. (The adult must pay the admission fee and be in swim attire)

**SEASON AND YEARLY PASSES**

Passes may be purchased at the pool during regular business hours. Family passes include two adults (18 and older) and all immediate family members 17 and under living at the same residence. Season passes are valid for 90 days from date of purchase.

	Season Res/Nonres	Year Res/Nonres
Adults	\$46.00/\$55.50	\$185.00/\$240.00
Youth	\$32.50/\$52.00	\$127.00/\$197.00
Senior	\$32.50/\$52.00	\$127.00/\$197.00
Family	\$73.00/\$92.50	\$284.00/\$319.00

**Pass holders must show their pass and have them scanned prior to entering the facility.**

**WINTER POOL HOURS (Oct. 29, 2007-May 4, 2008)**

Mon-Fri	11:00 am-1:30 pm 3:00 pm-7:00 pm	
Tue/Thu	11:00 am-1:30pm	Long Course
Sat/Sun		<b>CLOSED</b>

**POOL CLOSED**

Nov. 23-24, 2007	Thanksgiving
Dec. 24-25, 2007	Christmas Eve/Christmas Day
Jan. 1, 2008	New Year's Day

During open recreational swim, lap lanes will be set aside for those interested in swimming laps. Some open recreational swimming times will be shared with swim lessons and swim teams. Portions of the pool may not be available for use by the public during these times.

**Water Exercise**

Water exercise is a low- impact exercise for any age or ability. Classes are held in a water depth of four feet. Advanced swimming skills are not required. Daily admission is required. **Class is dependent on instructor availability.**

**American Red Cross Lifeguard Training 15 and Older**

This lifeguard-training course includes certification in CPR for the Professional Rescuer with AED, first aid training (includes infant, youth and adult CPR), use of the CPR mask and two-person CPR), and the necessary skills to become a professional lifeguard. You will be disqualified from the course if you cannot perform the following on the first day of class:

- Swim 300 yards continuously, using these strokes in the following order: 100 yards of front crawl using rhythmic breathing and stabilization, propellant kick. Rhythmic breathing can be performed either by breathing to the side or front. 100 yards of breaststroke, using a pull, breathe, kick, and glide sequence. 100 yards of either front crawl using rhythmic breathing or breaststroke, or a combination.

- Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a 10-pound object, return to the surface, and swim 20 yards back to the starting point with object and exit the water without using a ladder or steps, within 1 minute, 40 seconds. **100% attendance is required.** Class fee does not include books. Students must purchase the *Lifeguard Training ECC 2006* book and a resuscitation mask through the American Red Cross prior to the start of class. Support fees are included in the course fee.

**Prerequisite: Must be 15 years of age by the first day of class.**

0700.300	Day	Time	Date	Fee
	Tue	5:00 pm-8:00 pm	January 8	\$90/\$100
	Thu	5:00 pm-8:00 pm	January 10	
	Sat	10:30 am-5:30 pm	January 12	
	Tue	5:00 pm-8:00 pm	January 15	
	Thu	5:00 pm-8:00 pm	January 17	
	Sat	10:30 am-5:30 pm	January 19	
	Tue	5:00 pm-8:00 pm	January 22	
	Thu	5:00 pm-8:00 pm	January 24	



Due to the devastating loss of native habitat at Blue Sky Ecological Reserve from the Witch Creek fire, the Reserve is closed and all interpretive activities have been suspended until further notice.

The City of Poway is currently assessing the impact of this loss and compiling a list of volunteers interested in assisting with the recovery process. Please contact the Blue Sky office at (858) 668-4781, or email blueskyreserve@ci.poway.ca.us for information on volunteer opportunities at Blue Sky Reserve.

Monetary donations are being accepted to help offset the cost of restoration projects. Please make your check payable to the "City of Poway Blue Sky Trust Fund." Your donation is tax deductible within the extent of the law and 100 percent will go directly to restoration efforts at Blue Sky Reserve.

Mail to:  
City of Poway  
Community Services Department  
Blue Sky Trust Fund  
P.O. Box 789  
Poway CA 92074-0789



The Kumeyaay-Ipai Interpretive Center is a 5-acre archaeological reserve located south of Poway Road at 13104 Silver Lake Drive. It is open to the public for free docent-led tours every Saturday from 9:00 a.m. to 11:30 a.m. The low hill has a trail to the boulders that contain milling stations used by the ancient Kumeyaay people to grind acorns and pinion seeds. Volunteers have built shade structures and planted hundreds of native plants. Several third-grade classes from Poway Unified School District visit each year as part of their social studies program. The City of Poway manages the park with support from the volunteers of the Friends of the Kumeyaay. For more information and docent volunteer opportunities: (858) 668-1292.



For those seeking solitude and recreation in a scenic natural setting, Goodan Ranch and Sycamore Canyon Open Space Preserves have much to offer. Visitors can hike along miles of trails where they will enjoy grand vistas, abundant wildlife, and interesting reminders of the long and varied history of man's use of the area. Sycamore Canyon consists of 1700 acres of coastal sage scrub and chaparral-covered hills nestled between the cities of Poway and Santee. Bordering on the west side and stretching through the valley floor is the 325-acre Goodan Ranch, a mix of diverse habitats including grassland, riparian, coastal sage, oak woodland, and mixed chaparral.



The Sycamore Canyon/Goodan Ranch staging area is located at the end of Sycamore Canyon Road. The ranch compound, which is located at the bottom of the canyon, can be reached by walking one mile down from the staging area. Please dress accordingly for the weather, wear sturdy shoes and bring adequate water (there is no potable water). Hours of operation are: 8:00am - 7:00pm (April-September), and 8:00am - 5:00pm (October-March). For more information, call (858) 513-4737.

Four years have passed since the Cedar Fire destroyed many of Goodan Ranch's plants and animals, as well as several structures once located there.

Visitors can now stop by a new 3,200 square foot building for ranger services, exhibits, and educational programs. The ecologically-designed building features

natural lighting, shaded rest areas, and a kitchenette. The new facility was built using insurance money.

Co-owned by the cities of Poway and Santee, along with the County of San Diego and the California Department of Fish and Game, Goodan Ranch is a hidden oasis located near Poway's southeastern edge at the end of Sycamore Canyon Road (16281 Sycamore Canyon Road). The 325-acre nature preserve offers diverse habitats for hiking, mountain biking, or riding horses along miles of trails, while enjoying beautiful views and experiencing a wide variety of wildlife.

For hours of operation or additional information, please call (858) 513-4737.



**PROTECT YOUR PETS - HAVE THEM LICENSED**

All dogs over the age of four months are required to wear a current license at all times. Your dog must have a current rabies vaccination to be licensed. Not only are you protecting your pet, it's the law.

Poway residents can go to the Escondido Humane Society, located at 3450 East Valley Parkway in Escondido, to get their pets vaccinated and licensed. Hours of operation are 10:00 a.m. - 6:00 p.m., seven days a week. Low-cost vaccinations and licenses are also available at the Midland Animal Clinic, 14210 Midland Road, Poway, from 8:00 a.m. - 12:00 p.m. and 2:00 p.m. - 5:00 p.m. on the following dates: **November 21, December 19, January 16, and February 20.** Information: (858) 668-4588.



## OLD POWAY PARK

14134 Midland Road • Poway, CA 92064 • (858) 668-4576

All events, programs, and activities are subject to construction project-related interruptions. Your patience while we make improvements is appreciated.



### Folk Concerts in the Park

San Diego Folk Heritage and the City of Poway are pleased to present folk concerts at Old Poway Park. Don't miss these amazing concerts where sounds of the fiddle, guitar and other acoustic instruments fill the air with music suitable for all ages. All concerts will be held in Templars Hall at 7:00 p.m. Admission is \$12 for San Diego Folk Heritage members and \$15 for non-members. For information or to purchase advance tickets, contact San Diego Folk Heritage at (760) 746-8061.

- Trails & Rails** Saturday, December 1  
*Cowboy and Train songs*
- Sara Petite** Saturday, February 2  
*Classic Country/Bluegrass*

## LAKE POWAY

Regular hours of operation and access to the park and trails may be limited and are subject to Witch Creek Fire recovery interruption. Please check the City of Poway website for information at [www.poway.org](http://www.poway.org) or call (858) 668-4770.

14644 Lake Poway Road • Poway, CA 92064

#### LAKE HOURS

Wednesday-Sunday Sunrise to Sunset

#### PARK HOURS

Daily Sunrise to Sunset  
 Information (858) 668-4770  
 Area reservations (858) 668-4580  
 Concession (858) 486-1234

### Witch Creek Fire Recovery Effort

The Lake Poway Recreation Area was severely impacted by the Witch Creek Fire. The City of Poway responded quickly to Lake Poway, which is the water source for Poway's 50,000 residents. Erosion control work in the area has been a priority and several critical measures have been taken to protect Poway's water resource. Burned areas may be at risk of increased erosion, mudslides, and flooding during the rainy season. For your safety, please refrain from entering closed areas and obey all posted signs.

The Lake Poway Recreation Area facilities and central park areas were mostly spared during the fire. Once the park is reopened, reservations will be accepted through the Community Services Department at 13325 Civic Center Drive. For facility information or to check availability, please call (858) 668-4580.

### Trout Season & Fishing Derbies

Due to the Witch Creek Fire, Lake Poway's annual Trout Season has been delayed. In addition to water resource protection, Lake Poway and Public Works staff will continue to repair facilities and equipment with the top priority of opening as soon as possible for your recreational enjoyment. For up-to-date Trout Season information, please check the City of Poway website at [www.poway.org](http://www.poway.org) or call (858) 668-4770. We anticipate hosting a Free Youth Fishing Derby in February 2008 and the Open Trout Derby in March 2008.

#### Animal Resource Directory

##### Animal Emergencies

Stray animals or bites to a human or pet  
 Abandoned or abused animals  
 Escondido Humane Society 760-888-2275

##### Wildlife Regulations, Laws, and Permits

California Department of Fish & Game Commission  
 1-800-952-5400

##### Injured or Abandoned Wild Animals or Birds

Project Wildlife (except raccoons & skunks)  
 619-225-WILD  
 Wildlife Rescue 619-291-4587

##### Fund For Animals/Wildlife Rehabilitation

760-789-2324

##### Dead Animal Removal

Within Poway city limits 858-279-8242  
 State Highways (CalTrans) 619-220-5370

##### Low Cost Spay & Neutering

760-745-7986

### Theatre in the Park All Ages Welcome

The Poway Woman's Club and the City of Poway present children's theatre performances in Templars Hall at Old Poway Park. The cast of Theatre in the Park has been busy preparing for their performance of the Nutcracker, presented during the annual Christmas in the Park event, Saturday, December 8. Performances will also be held Friday, December 7 at 7:30 p.m. and Sunday, December 9 at 2:00 p.m. You're invited to come out and witness the rise of these talented young stars!

#### FACILITIES

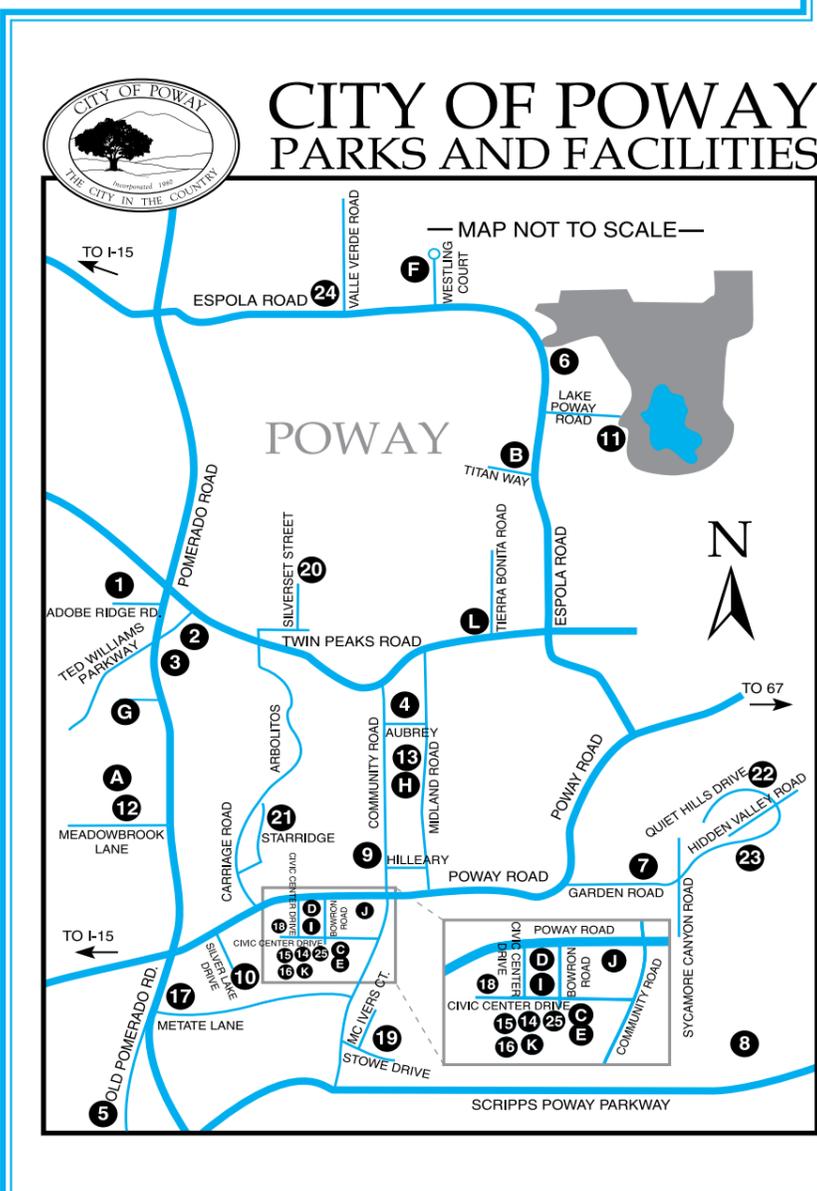
- A. Meadowbrook Gymnasium  
12320 Meadowbrook Lane 668-4598
- B. Poway Center for the Performing Arts  
15498 Espola Road  
Box Office 748-0505  
Information 668-4693
- C. Poway City Hall  
13325 Civic Center Drive 668-4400
- D. Poway Community Library  
13137 Poway Road 513-2900
- E. Poway Fire Department, Station One  
13050 Community Road 668-4460
- F. Poway Fire Department, Station Two  
16912 Westling Court 668-4460
- G. Poway Fire Department, Station Three  
14322 Pomerado Road 668-4460
- H. Poway Historical Society Museum  
14114 Midland Road 679-8587
- I. Poway Sheriff Station  
13100 Bowron Road 513-2800
- J. Poway Chamber of Commerce  
13381 Poway Road 748-0016
- K. Poway Senior Center  
13094 Civic Center Drive 748-6094
- L. Twin Peaks Multipurpose Center  
14640 Tierra Bonita Road 668-4599
- 8. Goodan Ranch  
At the end of Sycamore Canyon Road  
513-4737
- 9. Hilleary Park  
13500 Community Road
- 10. Kumeyaay-Ipai Interpretive Center  
14644 Lake Poway Road 646-9616
- 11. Lake Poway Recreation Area  
14644 Lake Poway Road 668-4770
- 12. Meadowbrook Soccer Field  
12250 Meadowbrook Lane 668-4580
- 13. Old Poway Park and Railroad  
14134 Midland Road 668-4576
- 14. Poway Community Park  
13094 Civic Center Drive 668-4580
- 15. Poway Community Swim Center  
13094 Civic Center Drive 668-4680
- 16. Poway Dog Park: Off Leash Area  
13094 Civic Center Drive 668-4580
- 17. Poway Oaks Neighborhood Park  
Pomerado and Metate
- 18. Poway Skate Park  
13090 Civic Center Drive 668-4674

#### PARKS

- 1. Adobe Ridge Neighborhood Park  
12251 Adobe Ridge Road
- 2. Arbolitos Mini Park  
12495 Ted Williams Parkway
- 3. Arbolitos Sports Fields  
14401 Pomerado Road
- 4. Aubrey Park  
13544 Aubrey Street
- 5. Bette Bendixen Park  
12342 Old Pomerado Road
- 6. Blue Sky Ecological Reserve  
Espola Road 668-4781
- 7. Garden Road Neighborhood Park  
14901 Garden Road
- 19. Poway Sportsplex  
12349 McIvers Court 679-4000
- 20. Silverset Neighborhood Park  
14795 Silverset Street
- 21. Starridge Neighborhood Park  
13745 Carriage Road
- 22. Sycamore Creek Neighborhood Park - A  
15762 Hidden Valley
- 23. Sycamore Creek Neighborhood Park - B  
15605 Garden Road
- 24. Valle Verde Neighborhood Park  
16899 St. Andrews Drive Facilities
- 25. Valley Soccer Field  
13094 Civic Center Drive 668-4580

(All 858 Area Code)

Rev. 7/05



# REGISTRATION INSTRUCTIONS

## CITY OF POWAY COMMUNITY SERVICES DEPARTMENT

**Location:** 13325 Civic Center Drive  
**Mailing Address:** P.O. Box 789, Poway, CA 92074-0789  
**Phone Number:** (858) 668-4570  
**Business Hours:** Monday 8:00 a.m. to 5:00 p.m.  
 Tuesday 8:00 a.m. to 7:00 p.m.  
 Wed-Fri 8:00 a.m. to 5:00 p.m.

### EARLY BIRD INTERNET REGISTRATION BEGINS:

November 19-25

### WALK IN REGISTRATION BEGINS:

November 26

**REGISTER ON-LINE:** Avoid mailing delays and waiting in line by visiting [www.poway.org](http://www.poway.org)

**No early or faxed registrations will be accepted**

**POWAY RESIDENTS** are defined as those persons who live within the city limits of Poway. All programs are audited for compliance with the residency policies set by the City of Poway. Proof of residency may be required at the time of registration



**ENROLLMENT PRIORITY** is determined on a first-come-first-served basis. Online and walk-in registrations are posted with the date and time of the transaction. Registrations received by mail will be posted in order of the date received by the City of Poway.

**FAXED REGISTRATIONS ARE NO LONGER BE ACCEPTED.**



**ON-LINE REGISTRATION** is now available from the convenience of your computer by visiting the City of Poway web site at [www.poway.org](http://www.poway.org). Payment must be made by credit card only (MasterCard or VISA).

### MAIL-IN REGISTRATION

may be paid by check or credit card (MasterCard or VISA). Checks should be made payable to the City of Poway. **CASH WILL NOT BE ACCEPTED.** Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.



### WALK-IN REGISTRATION

is available at the Community Services Department during business hours.



**REFUND INFORMATION.** Full refunds will be provided for any class canceled or overbooked by the City of Poway. A service charge of \$15.00 will be deducted for all cancelled classes. No refund will be issued after the start of the second class unless written verification of an emergency/extended illness is included with the refund request. If approved, the refund will be prorated and a service charge of \$15.00 applied. Requests may be mailed or submitted in person to the Community Services Department. All refunds will come in the form of a check, and mailed within three to four weeks from the date of approval. Credit card accounts cannot be credited.

**FACILITY ACCESS** for all participants is important to the City of Poway and we work to ensure that all participants, including the physically challenged, have equal access to all facilities and programs. If you require assistance or have any questions, please call (858) 668-4581.

**CLASS INSTRUCTION** for most classes is taught by independent instructors contracted by the City of Poway. Class content, scheduling issues, and other concerns should be directed to the instructor. If your issue is unresolved, please contact Community Services at (858) 668-4570.

### FINANCIAL ASSISTANCE

#### Poway Leisure Assistance for Youth



Did you know that your child might be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you? The amount could total \$160 worth of classes each year per child! Come to the Community Services Department and fill out an application. Eligibility: 17 years old or younger, or developmentally disabled (any age), household income meets guidelines provided by the U.S. Department of Housing and Urban Development, and must be a Poway resident. The City of Poway also accepts donations to support this program. Information: (858) 668-4570.

#### Applications are available at:

Community Services Department  
 13325 Civic Center Drive



**CITY OF POWAY**  
 P.O. Box 789  
 Poway, CA 92074-0789  
**COMMUNITY SERVICES DEPARTMENT**  
**(858) 668-4570**

# REGISTRATION FORM

Parent/Guardian Name: (Please print): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

FIRST & LAST NAME OF PARTICIPANT	BIRTHDATE (If under 18)	AGE	SEX	CLASS TITLE	CLASS REGISTRATION NUMBER		FEE
					FIRST CHOICE	ALTERNATE CHOICES	

### PARTICIPANT WAIVER

The undersigned fully understands that my/my child's participation in the above events/classes exposes my child or me to the risk of personal injury or property damage. I hereby acknowledge that participation in these events/classes is voluntary and agree to assume any such risks. Further, in consideration for being permitted to participate in these events/classes, I hereby agree, for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless the City of Poway from any and all claims, demands, actions or suits arising out of the connection with my/my child's participation in these events/classes.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Would you like to support the PLAY Scholarship Program or the Fireworks Fund by including an additional \$2 \_\_\_\_\_, \$5 \_\_\_\_\_, \$10 \_\_\_\_\_ or \$ \_\_\_\_\_ in your payment?**

**FORM OF PAYMENT:**  Cash Amount \_\_\_\_\_  Check Check # \_\_\_\_\_  
 Charge MC/ VISA # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

**FOR STAFF ONLY:** Entered by: \_\_\_\_\_ Date: \_\_\_\_\_

